



# Milk Powder

"The best value  
Milk Powder"

- ✓ Full Cream Milk Powder
- ✓ Available in 400g, 900g & 2.5kg
- ✓ Boosted with Vitamins A & D
- ✓ All 21 Amino Acids



**In place of  
Fresh Milk**



**To Thicken Stews,  
Mash & Savoury Dishes**



**For Creamy Cakes,  
Custards & Desserts**



**In Teas, Coffees  
& Hot Chocolates**

# Our Key Brands



# Our Key Brands

**MAGNUM**



*Miracle*



**St. Mary's**

**SUPERMALT**

*Tilda*



**TROPICAL VIBES**



*Village Pride*

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# Coconut Water / Aloe Vera



Tropical Sun  
Coconut Water with Pieces  
12 x 330ml - 115550



Tropical Sun  
Coconut Water with Pieces  
12 x 520ml - 115560



Tropical Sun  
Coconut Water with Pieces  
12x300ml - 229967 / 6x300ml - 232930



Tropical Sun  
Natural Coconut Water  
6 x 1L - 229688



Tropical Sun  
Natural Coconut Water  
12 x 330ml - 404020



Tropical Sun  
Natural Coconut Water  
12 x 520ml - 150126



Tropical Sun  
Natural Coconut Water PET  
12 x 500ml - 246926



Tropical Sun  
Natural Coconut Water  
12x300ml - 229862 / 6x300ml - 232929

## Aloe Vera Drinks



Tropical Sun  
Aloe Vera Blueberry  
12 x 500ml - 233480



Tropical Sun  
Aloe Vera Blueberry  
6 x 1.5Ltr - 232419



Tropical Sun  
Aloe Vera Pomegranate  
6 x 1.5Ltr - 229265



Tropical Sun  
Aloe Vera Mango  
12 x 500ml - 232409



Tropical Sun  
Aloe Vera Mango  
6 x 1.5Ltr - 230729 / 12 x 500ml - 232409



Tropical Sun  
Aloe Vera Original  
12 x 500ml - 230859



Tropical Sun  
Aloe Vera Original  
6 x 1.5Ltr - 229636



Tropical Sun  
Aloe Vera Strawberry  
12 x 500ml - 232408



Tropical Sun  
Aloe Vera Strawberry  
6 x 1.5Ltr - 230728



Tropical Sun  
Aloe Vera Pineapple  
6 x 1.5Ltr - 101902



Tropical Sun  
Cocolychie  
6 x 1.5Ltr - 234451

# Juice Drinks



Tropical Sun  
Pineapple Juice 24 x 560ml - 230905  
6 x 560ml - 194037



Tropical Sun  
Carrot Juice 24 x 540ml - 194034  
6 x 540ml - 194036



Tropical Sun  
Fruit Punch 24 x 540ml - 221360  
6 x 540ml - 194039



Tropical Sun  
Tamarind Juice Drink  
24 x 310ml - 242592



Tropical Sun  
Sugar Cane Juice Drink  
24 x 310ml - 242653



Tropical Sun  
Lychee Juice Drink  
12 x 310ml - 244023



Tropical Sun  
Hibiscus (Sorrel) Juice Drink  
12 x 330ml - 244100



Tropical Sun  
Mangosteen Juice Drink  
12 x 330ml - 245472



Tropical Sun  
Soursop Juice Drink with Pulp  
12 x 330ml - 244099



Tropical Sun  
Mango Juice Drink with Pulp  
12 x 330ml - 244101



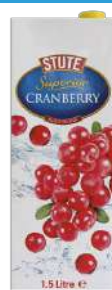
Tropical Sun  
Pink Guava Drink with Pulp  
12 x 330ml - 244102



Tropical Sun  
Pineapple Juice Drink with Pulp  
12 x 330ml - 244131



Tropical Sun  
Grape Juice Drink with Pulp  
12 x 300ml - 244132



Stute  
Cranberry Drink  
8 x 1.5L - 227236



Grace  
Tropical Rhythms Reggae Medley  
12 x 475ml - 243425



Grace  
Tropical Rhythms Fruit Punch  
12 x 475ml - 194071



Grace  
Tropical Rhythms Pineapple Ginger  
12 x 475ml - 194070



Grace  
Tropical Rhythms Sorrel Ginger  
12 x 475ml - 194072



Grace  
Tropical Rhythms Mango Carrot  
12 x 475ml - 194069

# Tropical Vibes







Tropical Vibes  
Lemonade Paradise Punch  
15 x 300ml - 238517



Tropical Vibes  
Lemonade Grape Glow  
15 x 300ml - 238361



Tropical Vibes  
Lemonade Sassy Strawberry  
15 x 300ml - 238358



Tropical Vibes  
Lemonade Triple Melon  
15 x 300ml - 238360

## TROPICAL VIBES SOURS



Tropical Vibes  
Sours Kawaii Kiwi  
15 x 300ml - 241123



Tropical Vibes  
Sours Cheeky Cherry  
15 x 300ml - 241122



Aani  
Lychee Juice Drink  
6 x 2Ltr - 246970



Aani  
Mango Juice Drink  
6 x 2Ltr - 246968



Aani  
Pink Guava Juice Drink  
6 x 2Ltr - 246969



Foco  
Mangosteen Juice Drink  
12 x 350ml 229552



Foco  
Guava Juice Drink  
12 x 350ml - 242658



Foco  
Tamarind Juice  
12 x 350ml - 229550



Foco  
Soursop Juice Drink  
12 x 350ml - 104076



Foco  
Pomegranate Drink  
12 x 350ml - 194067



Foco  
Lychee Drink  
12 x 350ml - 222206



Foco  
Sugar Cane Juice  
12 x 350ml - 104006



Foco  
Passion Fruit Drink  
12 x 350ml - 236333



Foco  
Coconut Drink  
12 x 350ml - 149004



Foco  
Coconut Drink  
12 x 520ml - 222203

# Soft Drinks



Tropical Sun  
Root Beer  
24 x 330ml - 230150



Tropical Sun  
Ginger Beer  
24 x 330ml - 230149



Old Jamaica  
Ginger Beer  
24 x 330ml - 223090



Old Jamaica  
Cream Soda  
24 x 330ml - 239118



Old Jamaica  
Tropical Soda  
24 x 330ml - 242316



Old Jamaica  
Grape Soda  
24 x 330ml - 239117



Old Jamaica  
Pineapple Soda  
24 x 330ml - 239119



Old Jamaica  
Ginger Beer  
12 x 500ml - 100014 / 8 x 2L - 241712



Pink Ting Bottle  
24 x 300ml - 232638



Ting Bottle  
24 x 300ml - 232637



Ting Can  
24 x 330ml - 223070



Red Bull  
Original  
24 x 250ml - 200050



7UP  
Original Can  
24 x 330ml - 113016



Supermalt  
Ginger Beer Bottles  
24 x 330ml - 236663



DG  
Pineapple Soda Glass Bottle  
24 x 354ml - 226530



DG  
Cream Soda Glass Bottle  
24 x 354ml - 226532



DG  
Grape Soda Glass Bottle  
24 x 354ml - 102574



DG  
Kola Soda Glass Bottle  
24 x 354ml - 226531



Sorrel Fizz (Trinidad)  
Sparkling Sorrel Drink  
24 x 300ml - 229396



Mauby Fizz (Trinidad)  
Sparkling Mauby Drink  
24 x 300ml - 229392

# Soft Drinks



Mauby Fizz  
Sparkling Mauby Drink Diet  
24 x 300ml - 103110



Peardrax  
Sparkling Pear Drink  
24 x 300ml - 103103



Baldwins  
Sarsaparilla Drink  
12 x 1L - 160001



Solo  
Apple J  
24 x 355ml - 113400



Solo  
Pear J  
24 x 355ml - 113405



Solo  
Sorrel  
24 x 355ml - 113420



Solo  
Cream Soda  
24 x 355ml - 113435



Solo  
Grape  
24 x 355ml - 113425



Solo  
Kola Champagne  
24 x 355ml - 113414



Solo  
Pineapple  
24 x 355ml - 113430



Solo  
Mango  
24 x 355ml - 194080



Solo  
Orange  
24 x 355ml - 113415



Buss Up!  
Fruit Punch  
9 x 555ml - PM 100349



Buss Up!  
Grape  
9 x 555ml - PM 100361



Buss Up!  
Pineapple  
9 x 555ml PM 102056



Bigga  
Fruit Punch  
12 x 600ml - 242166



Bigga  
Grape  
12 x 600ml - 242167



Bigga  
Jamaican Kola  
12 x 600ml - 242170



Bigga  
Pineapple  
12 x 600ml - 242168

# Soft Drinks



Chubby  
Blueberry Blast  
24 x 250ml - 239452



Chubby  
Grape  
24 x 250ml - 239455



Chubby  
Green Punch  
24 x 250ml - 241922



Chubby  
Pineapple  
24 x 250ml - 239456



Chubby  
Cola  
24 x 250ml - 222180



Schweppes  
Bitter Lemon (Nigeria)  
24 x 290ml - 246601



Coca Cola  
Coke Glass Bottle (Nigeria)  
24 x 500ml - 237819



Fanta  
Orange  
24 x 330ml - 122701



Mirinda  
Strawberry  
24 x 330ml - 227277



Mirinda  
Strawberry  
6 x 2L - 227302



Mirinda  
Orange  
24 x 330ml - 101289



Mirinda  
Orange  
12 x 500ml - 227303



Mirinda  
Orange  
6 x 2.25L 101015



Coke  
Can  
24 x 330ml - 122632 / 24 x 330ml - 480003



Diet Coke  
Can  
24 x 330ml - 122603



Flavour Aid  
Tropical Instant Drink Mix  
12 x 500g PM - 244665



Flavour Aid  
Lemon Instant Drink Mix  
12 x 500g PM - 243475



Flavour Aid  
Mango Instant Drink Mix  
12 x 500g PM - 243478



Flavour Aid  
Orange Instant Drink Mix  
12 x 500g PM - 243480



Flavour Aid  
Pineapple Instant Drink Mix  
12 x 500g PM - 243476



Palm Juice  
12 x 600ml - 101675



Nkulenu's  
Palm Drink  
24 x 315ml - 226419



Nkulenu's  
Palm Drink  
12 x 625ml - 226230



JoJo  
Blackcurrant Nata de Coco  
6 x 320ml - 244883 / 24 x 320ml - 225572



JoJo  
Lychee Nata de Coco  
6 x 320ml - 244893 / 24 x 320ml - 241495



JoJo  
Mango Nata de Coco  
6 x 320ml - 244892 / 24 x 320ml - 241494



JoJo  
Melon Nata de Coco  
6 x 320ml - 244891 / 24 x 320ml - 241493



JoJo  
Orange Nata de Coco  
6 x 320ml - 244882 / 24 x 320ml - 225534



JoJo  
Pineapple Nata de Coco  
6 x 320ml - 244885 / 24 x 320ml - 241492



JoJo  
Pink Guava Nata de Coco  
24 x 320ml - 225533



JoJo  
Strawberry Nata de Coco  
24 x 320ml - 241496



Mogu Mogu Coconut  
6 x 320ml - 234390  
4 x 6 x 320ml - 234338



Mogu Mogu Grape  
6 x 320ml - 237507  
4 x 6 x 320ml - 237462



Mogu Mogu Mango  
6 x 320ml - 234392  
4 x 6 x 320ml - 234339



Mogu Mogu Melon  
6 x 320ml - 234393  
4 x 6 x 320ml - 234340



Mogu Mogu Strawberry  
6 x 320ml - 235485  
4 x 6 x 320ml - 234426



Mogu Mogu Passionfruit  
6 x 320ml - 237508  
4 x 6 x 320ml - 237464



Mogu Mogu Peach  
6 x 320ml - 239685  
4 x 6 x 320ml - 239684



Mogu Mogu Pineapple  
6 x 320ml - 235512  
4 x 6 x 320ml - 234425

# Water



Aani  
Faluda Rose  
6 x 290ml - 237608 / 24 x 290ml - 237428



Aani  
Faluda Chocolate  
6 x 290ml - 243686 / 24 x 290ml - 243685



Aani  
Faluda Mango  
6 x 290ml - 239750 / 24 x 290ml - 239749



Aani  
Faluda Almond  
6 x 290ml - 243003 / 24 x 290ml - 243002



Aani  
Faluda Pistachio  
6 x 290ml - 243005 / 24 x 290ml - 243004



Aani  
Sherbet Rose  
6 x 290ml - 243097 / 24 x 290ml - 243098



Volvic  
Water  
24 x 500ml - 170001



Volvic  
Water Sport Cap  
12 x 1L - 104465



Volvic  
Water  
6 x 1.5L - 238091



Avant  
Mineral Water  
24 x 500ml - 238301



Avant  
Mineral Water  
6 x 1.5L - 238300



Avant  
Mineral Water  
3 x 5L - 238299



Aqua Pura  
Water  
3 x 5L - 200082



Evian  
Water  
24 x 500ml - 123604



Evian  
Water  
6 x 1.5L - 114718



Cristaline  
Water  
24 x 500ml - 170010



Cristaline  
Water  
6 x 2L - 100795



Highland  
Spring Water  
24 x 500ml - 227321

# Malt Drinks



Supermalt  
Bottle  
24 x 330ml - 118629



Supermalt  
Can  
12 x 500ml - 238054



Supermalt  
Less Sugar  
4 x 6 x 330ml - 118645



Powermalt  
24 x 330ml - 211020



Vitamalt  
24 x 330ml - 118632



Vitamalt Ginger  
24 x 330ml - 118670



Vitamalt  
Coconut & Hibiscus  
24 x 330ml - 237870



Vitamalt  
Ginseng, Aloe & Royal Jelly  
24 x 330ml - 238464



Maltina  
Nigeria Bottle  
24 x 330ml - 151810



Maltina  
Nigeria Can  
24 x 330ml - 224836



Maltina  
Nigeria Pineapple Can  
24 x 330ml - 243157



Malta Guinness (Nigeria)  
Bottle  
24 x 330ml - 201011



Malta Guinness (Nigeria)  
Bottle Multipack  
6 x 4 x 330ml 101032



Malta Guinness (Nigeria)  
Can  
24 x 330ml - 104403



Megamalt Original  
6-pack PM  
4 x 6 x 330ml 242837



Devina Malt  
24 x 500ml - 235493



Afrimalt  
24 x 500ml - 227309



Hypermalt  
Bottle  
24 x 330ml - 105057



Hypermalt  
Can  
24 x 330ml - 105056



Hypermalt  
Can  
24 x 500ml - 246243

# Syrups



Amstel Malta  
Can  
24 x 330ml - 104748



Amstel Malta  
Bottle  
24 x 330ml - 239424



Grace  
Mighty Malt  
4 x 6 x 330ml - 225104

Syrups



Tropical Sun  
Cherry Syrup  
6 x 700ml - 113640



Tropical Sun  
Grape Syrup  
6 x 700ml - 228479



Tropical Sun  
Kola Syrup  
6 x 700ml - 113620



Tropical Sun  
Strawberry Syrup  
6 x 700ml - 360079



Tropical Sun  
Tropical Syrup  
6 x 700ml - 234849



Baron  
Grenadine Syrup  
12 x 794ml - 101214 / 6 x 794ml - 103664



Baron  
Sorrel Syrup  
12 x 750ml - 172519 / 6 x 750ml - 172508



Pure - Bulk  
Fruit Punch Syrup  
12 x 1L - 101512



Pure - Bulk  
Fruit Punch Syrup  
6 x 1.89L - 243770



Pure - Bulk  
Fruit Punch Syrup  
4 x 3.8L - 225567



Pure - Bulk  
Kola Syrup  
12 x 1L - 101505



Pure - Bulk  
Pineapple Ginger Syrup  
12 x 1L - 225569



Pure - Bulk  
Pineapple Syrup  
12 x 1L - 233796



Pure - Bulk  
Strawberry Syrup  
12 x 1L - 101504



Pure - Bulk  
Strawberry Syrup  
4 x 3.8L - 228057



Pure - Bulk  
Mango Syrup  
12 x 1L - 101508





Pure – Bulk  
Sorrel & Ginger Syrup  
12 x 1L - 227848



Pure – Bulk  
Cherry Syrup  
12 x 1L - 101503



Pure – Bulk  
Grape Syrup  
12 x 1L - 101511



Pure – Bulk  
Ginger Syrup  
12 x 1L - 104367



Pure – Bulk  
Wine  
12 x 1L - 227273



Aani  
Rose Syrup  
6 x 725ml - 244444



Grace  
Cherry Syrup  
6 x 750ml - 104418



Grace  
Strawberry Syrup  
6 x 750ml - 104416

Milk Drinks

Miracle



Miracle  
Peanut Punch  
24 x 250ml - 506090



Miracle  
Peanut Punch Screwcap  
18 x 330ml - 244662



Miracle  
Egg Nog  
24 x 250ml - 506085



Lasco  
Chocolate Drink  
24 x 120g - 226801



Lasco  
Strawberry Drink  
24 x 120g - 226890



Lasco  
Vanilla Drink  
24 x 120g - 229231



Lasco  
Carrot Drink  
24 x 120g - 244826



Strongback  
Vanilla  
12 x 305g - 104446



Strongback  
Peanut  
12 x 305g - 226659



Vamino  
Soymilk  
24 x 300ml - 235521

# Milk Drinks



Nrich  
Vanilla  
12 x 400g - 778800 / PM 246312



Nrich  
Banana  
12 x 400g - 778803 / PM 246313



Nrich  
Chocolate  
12 x 400g - 778804 / PM 246314



Nrich  
Strawberry  
12 x 400g - 778801 / PM 246311



Nurishment  
Banana  
12 x 400g - 215050



Nurishment  
Chocolate  
12 x 400g - 215030



Nurishment  
Strawberry  
12 x 400g - 222209



Nurishment  
Vanilla  
12 x 400g - 222205



Big Bamboo  
Irish Moss Oats  
12x284ml - 226786 / 24x284ml - 226785



Big Bamboo  
Irish Moss Peanut  
12x284ml - 151652 / 24x284ml - 151653



Big Bamboo  
Irish Moss Original  
12x284ml - 151651 / 24x284ml - 151650



Big Bamboo  
Irish Moss Strawberry  
12x284ml - 140067 / 24x284ml - 140066



Supligen  
Irish Moss  
12 x 290ml - 236241



Supligen  
Peanut  
12 x 290ml - 236242



Supligen  
Chocolate  
12 x 290ml - 236243



Supligen  
Vanilla  
12 x 290ml - 236244



Supligen  
Cookies & Cream  
12 x 290ml - 239241



Supligen  
Coffee  
12 x 290ml - 239560



Supligen Max  
Stout Punch (5% ABV)  
12 x 290ml - 246036



Supligen  
Strawberry  
24 x 250ml - 239514

# Non-Alcoholic Wine



Supligen  
Vanilla Tetra  
24 x 330ml - 232783



Supligen  
Vanilla Tetra  
12 x 1Ltr - 101621



Rose Hall  
Egg Nog  
6 x 1L - 242560

Non-Alcoholic  
Wine



DeVina  
Sparkling White Grape  
12 x 750ml - 227072



DeVina  
Sparkling Red Grape  
12 x 750ml - 227071



DeVina  
Sparkling Apple  
12 x 750ml - 227069



DeVina  
Sparkling Strawberry  
12 x 750ml - 227073



DeVina  
Sparkling Mango  
12 x 750ml - 227070



DeVina  
Sparkling Peach  
12 x 750ml - 227074



DeVina  
Sparkling Pineapple Coconut  
12 x 750ml - 227076



DeVina  
Sparkling Fruit Cocktail  
12 x 750ml - 227064



DeVina  
Sparkling Red Grape  
4 x 6 x 330ml - 227079



DeVina  
Sparkling Fruit Cocktail  
4 x 6 x 330ml - 227078



Angelica  
Sparkling Pure Red Grape  
6 x 750ml - 235682



Angelica  
Sparkling Pure White Grape  
6 x 750ml - 235681



# Beer and Shandy



Gulder  
Lager Beer (Nigeria)  
12 x 600ml - 150114



Orijin  
Lager Beer (Nigeria)  
12 x 600ml - 232935



Star  
Lager Beer (Nigeria)  
12 x 600ml - 150113



Trophy  
Lager Beer (Nigeria)  
12 x 600ml - 235289



Guinness  
Stout (Nigeria)  
24 x 330ml - 215189



Guinness  
Stout (Nigeria)  
4-pack 6 x 4 x 330ml - 242961



Guinness  
Stout (Nigeria)  
12 x 600ml - 151890



Guinness  
Foreign Extra  
24 x 330ml - 151991



Mackeson  
Stout  
24 x 275ml - 230140



Dragon  
Stout (Jamaica)  
24 x 284ml - 223150



Dragon  
Stout Spitfire (Jamaica)  
24 x 284ml - 238489



Piton  
Lager Beer (St Lucia)  
24 x 275ml - 104830



Red Stripe  
Lager Beer (UK)  
24 x 330ml - 233496



Red Stripe  
Lager Chubby (Jamaica)  
24 x 341ml - 206040



Red Stripe  
Lemon (Jamaica)  
24 x 275ml - 239346



Red Stripe  
Sorrel (Jamaica)  
24 x 275ml - 225193



Red Stripe  
Melon (Jamaica)  
24 x 275ml - 239347



Red Stripe  
Apple (Jamaica)  
24 x 275ml - 243419



Royal Jamaican  
Alcoholic Ginger Beer  
24 x 355ml - 230111



Royal Jamaican  
Alcoholic Sorrel Beer  
24 x 355ml - 230112



Volfas  
Engelman Balta Wheat Beer (5% ABV)  
24 x 568ml - 245488



Volfas  
Engelman Balta Wheat Beer 4-pack  
(5% ABV) 6 x 4 x 568ml - 245600



Volfas  
Engelman Blanc White Wheat Beer  
(5% ABV) 24 x 568ml - 245490



Volfas  
Engelman Rinktinis Lager Beer  
(5.2% ABV) 24 x 568ml - 245487



Volfas  
Engelman Rinktinis Lager Beer 4-pack  
(5.2% ABV) 6 x 4 x 568ml - 245601



Jamaican Lion  
Jamaican Dark Rum  
24 x 200ml - 245184 / 6 x 200ml - 245557



Jamaican Lion  
Jamaican Dark Rum  
12 x 750ml - 245181 / 6 x 750ml - 245902



Jamaican Lion  
Jamaican Gold Rum  
24 x 200ml - 245186 / 6 x 200ml - 245559



Jamaican Lion  
Jamaican Gold Rum  
12 x 750ml - 245183 / 6 x 750ml - 245904



Jamaican Lion  
Jamaican Overproof Rum  
24 x 200ml - 245185 / 6 x 200ml - 245561



Jamaican Lion  
Jamaican Overproof Rum  
12 x 750ml - 245182 / 6 x 750ml - 245903



Worthy Park  
Jamaican Gold Rum  
6 x 200ml - 226651



Jamaica Rum Vibes  
Original Lime  
12 x 250ml - 244496



Jamaica Rum Vibes  
Ginger Lime  
12 x 250ml - 244497



West Indies  
Jamaican Rum Punch  
6 x 750ml - 245905



Mason's  
Original  
Rum Punch  
12 x 250ml - 242242



West Indies  
Rum Cream  
12 x 750ml - 245188



Wray & Nephew  
Rum Cream  
24 x 200ml - 226555

# Tonics and Bitters



Magnum  
Tonic Wine (Jamaica)  
24 x 200ml - 151060



Magnum  
Tonic Wine (UK)  
24 x 200ml - 233759



Rude Boy  
Original Tonic Wine  
12 x 200ml - 244433



Rude Boy  
Tough Nut Tonic Wine  
12 x 200ml - 244431



Rude Boy  
Watermelon Tonic Wine  
12 x 200ml - 244430



Rude Boy  
Passion Tonic Wine  
12 x 200ml - 244432



Sawka Sawka  
Roots Tonic Wine (Jamaica)  
12 x 240ml - 246014



Pump It Up  
Tonic Drink  
24 x 148ml - 151070



Bedroom Bully  
Tonic Drink  
24 x 207ml - 103704



Stones  
Ginger Wine  
6 x 700ml - 100937



Red Label  
Aperitif  
24 x 200ml - 174009



Red Label  
Aperitif  
6 x 750ml - 174005



Mandingo (Jamaica)  
Tonic Drink  
24 x 240ml - 122635



Baba Roots  
Herbal Beverage (Jamaica)  
24 x 142ml - 151085



Zion  
Ginseng Energiser  
24 x 207ml - 151094



Zion  
Tiger Herbal Tonic  
24 x 207ml - 103701



Irie Moss (Jamaica)  
Strong Bamboo  
24 x 200ml - 194041



Vigorton  
Iron & Vitamin Tonic  
6 x 230ml - 238241



Vigorton  
Iron & Vitamin Tonic  
6 x 500ml - 222173



Soo Natural  
Cerassie Drink  
24 x 200ml - 239091

# Tonics – Hot Drinks



Soo Natural  
Guinea Hen Drink  
24 x 200ml - 239089



Soo Natural  
Hard Stone Roots Drink  
24 x 200ml - 239087



Soo Natural  
Horny Goat Weed Drink  
24 x 200ml - 244049



Soo Natural  
Medina Strongback Drink  
24 x 200ml - 239092



Soo Natural  
Moringa Cinnamon Drink  
24 x 200ml - 239086



Soo Natural  
Natural Moringa Drink  
24 x 200ml - 239084



Soo Natural  
Moringa Soursop  
24 x 200ml - 239085



Rose Hall  
Constitution Bitters  
12 x 750ml - 241643



Rose Hall  
Sorrel  
6 x 750ml - 246475



Rose Hall  
Pure Noni Juice  
6 x 1L - 244098



Nature's Way  
Constitution Bitters  
12 x 750ml - 196610



Nature's Way  
Sorrel  
12 x 750ml - 230498



Korean  
Ginseng with Root  
10 x 120ml - 107102



Nestlé  
Coffee Mate  
10 x 180g - 225953



Nestlé  
Coffee Mate  
6 x 450g - 226777



Horlicks  
Original Malt  
6 x 300g - 22987



Horlicks  
Original Malt  
6 x 500g - 229869



Horlicks  
Original Malt  
2 x 2kg - 114022



Horlicks  
Chocolate Malt  
6 x 400g - 229873



Nestlé  
Milo  
12 x 400g - 123804



Nestlé  
Milo  
6 x 800g - 123845



Nestlé  
Milo (Ghana)  
6 x 400g - 237523



Nestlé  
Milo (Singapore)  
6 x 400g - 229973



Nestlé  
Milo (Malaysia)  
6 x 1.4kg - 906000



Nestlé  
Milo Ready to Drink  
12 x 240ml - 242660



Milo  
Energy Cubes  
24 x 100's - 104266



Nestlé  
Milo Choco Bar  
24 x 30g - 231087



Nestlé  
Milo Nuggets  
24 x 12 x 15g - 123803



Nestlé  
Milo Packet  
33 x 200g - 123813



Nestlé  
Milo Refill Pouch  
24 x 400g - 123814



Nestlé  
Nestomalt  
6 x 400g - 225522



Nestlé  
Nestum Original  
6 x 450g - 225443



Ovaltine  
6 x 300g - 244463



Ovaltine  
6 x 800g - 112403



Cadbury's  
Bournvita  
12 x 500g - 122935



Cadbury's  
Bournvita  
6 x 900g - 122936



Cadbury's  
Drinking Chocolate  
12 x 250g - 148040



Mountain Peak  
Instant Coffee (Jamaica)  
6 x 170g - 226556 / 12 x 170g - 226551



# Herbal Teas – Tropical Sun



Tropical Sun  
Cerasse Tea  
6 x 20's - 233043 / PM 234155



Tropical Sun  
Fennel Tea  
6 x 20's - 237279



Tropical Sun  
Ginseng  
6 x 20's - 235761



Tropical Sun  
Green Tea  
6 x 20's - 235767



Tropical Sun  
Honey & Ginger Tea  
6 x 20's - 233039 / PM 234169



Tropical Sun  
Instant Ginger Tea  
6 x 20's - 233052



Tropical Sun  
Instant Lemon & Ginger Tea  
6 x 20's - 238924



Tropical Sun  
Lemon & Ginger  
6 x 20's - 239320 / PM 234157



Tropical Sun  
Lemon Grass Tea  
6 x 20's - 239320 / PM 234157



Tropical Sun  
Moringa Tea  
6 x 20's - 233051 / PM 234161



Tropical Sun  
Neem (Indian Lilac) Tea  
6 x 20's - 235683



Tropical Sun  
Noni Ginger Tea  
6 x 20's - 100348



Tropical Sun  
Peppermint Tea  
6 x 20's - 233040 / PM 234163



Tropical Sun  
Peppermint & Cinnamon Tea  
6 x 20's 235483



Tropical Sun  
Senna Tea  
6 x 20's - 235771 / PM 246883



Tropical Sun  
Slimtee Tea  
6 x 20's - 235769



Tropical Sun  
Sorrel Ginger Tea  
6 x 40g - 233047 / 36 x 40g - 233046



Tropical Sun  
Soursop Tea  
6 x 20's - 233049 / PM 234167



Tropical Sun  
Tulsi Tea  
6 x 20's - 235482



Tropical Sun  
Turmeric Tea  
6 x 20's - 235480

# Teas & Infusions



Tropical Sun  
Instant Ginger Box  
30 x 10 x 18g - 234080



Tropical Sun  
Instant Ginger Packet  
20 x 20 x 18g - 103691



Tropical Sun  
Instant Ginseng & Ginger Packet  
15 x 24's - 242680



Tropical Sun  
Instant Lemon & Ginger Packet  
15 x 24's - 242679



Tropical Sun  
Instant Mint & Ginger Packet  
15 x 24's - 242681



Mountain Peak  
Ginger Turmeric Tea Unsweetened  
12 x 14 x 2g - 241770



Village Pride  
Instant Ginger Packet  
1 x 30's - 239239 / 15 x 30's - 234307



Caribbean Dreams  
Cinnamon Mint Diabetic Tea  
6 x 20's - 230433



Caribbean Dreams  
Cleansing/Detox Herbal Tea  
6 x 20's - 230070



Caribbean Dreams  
Green Tea & Mint  
6 x 20's - 230063



Caribbean Dreams  
Ginger Tea  
6 x 24's - 230062



Caribbean Dreams  
Ginger Lemon Tea  
6 x 24's - 230069



Caribbean Dreams  
Instant Ginger Tea  
6 x 20's - 230072



Caribbean Dreams  
Honey Ginger Tea  
6 x 24's - 230067



Caribbean Dreams  
Slimming Tea  
6 x 20's - 227183



Caribbean Dreams  
Soursop Tea  
6 x 20's - 233204



Caribbean Dreams  
Bissy Tea  
6 x 24's - 230350



Caribbean Dreams  
Cerasee Tea  
6 x 24's - 230068



Caribbean Dreams  
Moringa Tea  
6 x 20's - 230796



Caribbean Dreams  
Moringa Mint Tea  
6 x 20's - 230348

# Teas & Infusions



Caribbean Dreams  
Neem Tea  
6 x 20's - 236420



Caribbean Dreams  
Noni Ginger Tea  
6 x 20's - 230060



Caribbean Dreams  
Peppermint Tea  
6 x 24's - 230061



Caribbean Dreams  
Sorrel Ginger Tea  
6 x 24's - 230064



Caribbean Dreams  
Tulsi Tea  
6 x 20's - 236421



Caribbean Dreams  
Turmeric Ginger Tea  
6 x 20's - 231356



Caribbean Dreams  
Jamaican Hot Chocolate  
8 x 20's - 237250



Caribbean Dreams  
Coconut Cocoa  
8 x 20 x 20g - 244223



Lipton  
Black Tea  
12 x 200g - 150133



Morning Sun  
Ginger Drink Packet  
20 x 20's - 225183



Morning Sun  
Ginger Drink Box  
6 x 10's - 225185 / 30 x 10's - 225184



Gold Kili  
Ginger Drink  
12 x 20 x 18g - 236040



Dalgety  
Honey & Ginger Tea  
6 x 40g - 101064



Dalgety  
Instant Ginger Tea  
6 x 125g - 110200



Dalgety  
Moringa with Green Tea  
6 x 40g - 233194



Dalgety  
Peppermint Tea  
6 x 40g - 101053



Dalgety  
Pure Green Tea  
6 x 40g - 229370



Dalgety  
Pure Moringa Tea  
6 x 40g - 235356



Dalgety  
Pure Soursop Tea  
6 x 40g - 235357



Dalgety  
Green Tea & Ginger  
6 x 40g - 233473

# Teas & Infusions – Dalgety



Dalgety  
Camomile & Lemongrass Tea  
6 x 40g - 241353



Dalgety  
Cerassie Tea  
6 x 40g - 101056



Dalgety  
Cinnamon & Peppermint Tea  
6 x 40g - 233463



Dalgety  
Effective Slimline Tea  
6 x 40g - 233472



Dalgety  
Peppermint & Ginger Tea  
6 x 40g - 103412



Dalgety  
Sorrel & Ginger Tea  
6 x 40g - 101063



Dalgety  
Good Night Sleep Tea  
6 x 40g - 241352



Dalgety  
Instant Ginger (sachet)  
15 x 270g - 228702



Dalgety  
Instant Ginseng & Ginger (sachet)  
15 x 270g - 239254



Dalgety  
Instant Lemon & Ginger (sachet)  
15 x 270g - 239253



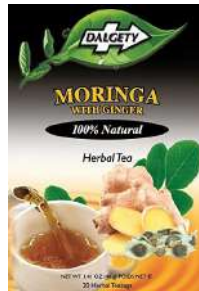
Dalgety  
Instant Ginseng & Ginger Tea  
6 x 122g - 233471



Dalgety  
Lemongrass Tea  
6 x 40g - 101058



Dalgety  
Lemon & Ginger Tea  
6 x 54g - 101055



Dalgety  
Moringa with Ginger Tea  
6 x 40g - 233195



Dalgety  
Moringa with Peppermint Tea  
6 x 40g - 233193



Dalgety  
Neem Tea  
6 x 40g - 239257



Dalgety  
Mango Leaf  
6 x 40g - 241355



Dalgety  
Turmeric & Black Pepper Tea  
6 x 40g - 241354



Dalgety  
Turmeric & Ginger Tea  
6 x 40g - 239256



Dalgety  
Turmeric Tea  
6 x 40g - 239255

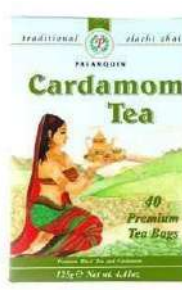
# Teas & Infusions



Dalgety  
Chai Masala Spice Tea  
6 x 72g - 233466



Dalgety  
Noni & Ginger Tea  
6 x 40g - 241356



Palanquin  
Cardomom Tea  
6 x 40's - 101422



Palanquin  
Spiced Tea  
6 x 40's - 101425 / 6 x 80's - 103218



Shavuot  
Cerasee Tea  
6 x 24's - 229285



Shavuot  
Cinnamon Tea  
6 x 24's - 104213



Shavuot  
Ginger Tea  
6 x 24's - 227354



Shavuot  
Moringa Tea  
6 x 24's - 225547



Shavuot  
Turmeric Tea  
6 x 24's - 236439



Shavuot  
Soursop & Moringa  
6 x 24's - 229044



Shavuot  
Soursop Tea  
6 x 24's - 228974



Special Gunpowder  
China Green Tea  
6 x 250g - 204050



Special Gunpowder  
China Green Tea  
4 x 500g - 232161



Unik  
Badshahi Chai (Sweetened)  
5 x 220g - 234265



Unik  
Cardamom Chai (Sweetened)  
5 x 220g - 234267



Unik  
Masala Chai (Sweetened)  
5 x 220g - 234264



Unik  
Masala Chai (Unsweetened)  
5 x 140g - 234270



Unik  
Karak Chai (Sweetened)  
5 x 220g - 234271



Unik  
Kashmiri Chai (Sweetened)  
5 x 220g - 239574



Unik  
Ginger Chai (Sweetened)  
5 x 220g - 234263

# Milk Powders



Nestlé  
Cerelac 5 Cereals (7+)  
6 x 400g - 237655 / 24 x 400g - 237654



Nestlé  
Cerelac Honey & Wheat (12+)  
6 x 400g - 135532 / 24 x 400g - 135530



Nestlé  
Cerelac Honey & Wheat (12+)  
12 x 1kg - 100505



Nestlé  
Cerelac Mixed Vegetable (6+)  
6 x 400g - 135516 / 24 x 400g - 135512



Nestlé  
Cerelac Mixed Fruit (7+)  
6 x 400g - 100963 / 24 x 400g - 100962



Nestlé  
Cerelac Mixed Fruit (7+)  
12 x 1kg - 123800



Nestlé  
Cerelac Wheat (6+)  
6 x 400g - 135509 / 24 x 400g - 135511



Nestlé  
Cerelac Wheat (6+)  
12 x 1kg - 123822



Nestlé  
Cerelac Rice (6+)  
6 x 400g - 135531 / 24 x 400g - 135528



Cerelac  
Brown Rice & Milk (6+)  
12 x 350g - 229084



Tropical Sun  
Full Cream Milk Powder  
6 x 400g - 244308 / 24 x 400g - 244293



Tropical Sun  
Full Cream Milk Powder  
6 x 900g - 244445 / 12 x 900g - 244292



Tropical Sun  
Full Cream Milk Powder  
6 x 2.5kg 244962



Nestlé  
Nido Milk Powder  
6 x 400g - 135547 / 24 x 400g - 135551



Nestlé  
Nido Milk Powder  
6 x 900g - 229360 / 12 x 900g - 135557



Nestlé  
Nido Milk Powder  
1 x 1.8kg - 135505 / 6 x 1.8kg - 135506



Nestlé  
Nido Milk Powder  
6 x 2.5kg - 135517



Peak  
Milk Powder  
6 x 400g - 140098 / 24 x 400g - 103932



Peak  
Milk Powder  
12 x 900g - 140085



Peak  
Milk Powder  
6 x 2.5kg - 150313

# Coconut Products



Tropical Sun  
Coconut Milk Mini 15 x 165ml - 150121  
48 x 165ml - 150122



Tropical Sun  
Coconut Milk  
12 x 400ml - 150125 / PM 241380



Tropical Sun  
Coconut Milk Reduced Fat  
12 x 400ml - 243788



Tropical Sun  
Coconut Milk Natural  
6 x 400ml - 229129



Tropical Sun  
Coconut Milk Natural  
6 x 1L - 232499



Tropical Sun  
Coconut Milk  
6 x 2.9L - 230858



Pegasus  
Premium Coconut Milk (17% fat)  
12 x 400ml - 237336



Village Pride  
Coconut Milk  
12 x 400ml - 222574 / PM 243787



Dunn's River  
Coconut Milk  
12 x 400ml - 216040



Grace  
Coconut Milk  
12 x 400ml - 232250



KTC  
Coconut Milk  
12 x 400ml - 239964



Tropical Sun  
Coconut Milk Powder  
10 x 50g - 229045 / 100 x 50g - 229046



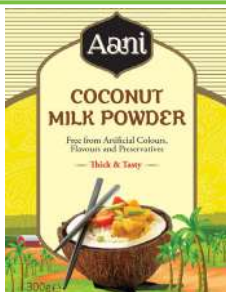
Tropical Sun  
Coconut Milk Powder  
12 x 150g - 231513 / 48 x 150g - 231510



Tropical Sun  
Coconut Milk Powder  
6 x 300g - 231514 / 24 x 300g - 231511



Tropical Sun  
Coconut Milk Powder  
6 x 1kg - 231512



Aani  
Coconut Milk Powder  
6 x 300g - 240596 / 24 x 300g - 240254



Aani  
Coconut Milk Powder  
6 x 1kg - 240255



Maggi  
Coconut Milk Powder  
12 x 150g - 150205



Maggi  
Coconut Milk Powder  
6 x 300g - 150209

# Coconut Products



Maggi  
Coconut Milk Powder  
6 x 1kg - 104096



Tropical Sun  
Creamed Coconut  
12 x 200g - 118564 / 40 x 200g - 118561



Tropical Sun  
Creamed Coconut Sachet  
12 x 4 x 50g - 229259



Dunns River  
Creamed Coconut  
12 x 200g - 216020



KTC  
Creamed Coconut  
40 x 200g - 100243



Tropical Sun  
Desiccated Coconut Medium  
6 x 1kg - 232933



Tropical Sun  
Desiccated Coconut Fine  
6 x 1kg - 232934



Grace  
Coconut Milk Powder  
12 x 50g - 225551



Tropical Sun  
Coconut Sugar  
6 x 400g - 231740



Tropical Sun  
Coconut Milk Organic  
6 x 400ml - 150129



Tropical Sun  
Coconut Flour Organic  
12 x 500g - 235534





# Beans, Pulses & Grains – Tropical Sun



Tropical Sun  
Black Beans  
20 x 500g - 100057 / 6 x 2kg - 237421



Tropical Sun  
Blackeye Beans 20 x 500g - 100052 /  
6 x 2kg - 178022 / 3 x 5kg - 240681



Tropical Sun  
Brown Beans 20 x 500g - 414007 /  
6 x 1.5kg - 227106 / 3 x 5kg - 242077



Tropical Sun  
Brown Lentils  
20 x 500g - 234433 / 6 x 2kg - 232038



Tropical Sun  
Green Lentils (Continental)  
20 x 500g - 118563 / 6 x 2kg - 229748



Tropical Sun  
Red Lentils  
20 x 500g - 178029 / 6 x 2kg - 140058



Tropical Sun  
Bulgar Wheat (Pourgouri)  
10 x 500g - 241319 / 6 x 1.5kg - 241632



Tropical Sun  
Butter Beans  
20 x 500g - 120055 / 6 x 2kg - 178032



Tropical Sun  
Chick Peas  
6 x 2kg - 238737



Tropical Sun  
Cow Peas  
20 x 500g - 100054 / 6 x 2kg - 178024



Tropical Sun  
Crabeye Beans  
20 x 500g - 100055 / 6 x 2kg - 178021



Tropical Sun  
Gungo Peas 20 x 500g - 100053 /  
6 x 2kg - 414001



Tropical Sun  
Honey Beans (Oloyin) 20 x 500g - 151065 /  
6 x 1.5kg - 414008 / 3 x 5kg - 242076



Tropical Sun  
Large White Corn (Mote)  
10 x 500g - 241323



Tropical Sun  
Red Kidney Beans  
20 x 500g - 100051 / 6 x 2kg - 100106



Tropical Sun  
Light Red Kidney Beans  
20 x 500g - 104635 / 6 x 1.5kg - 227139



Tropical Sun  
White Kidney Beans  
20 x 500g - 140180 / 6 x 2kg - 232108



Tropical Sun Peeled Beans  
20 x 500g - 229324 /  
6 x 1.5kg - 100919 / 3 x 5kg - 242069



Tropical Sun  
Pink Skin Peanuts  
20 x 500g - 102339 / 6 x 1.5kg - 225600

# Beans, Pulses & Grains



Tropical Sun  
Red Skin Peanut  
20 x 500g - 226782 / 6 x 1.5kg - 120575



Tropical Sun  
Blanched Peanuts  
20 x 500g - 236967



Tropical Sun  
Popcorn  
20 x 500g - 178037 / 6 x 2kg - 178042



Tropical Sun  
Whole Juwar (Sorghum)  
10 x 500g - 241322



Tropical Sun  
Yellow Hominy Corn  
20 x 500g - 155801 / 6 x 2kg - 155818



Tropical Sun  
White Hominy Corn  
20 x 500g - 140113 / 6 x 2kg - 140108



Tropical Sun  
Yellow Split Peas  
20 x 500g - 178027 / 6 x 2kg - 230782



Tropical Sun  
Pearl Barley  
20 x 500g - 162068



Tropical Sun  
Quinoa (White)  
10 x 500g - 140096



Tropical Sun  
Pinto Beans  
20 x 500g - 243566



Tropical Sun  
Almonds  
20 x 100g - 235045 / 6 x 750g - 246420



Aani  
Almonds  
6 x 750g - 241254



Aani  
Cashew Nuts  
6 x 750g - 241256



Aani  
Chanadal polished  
6 x 1.5kg - 241347



Aani  
Red Lentils (Masoor Dal)  
6 x 1.5kg - 241351



Africa's Finest  
Blackeye Beans  
4kg - 244071



Africa's Finest  
Brown Beans  
4kg - 240256



Africa's Finest  
Honey Beans (Oloyin)  
4kg - 240257



Africa's Finest  
Peeled Beans  
4kg - 244072

# Flours & Powders – Tropical Sun



Tropical Sun  
Cassava Flour  
6 x 1kg - 130020 / 1 x 3kg - 103243



Tropical Sun  
Plantain Flour  
6 x 1.5kg - 236350 / 1 x 3kg - 236351



Tropical Sun  
Rice Flour 10 x 500g - 228307 /  
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun  
Yam Flour  
6 x 1.5kg - 100059 / 1 x 3kg - 103244



Tropical Sun  
Farina 20 x 500g - 140056 /  
6 x 1.5kg - 140055 / 3 x 5kg - 242074



Tropical Sun Cornmeal Coarse (Polenta)  
10 x 500g - 234318 / 6 x 1.5kg - 162028 /  
3 x 5kg - 242071



Tropical Sun Cornmeal Fine  
10 x 500g - 234317 / 6 x 1.5kg - 162020 /  
3 x 5kg - 242075



Tropical Sun  
Cornmeal Grits  
6 x 1.5kg - 226942



Tropical Sun Gari (White)  
20 x 500g - 118562 / 6 x 1.5kg - 155068 /  
3 x 5kg - 240680



Tropical Sun Ijebu Gari  
20 x 500g - 226740 / 6 x 1.5kg - 226739 /  
3 x 5kg - 242072



Tropical Sun Yellow Gari  
10 x 500g - 239999 / 6 x 1.5kg - 155072 /  
3 x 5kg - 242073



Tropical Sun  
Maize Meal 20 x 500g - 100113 /  
6 x 1.5kg - 155201 / 1 x 5kg - 101239



Tropical Sun  
Mashed Potato 20 x 500g - 120063 /  
6 x 1.5kg - 500046 / 3 x 5kg - 242070



Tropical Sun  
Porridge Oats  
6 x 1kg - 227270 / 3 x 3kg - 241820



Tropical Sun  
Bean Flour  
10 x 400g - 241321 / 6 x 1.5kg - 100947



Tropical Sun  
Semolina Coarse 20 x 500g - 162040 /  
6 x 1.5kg - 500045 / 3 x 5kg - 240679



Tropical Sun  
Semolina Fine 20 x 500g - 229099 /  
6 x 1.5kg - 140089 / 3 x 5kg - 244070



Tropical Sun Ground Rice  
20 x 500g - 162032 / 6 x 1.5kg - 140059 /  
5kg - 162038



Tropical Sun Pouno Iyan  
20 x 500g - 140064 / 6 x 1.5kg - 140063 /  
3 x 5kg - 241613

# Flours & Powders



Africa's Finest  
Mashed Potato  
4kg - 238867



Africa's Finest  
Farina  
4kg - 238871



Africa's Finest  
Semolina Coarse  
4kg - 238868



Africa's Finest  
Cassava Flour  
6 x 1kg - 242627



Africa's Finest  
Gari White  
6 x 1.5kg - 242628



Africa's Finest  
Gari White  
4kg - 238869



Africa's Finest  
Yellow Gari  
5kg - 245441



Africa's Finest  
Yellow Gari  
10kg - 246193



Africa's Finest  
Ijebu Gari  
5kg - 233530



Africa's Finest  
Ijebu Gari  
10kg - 233529



Dunns River  
Cornmeal Coarse  
10 x 500g - 103821



Dunns River  
Cornmeal Coarse  
6 x 1.5kg - 222267



Dunns River  
Cornmeal Fine  
10 x 500g - 103822



Dunns River  
Cornmeal Fine  
6 x 1.5kg - 222244



Jalpur  
Bajri Flour  
12 x 1kg - 111889



Jalpur  
Juwar Flour  
12 x 1kg - 111888



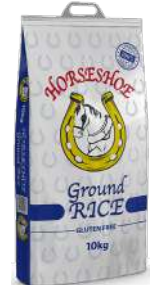
Virani  
Gram Flour  
24 x 500g - 150640



Virani  
Gram Flour  
8 x 1kg - 150650 / 8 x 2kg - 150630



Horseshoe  
Ground Rice  
5kg - 130001



Horseshoe  
Ground Rice  
10kg - 130002



Tropical Sun  
Demerara Sugar  
20 x 500g - 229687



Tropical Sun  
Demerara Sugar  
10 x 1kg - 231509



Tropical Sun  
Demerara Sugar  
4 x 3kg - 228333



Tropical Sun  
Coconut Sugar  
6 x 400g - 231740



Tropical Sun  
Demerara Sugar  
10 x 1kg - 231509



Tate & Lyle  
Granulated Sugar  
10 x 500g - 310003



Tate & Lyle  
Granulated Sugar  
15 x 1kg - 310002



Tate & Lyle  
White Sugar Cubes  
10 x 500g - 123045



Tate & Lyle  
Demerara Sugar Cubes  
10 x 500g - 226224



Tate & Lyle  
Demerara Sugar  
10 x 500g - 123002



Tate & Lyle  
Demerara Sugar  
10 x 1kg - 123009



Tate & Lyle  
Demerara Sugar  
4 x 3kg - 123013



Tate & Lyle  
Dark Soft Brown Sugar  
10 x 500g - 123000



Tate & Lyle  
Dark Soft Brown Sugar  
10 x 1kg - 123029



Tate & Lyle  
Dark Soft Brown Sugar  
4 x 3kg - 123034



Tate & Lyle  
Light Soft Brown Sugar  
10 x 500g - 123014 / 10 x 1kg - 123044



Tate & Lyle  
Light Soft Brown Sugar  
4 x 3kg - 123123



Tate & Lyle  
Icing Sugar  
10 x 500g - 123007 / 10 x 1kg - 231785



Tate & Lyle  
Caster Sugar  
10 x 500g - 123015



Tate & Lyle  
Caster Sugar  
10 x 1kg - 123004

# Salt



Pegasus  
Himalayan Pink Salt Coarse  
6 x 800g - 237883



Pegasus  
Himalayan Pink Salt Fine  
6 x 800g - 237884



Pegasus  
Iodized Pink Salt Fine  
6 x 800g - 246423



Pegasus  
Himalayan White Salt Coarse  
6 x 800g - 237886



Pegasus  
Himalayan White Salt Fine  
6 x 800g - 237885



Pegasus  
Himalayan Black Salt Fine  
6 x 800g - 239108



Pegasus  
Iodized Sea Salt Fine  
6 x 800g - 239109



Pegasus  
Kosher Salt Coarse  
6 x 800g - 239345



Pegasus  
Sea Salt Coarse  
10 x 750g - 239821



Pegasus  
Sea Salt Fine  
10 x 750g - 239820



Pegasus  
Cooking Salt Shaker  
12 x 350g - 245602 / 12 x 750g - 245893



Pegasus  
Table Salt  
12 x 750g - 102578



Pegasus  
Table Salt Tub  
1 x 6kg - 101374



Pegasus  
Cooking Salt  
6 x 1.5kg - 101372



Pegasus  
Cooking Salt  
4 x 3kg - 101373



Pegasus  
Cooking Salt  
12.5kg - 101375



Pegasus  
Salt  
6 x 750g - 243226



Saxa  
Table Salt Drums  
12 x 750g - 123021



Costa  
Sea Salt Coarse  
10 x 750g - 230806



Costa  
Sea Salt Fine  
10 x 750g - 230805



Tropical Sun  
Food Colour Green  
12 x 25g - 241642



Tropical Sun  
Food Colour Orange  
12 x 25g - 241639



Tropical Sun  
Food Colour Bright Red  
12 x 25g - 241638



Tropical Sun  
Food Colour Egg Yellow  
12 x 25g - 241636



Tropical Sun  
Food Colour Egg Yellow  
20 x 500g - 229919



Tropical Sun  
Food Colour Green  
20 x 500g - 229924



Tropical Sun  
Food Colour Orange  
20 x 500g - 229923



Tropical Sun  
Food Colour Bright Red  
20 x 500g - 229920 / 1 x 500g - 230621



Tropical Sun  
Food Colour Green  
12 x 28ml - 229794



Tropical Sun  
Food Colour Orange  
12 x 28ml - 228176



Tropical Sun  
Food Colour Red  
12 x 28ml - 228174



Tropical Sun  
Food Colour Yellow  
12 x 28ml - 228175



Baron  
Cake Colouring  
6 x 155ml - 104948



Tropical Sun  
Banana Essence  
6 x 480ml - 228672



Tropical Sun  
Vanilla Essence 24 x 480ml - 228697  
6 x 480ml - 228696



Tropical Sun  
Vanilla Essence  
2 x 3.75L - 245094



Tropical Sun  
Mixed Essence 24 x 480ml - 228679  
6 x 480ml - 228678



Tropical Sun  
Almond Essence  
6 x 300ml - 228664

# Essences – Tropical Sun



Tropical Sun  
Almond Essence  
12 x 28ml - 228163



Tropical Sun  
Aniseed Essence  
12 x 28ml - 229553



Tropical Sun  
Banana Essence  
12 x 28ml - 228170



Tropical Sun  
Brandy Essence  
12 x 28ml - 229554



Tropical Sun  
Cinnamon Essence  
12 x 28ml - 228171



Tropical Sun  
Coconut Essence  
12 x 28ml - 228169



Tropical Sun  
Mixed Essence  
12 x 28ml - 228161



Tropical Sun  
Mixed Fruit Essence  
12 x 28ml - 228173



Tropical Sun  
Nutmeg Essence  
12 x 28ml - 228168



Tropical Sun  
Pear Essence  
12 x 28ml - 228166



Tropical Sun  
Pineapple Essence  
12 x 28ml - 228165



Tropical Sun  
Pistachio Essence  
12 x 28ml - 228186



Tropical Sun  
Rose Essence  
12 x 28ml - 228164



Tropical Sun  
Rum Essence  
12 x 28ml - 228167



Tropical Sun  
Strawberry Essence  
12 x 28ml - 228172



Tropical Sun  
Vanilla Essence  
12 x 28ml - 228162



Tropical Sun  
Orange Essence  
12 x 28ml - 239674



Tropical Sun  
Saffron Essence  
12 x 28ml - 239676



Tropical Sun  
Peppermint Essence  
12 x 28ml - 239675



Tropical Sun  
Cardamom Essence  
12 x 28ml - 239677





Baron  
Almond Essence  
24 x 155ml - 225688 / 6 x 155ml - 225687



Baron  
Banana Essence  
24 x 155ml - 172513 / 6 x 155ml - 172512



Baron  
Mixed Essence  
6 x 155ml - 225557



Baron  
Mixed Essence  
6 x 750ml - 172547



Baron  
Vanilla Essence  
24 x 155ml - 225155 / 6 x 155ml - 225154



McLAS  
Vanilla Essence  
12 x 60ml - 151229 / 36 x 60ml - 151230



McLAS  
Vanilla Essence  
12 x 120ml - 140100 / 24 x 120ml - 140105



McLAS  
Vanilla Essence  
6 x 480ml - 152559 / 24 x 480ml - 152560



McLAS  
Vanilla Essence  
3.75L - 234702



McLAS  
Clear Vanilla  
6 x 480ml - 234708 / 24 x 480ml - 224404



McLAS  
Mixed Essence  
6 x 480ml - 246487



A trusted name for over a century



Benjamins  
Almond Flavour  
12 x 120ml - 500056



Benjamins  
Peppermint Essence  
12 x 30ml - 500062



Benjamins  
Rose Water  
12 x 120ml - 227456



Benjamins  
Nutmeg Extract  
12 x 60ml - 229581



Benjamins  
Vanilla Flavour  
12 x 60ml - 800032



Benjamins  
Vanilla Flavour  
12 x 120ml - 800024



Benjamins  
Vanilla Flavour  
6 x 480ml - 800031 / 24 x 480ml - 800027

# Honey - Spreads



Tropical Sun  
Premium Honey  
6 x 500g - 228490 / PM 241124



Tropical Sun  
Premium Honey  
6 x 1kg - 237901



Tropical Sun  
Pure Natural Honey Clip Jar  
6 x 1kg - 237980 / 1 x 1kg - 238226



Tropical Sun  
Pure Natural Honey Squeezy  
6 x 350g - 230364



Tropical Sun  
Acacia Honey with Honeycomb  
6 x 500g - 231333



Tropical Sun  
Blackseed Honey  
6 x 270g - 233953



Tropical Sun  
Caribbean Honey  
6 x 454g - 218110



Tropical Sun  
Organic Honey  
6 x 340g - 232514



Tropical Sun  
Organic Honey Squeezy  
6 x 340g - 239029



Tropical Sun  
Pure Honey with Lemon & Ginger  
6 x 250g - 239745



Tropical Sun  
Pure Honey (PET)  
12 x 500g - 122051 / 6 x 1kg - 231750



Tropical Sun  
Exotic Nutmeg Jam  
6 x 300g - 244104



Tropical Sun  
Exotic Passion Fruit Jam  
6 x 300g - 244105



Tropical Sun  
Exotic Soursop Jam  
6 x 300g - 244106



Tropical Sun  
Organic Agave Syrup  
6 x 370g - 238911



Rowse  
Organic Honey Squeezy  
6 x 340g - 229092



Lyle's  
Maple Syrup  
6 x 454g - 227245



Tropical Sun  
Natural Molasses  
6 x 454g - 100041



Black Strap  
Jamaican Molasses  
6 x 200ml - 232849

# Peanut Butter



Tropical Sun  
Peanut Butter Crunchy  
12 x 340g - 100408



Tropical Sun  
Peanut Butter Smooth  
12 x 340g - 100407



Tropical Sun  
Peanut Butter No Added Sugar  
12 x 454g - 100409



Tropical Sun  
Peanut Butter No Added Sugar  
4 x 5kg - 243099



Africa's Finest  
Peanut Butter Smooth  
12 x 500g - 225561



Africa's Finest  
Peanut Butter Smooth  
6 x 1kg - 242629 / PM 244788



Africa's Finest  
Peanut Butter No Added Sugar  
12 x 500g - 225558



Africa's Finest  
Peanut Butter No Added Sugar  
6 x 1kg - 234330 / PM 244789



Africa's Finest  
Peanut Butter No Added Sugar  
4 x 2.5kg - 245296 / 4 x 5kg - 231386



Ghana Best  
Peanut Butter Smooth  
12 x 400g - 241691



Ghana Best  
Peanut Butter Smooth  
6 x 800g PM - 244790



Ghana Best  
Peanut Butter No Added Sugar  
12 x 400g - 241692



Ghana Best  
Peanut Butter No Added Sugar  
6 x 800g PM - 244791



Pegasus  
Peanut Paste  
12 x 500g - PM 248032



Pegasus  
Peanut Butter  
12 x 500g - PM 248031



Tropicom  
Peanut Butter Smooth  
6 x 1kg - PM 247901



PCD  
Peanut Butter  
12 x 350g - 226949



PCD  
Peanut Paste  
12 x 500g - 104543



PCD  
Peanut Paste No Added Sugar  
12 x 500g - 229143

# Canned Milk



Tropical Sun  
Condensed Milk  
12 x 397g - 103282 / PM 244592



Tropical Sun  
Condensed Milk (Catering)  
6 x 1kg - 231409



Tropical Sun  
Condensed Coconut Milk (Dairy-Free)  
6 x 320ml - 236758



Village Pride  
Condensed Milk  
12 x 395g PM - 115500



Peak  
Condensed Milk  
24 x 397g - 229867



Grace  
Condensed Milk  
12 x 397g - 222008



Longevity  
Condensed Milk  
24 x 397g - 242413



Nestlé  
Condensed Milk  
12 x 397g - 118712



Nestlé  
Carnation Condensed Milk  
6 x 397g - PM 245569



Nestlé  
Carnation Caramel  
6 x 397g - 101225



Tropical Sun  
Evaporated Milk  
12 x 410g - 116750 / PM 245120



Tropical Sun  
Evaporated Coconut Milk (Dairy-Free)  
6 x 400ml - 238295



Nestlé  
Carnation Evaporated Milk  
12 x 170g - 118752



Nestlé  
Carnation Evaporated Milk  
12 x 410g PM 245228



Nestlé  
Cream  
48 x 170g - 234643



Nestlé  
Carnation Evaporated Milk Light  
12 x 410g - 118753



Peak  
Evaporated Milk  
12 x 170g - 247813 / 24 x 170g - 242343



Peak  
Evaporated Milk  
24 x 410g - 231468



Rainbow  
Cardomom Milk  
12 x 170g - 234149 / 48 x 170g - 226509

# Tomato Products



Royal Sun  
Chopped Tomatoes  
24 x 400g - 151270



Royal Sun  
Peeled Plum Tomatoes  
24 x 400g - 150199 / 12 x 800g - 151280



Royal Sun  
Tomato Puree  
12 x 400g - 226204



Royal Sun  
Tomato Puree  
6 x 800g - 226205



Royal Sun  
Tomato Puree  
3 x 4.5kg - 243970



Royal Sun  
Tomato Puree Tube  
12 x 200g - 230719



Tropical Sun  
Chopped Tomatoes  
12 x 400g - 231321



Tropical Sun  
Peeled Plum Tomatoes  
12 x 400g - 231320



Tropical Sun  
Tomato Paste  
12 x 410g - 246304



Pegasus  
Tomato Paste  
24 x 400g - 245982



Pegasus  
Tomato Paste  
12 x 800g - 245983



Pegasus  
Tomato Paste  
4 x 4.5kg - 245984



Cirio  
Tomato Puree  
12 x 140g - 123210



Cirio  
Tomato Puree  
12 x 400g - 123203 / 6 x 850g - 123215



Cirio  
Tomato Puree Jar  
12 x 350g - 123204



De Rica  
Tomato Puree  
50 x 70g - 225777



De Rica  
Tomato Puree  
24 x 210g - 225054



De Rica  
Tomato Puree  
24 x 400g - 123212



De Rica  
Tomato Puree  
12 x 850g - 123211

# Canned Fruit - Beans



Tropical Sun  
Yellow Jackfruit in Syrup  
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 3.05kg - 237416



Tropical Sun  
Young Green Jackfruit in Water  
12 x 400g - 238096



Tropical Sun  
BBQ Jackfruit  
12 x 400g - 243908



Tropical Sun  
Tex Mex Jackfruit  
12 x 400g - 243908



Tropical Sun  
Thai Green Curry Jackfruit  
12 x 400g - 243910



Aani  
Mango Pulp Alphonso  
6 x 850g - 232131



Aani  
Mango Pulp Kesari  
6 x 850g - 232130



Aani  
Alphonso Mango Slices  
12 x 450g - 232135 / 6 x 850g - 232132



Tropical Sun  
Exotic Fruit Cocktail in Syrup  
6 x 560g - 233937 / 24 x 560g - 233936



Dunn's River  
Red Kidney Beans  
12 x 400g - 291300



Dunn's River  
Blackeye Beans  
12 x 400g - 291400



Dunn's River  
Butter Beans  
12 x 400g - 222017



Dunn's River  
Peas & Beans  
12 x 400g - 222915



Dunn's River  
Gungo Peas  
12 x 400g - 291600

**Tropical Sun Young Green Jackfruit is considered the golden standard by chefs and foodies alike.**



**Available in 560g and 3.05kg tins**

Suitable for Vegans

# Canned Beans & Pulses – Tropical Sun



Tropical Sun  
Black Beans  
12 x 400g - 202950



Tropical Sun  
Blackeye Beans  
12 x 400g - 202947



Tropical Sun  
Butter Beans  
12 x 400g - 202948 / PM 244655



Tropical Sun  
Crabeye Beans  
12 x 400g - 295000



Tropical Sun  
Peas & Beans  
12 x 400g - 202949



Tropical Sun  
Pinto Beans  
12 x 400g - 224854



Tropical Sun  
Red Kidney Beans  
12 x 400g - 202946 / PM 244653



Tropical Sun  
White Kidney Beans  
12 x 400g - 101251



Tropical Sun  
Chick Peas  
12 x 400g - 178038



Tropical Sun  
Kala Chana  
12 x 400g - 230863



Tropical Sun  
Cow Peas  
12 x 400g - 230238



Tropical Sun  
Green Pigeon Peas  
12 x 425g - 153031



Tropical Sun  
Green Pigeon Peas with Coconut  
12 x 425g - 103348



Tropical Sun  
Gungo Peas  
12 x 400g - 230862 / PM 244654



Tropical Sun  
Brown Lentils  
12 x 400g - 230910



Tropical Sun  
Green Jackfruit in Water  
12 x 400g - 238096



Tropical Sun  
Banana Blossom  
12 x 400g - 238097



Tropical Sun  
Hominy Corn (Large White / Mote)  
12 x 425g - 242635



Tropical Sun  
Cassava Strips  
12 x 397g - 242634



Tropical Sun  
Baked Beans in Tomato Sauce  
12 x 400g PM 246305

# Canned Meat



Tropical Sun  
Corned Beef Halal  
12 x 340g - 104937



Tropical Sun  
Corned Beef Halal (small)  
12 x 198g - 224901



Tropical Sun  
Corned Beef Mixed Peppers Halal  
12 x 340g - 225198



Tropical Sun  
Corned Beef Onion Halal  
12 x 340g - 225199



Tropical Sun  
Corned Mutton Halal  
12 x 340g - 229487



Exeter  
Corned Beef  
12 x 340g - 150105 / 24 x 340g - 225122



Exeter  
Corned Beef (small)  
24 x 198g - 150102



Grace  
Corned Beef Halal  
6 x 340g 212000



Tropical Sun  
Chicken Luncheon Meat Halal  
12 x 340g - 229489



Tropical Sun  
Chicken Viennas Hot & Spicy (Halal)  
12 x 200g - 100133



Tropical Sun  
Chicken Viennas Original (Halal)  
12 x 200g - 100130



Tropical Sun  
Hot Dogs Hot & Spicy (Halal)  
12 x 400g - 229942



Tropical Sun  
Hot Dogs in Brine (Halal)  
12 x 400g - 225342



Spanish Town  
Chicken Vienna Sausages Halal  
12 x 142g - 237677 / 48 x 142g - 244426



Robert  
Chicken Luncheon Meat  
12 x 340g - 103937



Zwan  
Beef Luncheon Meat Halal  
12 x 200g - 118216



Zwan  
Beef Luncheon Meat  
12 x 340g - 118205



Zwan  
Chicken Luncheon Meat  
12 x 200g - 227652



Zwan  
Chicken Luncheon Meat  
12 x 340g - 118209



# Canned Fish



Tropical Sun  
Tuna Chunks in Brine  
6 x 160g - 232051 / 48 x 160g - 231506



Tropical Sun  
Tuna Chunks in Springwater  
6 x 160g - 239433 / 48 x 160g - 239432



Tropical Sun  
Tuna Chunks in Sunflower Oil  
6 x 160g - 232052 / 48 x 160g - 231508



Tropical Sun  
Tuna Steak in Brine  
6 x 160g - 232049 / 48 x 160g - 231929



Tropical Sun  
Tuna Steak in Sunflower Oil  
6 x 160g - 232050 / 48 x 160g - 231930



Princes  
Tuna Chunk in Brine  
12 x 145g - 228905 / 6 x 400g - 100274



Princes  
Tuna Chunks in Sunflower Oil  
12 x 145g 228906



Tropical Sun  
Canadian Style Sardines in Soya Oil  
12 x 106g 234312 / PM 244693



Tropical Sun  
Canadian Style Sardines with Hot Peppers  
12 x 106g 234311 / PM 244691



Tropical Sun  
Canadian Style Sardines in Spring Water  
12 x 106g - 234313



Tropical Sun  
Canadian Style Sardines in Olive Oil  
12 x 106g - 228793



Tropical Sun  
Canadian Style Sardines in Tomato Sauce  
12 x 106g - 234314 / PM 244692



Tropical Sun  
Sardines in Sunflower Oil  
12 x 125g - 230860 / 48 x 125g - 230799



Tropical Sun  
Sardines with Chilli  
12 x 125g - 230861 / 48 x 125g - 230801



Brunswick  
Sardines in Soya Oil  
12 x 106g - 150242



Brunswick  
Sardines with Hot Peppers  
12 x 106g - 150016



Brunswick  
Sardines in Tomato Sauce  
12 x 106g - 155027



Brunswick  
Sardines with Louisiana Hot Sauce  
12 x 106g - 150243



L'Espadon  
Sardines in Vegetable Oil  
50 x 125g - 228491

# Canned Fish



L'Espadon  
Sardines in Spiced Vegetable Oil  
12 x 125g - 227533 / 50 x 125g - 228548



Titus  
Sardines Hot  
48 x 125g - 225330



Titus  
Sardines in Sunflower Oil  
48 x 125g - 103330



Titus  
Sardines in Tomato Sauce  
48 x 125g - 225732



Aani  
Jack Mackerel in Brine  
12 x 425g - 234677



Aani  
Jack Mackerel in Tomato  
12 x 425g - 234678



Tropical Sun  
Mackerel in Tomato & Chilli Sauce  
12 x 400g - 202030



Tropical Sun  
Mackerel in Brine  
12 x 400g - 202010



Tropical Sun  
Mackerel in Hot Pepper Sauce  
12 x 400g - 227140



Tropical Sun  
Mackerel in Tomato Sauce  
12 x 400g - 202020



Africa Queen  
Mackerel in Tomato Sauce  
24 x 425g - 228304



Geisha  
Mackerel in Tomato Sauce with Chilli  
50 x 155g - 167071



Geisha  
Mackerel in Tomato Sauce  
50 x 155g - 167060



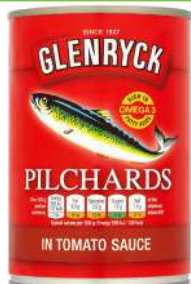
Geisha  
Mackerel in Tomato Sauce with Chilli  
12 x 425g - 167072



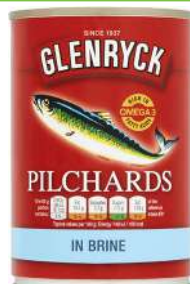
Geisha  
Mackerel in Tomato Sauce  
12 x 425g - 100700



Glenryck  
Pilchards in Tomato Sauce  
12 x 155g - 350015



Glenryck  
Pilchards in Tomato Sauce  
12 x 400g - 109090



Glenryck  
Pilchards in Brine  
12 x 400g - 190096



Tropical Sun  
Pilchards in Tomato Sauce  
6 x 425g - 229452 / 24 x 425g - 241864



Tropical Sun  
Pilchards in Brine  
6 x 425g - 229451 / 24 x 425g - 241863

# Sauces – Tropical Sun



Tropical Sun  
Chilli Garlic Sauce  
12 x 150ml - 178080



Tropical Sun  
Papaya Hot Sauce  
12 x 150ml - 101184



Tropical Sun  
Peri Peri Sauce  
12 x 150ml - 225167



Tropical Sun  
Sweet Mango Chilli Sauce  
12 x 150ml - 100890



Tropical Sun  
West Indian Hot Pepper Sauce  
12 x 150ml - 225166



Tropical Sun  
Thai Sweet Chilli Sauce  
12 x 150ml - 101185



Tropical Sun  
Thai Sweet Chilli Sauce  
6 x 1L - 245471



Tropical Sun  
Carolina Reaper Hot Sauce  
12 x 148ml - 101188



Tropical Sun  
Bajan Hot Pepper Sauce  
12 x 150ml - 228746



Tropical Sun  
Jamaican Scotch Bonnet Sauce  
12 x 142ml - 104936



Tropical Sun  
Jamaican Crushed Red Chilli Sauce  
12 x 142ml - 225686



Tropical Sun  
Fish & Meat Sauce  
12 x 150ml - 100468



Tropical Sun  
Browning  
12 x 150ml - 227286



Tropical Sun  
Allspice Seasoning (Liquid Pimento)  
12 x 142ml - 226825



Tropical Sun  
Caribbean Hot Pepper Sauce  
12 x 85ml - 178036



Tropical Sun  
Caribbean Hot Pepper Sauce  
12 x 170ml - 178040



Tropical Sun  
Caribbean Hot Pepper Sauce  
6 x 350ml 229793 / 12 x 350ml - 229686



Tropical Sun  
Smooth Scotch Bonnet Sauce  
12 x 85ml - 231499 / 24 x 85ml - 229120



Tropical Sun  
Original Hot Pepper Sauce (Catering)  
6 x 960g - 229707



Tropical Sun  
Sweet Chilli Sauce (Catering)  
6 x 1.1kg - 229708

# Sauces & Marinades - Jerk



Tropical Sun Jerk Seasoning  
6 x 280g - 104759 / 24 x 280g - 104758  
PM 6 x 280g - 225195 / 24 x 280g - 225196



Tropical Sun  
Jerk Seasoning Mild  
6 x 280g - 234424 / 24 x 280g - 234423



Tropical Sun  
Boston Bay Jerk Seasoning  
24 x 310g - 244404 / 6 x 310g - 245092



Tropical Sun  
Scotch Bonnet Jerk Seasoning  
24 x 310g - 244405 / 6 x 310g - 244406



Tropical Sun  
Jerk Seasoning (Catering)  
6 x 2.5kg - 140017



Tropical Sun  
Jerk Seasoning (Catering)  
4 x 4.2kg - 930002



Tropical Sun  
Jerk Seasoning (Industrial)  
1 x 22.5kg - 225575



Tropical Sun  
Jerk BBQ Sauce  
6 x 285g - 221361



Tropical Sun  
Jerk BBQ Sauce  
6 x 510g - 202041 / PM 6 x 510g - 245088



Tropical Sun  
Jerk BBQ Sauce (Catering)  
6 x 1kg - 225336 / 1 x 1kg - 104868



Tropical Sun  
Jerk Marinade  
6 x 500ml - 231627 / 12 x 500ml - 104634



Tropical Sun  
Jamaican Jerk Sauce  
12 x 142ml - 232839



Baron  
Jerk Seasoning  
6 x 340g - 172540 / 24 x 340g - 172551



Walkerswood  
Jerk Seasoning  
6x 280g - 151680 / 12 x 280g - 247328



Village Pride  
Jerk Seasoning  
6 x 320g PM - 247583



Dunn's River  
Jerk Seasoning  
6 x 312g - 242163



Tru Jamaica  
Jerk Seasoning (Catering)  
4 x 4.2kg - 226967



Grace  
Jerk BBQ Sauce  
6 x 375g - 235244



Home Choice  
Hot & Spicy Jerk Seasoning  
24 x 283g - 247236



Home Choice  
Hot & Spicy Jerk Sauce  
24 x 150ml - 247233

# Sauces



Encona  
Carolina Reaper Hot Sauce  
6 x 142ml - 235240



Encona  
Jerk Sauce  
6 x 142ml - 222291



Encona  
Louisiana Cajun Hot Sauce  
6 x 142ml - 228895



Encona  
Sweet Mango Chilli Sauce  
6 x 142ml - 228894



Encona  
Thai Sweet Chilli Sauce  
6 x 142ml - 228892 / 6 x 220ml - 228893



Encona  
Extra Hot Pepper Sauce  
6 x 142ml - 228336



Encona  
Papaya Hot Sauce  
6 x 142ml - 228890



Encona  
Original Hot Pepper Sauce  
6 x 142ml - 228889 / 6 x 220ml - 100430



Encona  
Peri Peri Sauce  
6 x 142ml - 228338



Home Choice  
Scotch Bonnet Pepper Sauce  
24 x 150ml - 247235



Baron  
Green Seasoning  
6 x 155ml - 172544



Baron  
Green Seasoning  
6 x 397ml - 172509 / 6 x 794ml - 172546



Baron  
Bajan Hot Sauce  
6 x 200ml - 231592 / 12 x 200ml - 231334



Baron  
Blazing Hot Sauce  
6 x 155g - 172517 / 24 x 155g - 172533



Baron  
Classic Pepper Sauce  
6 x 397ml - 239571 / 24 x 397ml - 114744



Baron  
Garlic Sauce  
6 x 155ml - 100951



Baron  
Ginger Sauce  
6 x 155g - 229397



Baron  
Onion Sauce  
6 x 155ml - 239470



Baron  
Soy Sauce  
6 x 155ml - 239481



Baron  
West Indian Hot Sauce  
6 x 155g - 172503 / 24 x 155g - 172526

# Sauces



Baron  
West Indian Hot Sauce  
6 x 397g - 172502 / 24 x 397g - 172527



Baron  
West Indian Hot Sauce  
6 x 794g - 233794 / 12 x 794g - 224519



Baron  
Passion Fruit Sauce  
6 x 155ml - 104912



Mama Lucy by Baron  
Pepper Sauce  
6 x 397g - 242008



Baron  
Banana Ketchup  
6 x 155g - 172523 / 24 x 155ml - 172515



Baron  
Gravy Browning  
6 x 155ml - 172504 / 6 x 397g - 172518



Baron  
Bar-B-Que Sauce  
6 x 510g - 172510 / 12 x 510g - 172511



Baron  
Cooking Sauce  
6 x 155ml - 172528



Baron  
Worcestershire Sauce  
6 x 155ml - 239472



Chief  
Chinese Sauce  
6 x 300ml - 229226



Chief  
Home Style Pepper Sauce  
6 x 155ml - 237529



Chief  
Creole Seasoning  
6 x 300ml - 155943



Chief  
Red Hot Sauce  
6 x 300ml - 152041



Chief  
Yellow Hot Sauce  
6 x 300ml - 152031



Chief  
Scorpion Pepper Sauce  
6 x 155ml - 236246



Chief  
Meat Marinade  
6 x 300ml - 229225



Chief  
Green Seasoning  
6 x 300ml - 155921



Chief  
Green Seasoning  
6 x 750ml - 155953

# Sauces – Soy Sauce



Jade Bridge  
Superior Dark Soy Sauce  
12 x 150ml - 230733



Jade Bridge  
Superior Dark Soy Sauce  
6 x 625ml - 235441



Jade Bridge  
Superior Light Soy Sauce  
6 x 625ml - 233874



Jade Bridge  
Low Salt Light Soy Sauce  
12 x 150ml - 236671



Jade Bridge  
Mushroom Soy Sauce  
6 x 625ml - 233872



Jade Bridge  
Oyster Sauce  
12 x 280g - 230732



Jade Bridge  
Oyster Sauce  
6 x 710ml - 233903



Amoy  
Light Soy Sauce  
12 x 150ml - 121158



Amoy  
Light Soy Sauce  
12 x 500ml - 112283



Amoy  
Dark Soy Sauce  
12 x 150ml - 121158



Amoy  
Dark Soy Sauce  
12 x 250ml - 212126



Amoy  
Dark Soy Sauce  
12 x 500ml - 112282



Fachoy  
Soy Sauce (Jamaica)  
12 x 295ml - 231168



Fachoy  
All Purpose Soy Sauce (Jamaica)  
12 x 295ml - 102749



Pearl River Bridge  
Mushroom Soy Sauce  
12 x 500ml - 100934



Pearl River Bridge  
Superior Dark Soy Sauce  
12 x 500ml - 123713



Pearl River Bridge  
Superior Light Soy Sauce  
12 x 500ml - 123714



Bang Bang  
Soy Sauce  
6 x 200ml - 234707



Lee Kum Kee  
Oyster Sauce (Panda)  
12 x 907g - 232330

# Sauces



Maggi  
Chilli Sauce Garlic  
6 x 305g - 123801



Maggi  
Chilli Sauce  
6 x 340g - 123825



Maggi  
Chilli Sauce Extra Hot  
6 x 320g - 123827



Maggi  
Hot & Sweet Sauce  
6 x 400g - 123831



Maggi  
Masala Chilli Sauce  
6 x 400g - 123830



Maggi  
Tamarind Sauce  
6 x 425g - 123875



Maggi  
Oyster Sauce  
12 x 500ml - 235441



Village Pride  
Extra Hot Pepper Sauce  
12 x 142ml - 228698



Nando's  
Medium Peri Peri Sauce  
6 x 125g - 102627



Nando's  
Hot Peri Peri Sauce  
6 x 125g - 102626



Nando's  
Extra Hot Peri Peri Sauce  
6 x 125g - 102624



Nando's  
Garlic Peri Peri Sauce  
6 x 125g - 102625



Nando's  
Lemon & Herb Peri Peri Sauce  
6 x 125g - 225091



Nando's  
Medium Peri Peri Marinade  
6 x 262g - 228276



Nando's  
Hot Peri Peri Marinade  
6 x 260g - 102628



Nando's  
Lemon & Herb Marinade  
6 x 265g - 103593



Pickapeppa  
Original Sauce  
12 x 148ml - 226478



Grace  
Browning  
12 x 142ml - 220900



Benjamins  
Gravy Browning  
12x140ml - 800019 / 24x140ml - 800018



Sarsons  
Browning  
12 x 150ml - 228492





Tropical Sun  
Classic BBQ Sauce  
6 x 510g - 235236



Tropical Sun  
Jollof Rice Cooking Sauce  
16 x 210g - 245630



Tropical Sun  
Butter Chicken Cooking Sauce  
16 x 210g - 245631



Tropical Sun  
Korma Masala Cooking Sauce  
16 x 210g - 245633



Tropical Sun  
Tikka Masala Cooking Sauce  
16 x 210g - 245632



Squid  
Fish Sauce  
12 x 300ml - 235053



Squid  
Fish Sauce  
12 x 725ml - 112287



Dunn's River  
Hot Pepper Sauce  
12 x 85ml - 222242



Grace  
Hot Pepper Sauce  
12 x 85ml - 222113



HP  
Classic BBQ Sauce  
8 x 465ml - 104583



Tabasco  
Pepper Sauce  
12 x 57ml - 214008



Lea & Perrins  
Worcestershire Sauce  
12 x 150ml - 227402



Matouk's  
West Indian Hot Sauce  
6 x 300ml - 237920



Matouk's  
West Indian Hot Sauce  
4 x 750ml - 237919



Matouk's  
Hot Pepper Sauce  
6 x 300ml - 237918



Matouk's  
Hot Pepper Sauce  
4 x 750ml - 237911



Matouk's  
Calypso Sauce  
4 x 750ml - 237916



Windmill  
Hot Pepper Sauce  
12 x 142ml - 151451



Windmill  
Hot Pepper Sauce  
6 x 480ml - 151541 / 12 x 480ml - 231035



Windmill  
Bajan Red Pepper Sauce  
6 x 480ml - 225179 / 12 x 480ml - 151540

# Condiments



Tropical Sun  
Caribbean Mango Chutney  
6 x 170g - 239412



Tropical Sun  
Caribbean Honey Thyme Glaze  
6 x 355g - 230504



Tropical Sun  
Caribbean Curry Paste  
6 x 340g - 231259 / 24 x 340g - 231258



Tropical Sun  
Jamaican Oxtail Seasoning  
6 x 340ml - 178070



Tropical Sun  
Jamaican Brown Stew  
6 x 250ml - 232841 / 24 x 250ml - 232840



Tropical Sun  
Guava Jam  
6 x 340g - 230147 / 24 x 340g - 244489



Tropical Sun  
Guava Jelly  
6 x 340g - 150206 / 24 x 340g - 150200



Tropical Sun  
Caribbean Green Seasoning  
12 x 280g PM - 247109



Baron  
Mango Amchar  
6 x 340g - 233353



Chief  
Kuchela  
6 x 355g - 152011 / 12 x 355g - 152010



Chief  
Kuchela Pommecythere  
6 x 355g - 241181



Chief  
Mango Amchar  
6 x 355g - 152016 / 12 x 355g - 152015



Chief  
Tamarind Amchar  
6 x 355g - 236369 / 12 x 355g - 103084



Chief  
Tamarind Chutney  
6 x 375g - 152051 / 12 x 375g - 236164



Chief  
Lime Pepper  
6 x 375g - 101784 / 12 x 375g - 236163



Chief  
Shadon Beni Chutney  
6 x 370g - 229227 / 12 x 370g - 224787



Windmill  
Chopped Bajan Seasoning  
6 x 340g - 101957 / 24 x 340g - 101958



Matouk's  
Hot Chow  
6 x 380g - 101836



Matouk's  
Kuchela  
6 x 385g - 235127

# Oils – Coconut / Palm Oil



Tropical Sun  
Pure Coconut Oil  
12 x 250ml - 229896



Tropical Sun  
Pure Coconut Oil  
6 x 480ml - 230717 / 12 x 480ml - 229897



Tropical Sun  
Virgin Coconut Oil  
6 x 480ml - 230716 / 12 x 480ml - 229895



Tropical Sun  
Pure Coconut Oil (PET)  
6 x 1L - 234435



Tropical Sun  
Pure Coconut Oil (PET)  
4 x 2L - 233533



KTC  
Coconut Oil  
12 x 500ml - 102455



KTC  
Organic Virgin Coconut Oil  
6 x 250ml - 234988



Ghana Best  
Palm Oil  
24 x 500ml - 228713



Ghana Best  
Palm Oil  
12 x 1L - 228712



Ghana Best  
Palm Oil  
6 x 2L - 228714



Ghana Best  
Pure Zomi  
24 x 500ml - 228716



Ghana Best  
Pure Zomi  
12 x 1L - 228715



Ghana Best  
Pure Zomi  
6 x 2L - 228717



Olu Olu  
Palm Oil  
24 x 500ml - 246341



Olu Olu  
Palm Oil  
15 x 1L - 104703



Olu Olu  
Palm Oil  
8 x 2L - 246342



Okumo Banga  
Red Palm Oil  
6 x 2L - 247153 / 6 x 4Ltr - 247154



KTC  
Palm Oil  
12 x 500ml - 118613

# Palm Oil



# Cooking Oil



Tropical Sun  
Rapeseed Oil (Tin)  
1 x 20L - 235414



Tropical Sun  
Vegetable Oil (Tin)  
1 x 20L - 229486



Tropical Sun  
Vegetable Oil (PET)  
1 x 20L - 102201



Tropical Sun  
Vegetable Oil  
1 x 10L - 102268



Tropical Sun  
Vegetable Oil  
4 x 5L - 102267



Tropical Sun  
Vegetable Oil  
4 x 3L - 102271



Tropical Sun  
Vegetable Oil  
6 x 2L - 228909



Tropical Sun  
Vegetable Oil  
6 x 1L - 102270 / 12 x 1L - 246043



Tropical Sun  
Sunflower Oil  
2 x 10L - 238058



Tropical Sun  
Sunflower Oil  
2 x 5L - 229457 / 4 x 5L - 104637



Tropical Sun  
Sunflower Oil  
4 x 3L - 480002



Tropical Sun  
Sunflower Oil  
6 x 2L - 228908



Tropical Sun  
Sunflower Oil  
12 x 1L - 233807



Tropical Sun  
Rapeseed Oil  
6 x 1L - 229745



Tropical Sun  
Corn Oil  
6 x 1L - 102204



Tropical Sun  
Groundnut Oil  
6 x 1L - 104762



Tropical Sun  
EV Olive / Sunflower Oil Blend  
3 x 5L - 245874



KTC  
Vegetable Oil  
3 x 5L - 118640



KTC  
Vegetable Oil (Tin)  
20L - 118621

# Speciality Oil



Bevelini  
Kolymari Extra Virgin Olive Oil  
6 x 500ml - 235586



Bevelini  
Extra Virgin Olive Oil  
6 x 750ml - 235585



Bevelini  
Extra Virgin Olive Oil  
4 x 5L - 235584



Goya  
Extra Virgin Unico Premium  
6 x 500ml - 247925



Devina  
Pure Olive Oil  
4 x 3L - 229453



DeVina  
Olive Pomace Oil  
4 x 5L - 103037



Natco  
Olive Pomace Oil  
4 x 5L - 224579



Amoy  
Sesame Oil  
12 x 150ml - 112066



Tropical Sun  
Castor Oil  
12 x 250ml - 231019



Tropical Sun  
Almond Oil  
12 x 250ml - 231017



Tropical Sun  
Mustard Oil  
12 x 250ml - 231018



Tropical Sun  
Mustard Oil  
6 x 500ml - 246976



Tropical Sun  
Mustard Oil  
6 x 1L - 246977



Benjamins  
Castor Oil  
12 x 120ml - 229414



Pegasus  
Castor Oil  
6 x 70ml - 239351



Niharti  
Castor Oil  
6 x 250ml - 105042



Shavuot  
Jamaican Black Castor Oil  
6 x 118ml - 181112



KTC  
Almond Oil  
12 x 200ml - 233958



Aani  
Almond Oil  
6 x 200ml - 239352 / 24 x 200ml - 239335



KTC  
Mustard Oil  
12 x 250ml - 102450

# Vinegar



Tropical Sun  
Organic Apple Cider Vinegar  
6 x 473ml - 104636 / 12 x 473ml - 234855



Bragg  
Apple Cider Vinegar  
12 x 473ml - 103928 / 12 x 946ml - 224487



Tropical Sun  
Apple Cider Vinegar  
8 x 400ml - 233409



Tropical Sun  
Coconut Vinegar  
6 x 250ml - 235187



Tropical Sun  
Distilled Vinegar PM  
12 x 284ml - 244635 / 12 x 568ml - 244633



Tropical Sun  
Malt Vinegar PM  
12 x 284ml - 232397 / 12 x 568ml - 244634



Tropical Sun  
Jamaican Cane Vinegar  
12 x 475ml - 225165



Pure Jamaica  
Distilled Vinegar  
24 x 500ml - 228572 / 12 x 1L - 161005



Pure Jamaica  
Distilled Vinegar  
6 x 1.89L - 225570



Bevelini  
Balsamic Vinegar  
6 x 250ml - 238103



Baron  
White Vinegar  
6 x 940ml - 242794 / 18 x 940ml - 150070



Sarsons  
Malt Vinegar  
12 x 284ml - 118704 / 12 x 568ml - 118705



Sarsons  
Distilled Vinegar  
12 x 284ml - 118706 / 12 x 568ml - 118707



Amoy  
White Rice Vinegar  
12 x 500ml - 112292



Datu Puti  
White Rice Vinegar  
12 x 1L - 229757



Royal Sun  
Distilled White Vinegar  
4 x 5L - 230550



Royal Sun  
Malt Vinegar  
4 x 5L - 230551



Pegasus  
Distilled White Vinegar  
4 x 5L - 246780



Jade Bridge  
White Rice Vinegar  
12 x 150ml - 236677

# Pastes



Tropical Sun  
Minced Garlic Paste  
6 x 300g - 246338 / 6 x 1kg - 229301



Tropical Sun  
Minced Ginger Paste  
6 x 300g - 246340 / 6 x 1kg - 229302



Tropical Sun  
Minced Ginger & Garlic Paste  
6 x 300g - 246339 / 6 x 1kg - 229303



Tropical Sun  
Minced Red Chilli Paste  
6 x 300g - 246450



Tropical Sun  
Minced Green Chilli Paste  
6 x 300g - 246449



Aani  
Minced Garlic Paste (PET)  
6 x 330g - 246448 / 6 x 1kg - PM 246584



Aani  
Minced Ginger & Garlic Paste (PET)  
6 x 330g - 246447 / 6 x 1kg - PM 246585



Aani  
Minced Ginger Paste (PET)  
6 x 330g - 246446 / 6 x 1kg - PM 246583



Aani  
Garlic Puree  
12 x 110g - 245202



Aani  
Ginger Puree  
12 x 110g - 245203



Aani  
Ginger & Garlic Puree  
12 x 110g - 245391



Aani  
Red Chilli Puree  
12 x 110g - 245204



Sapna  
Garlic Paste  
6 x 330g - 101087 / 6 x 1kg - 211400



Sapna  
Ginger & Garlic Paste  
6 x 330g - 101083 / 6 x 1kg - 211053



Sapna  
Ginger Paste  
6 x 330g - 230596 / 6 x 1kg - 222133



Fissi  
Garlic Puree  
12 x 110g - 180033



Fissi  
Ginger Puree  
12 x 110g - 180039



Fissi  
Green Chilli Puree  
12 x 110g - 180035



Fissi  
Red Chilli Puree  
12 x 110g - 180037



Fissi  
Assorted Puree  
24 x 110g - 105011



# Lemon Juice – Lime Juice



Tropical Sun  
Lemon Juice Squeezy  
12 x 200ml - 244068



Tropical Sun  
Lemon Juice  
12 x 350ml - 242978



Tropical Sun  
Lemon Juice  
6 x 1L - 229891



Bevelini  
Lemon Juice  
12 x 200ml - 244065



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lemon Dressing  
12 x 350ml - 235587



Bevelini  
Lemon Dressing  
4 x 4L - 246418



KTC  
Lemon Juice  
12 x 250ml - 194026



KTC  
Lemon Juice  
12 x 500ml - 235004



Tropical Sun  
Lime Juice Squeezy  
12 x 200ml - 244067



Tropical Sun  
Lime Juice  
12 x 350ml - 242979



Tropical Sun  
Lime Juice  
12 x 500ml - 240005



Bevelini  
Lime Juice Squeezy  
12 x 200ml - 244066



Bevelini  
Lime Juice  
4 x 4L - 242976



Home Choice  
Jamaican Lime Juice  
12 x 750ml - 242146



Pure Jamaica  
Lime Juice  
12 x 750ml - 228009



# Rice - Golden Sella



Tropical Sun  
Golden Sella Basmati  
20 x 500g - 243514



Tropical Sun  
Golden Sella Basmati  
6 x 2kg - 224798



Tropical Sun  
Golden Sella Basmati  
4 x 5kg - 226984



Tropical Sun  
Golden Sella Basmati  
2 x 10kg 226983



Tropical Sun  
Golden Sella Basmati  
1 x 20kg - 230701



Aani  
Golden Sella Basmati  
4 x 5kg - 234085



Aani  
Golden Sella Basmati  
2 x 10kg - 237800



Amaara  
Golden Sella Basmati  
4 x 5kg - 234639



Amaara  
Golden Sella Basmati  
2 x 10kg - 243260



Village Pride  
Golden Sella Basmati  
4 x 5kg - 245095



Village Pride  
Golden Sella Basmati  
2 x 10kg - 245097



Asli  
Golden Sella Basmati  
1 x 5kg - 120018



Asli  
Golden Sella Basmati  
1 x 10kg - 100841



Peacock  
Golden Sella Basmati  
4kg - 235076 / 10kg - 430002



Setara  
Golden Sella Basmati  
1 x 5kg - 239550



Setara  
Golden Sella Basmati  
1 x 10kg - 239549



Tilda  
Golden Sella Basmati  
1 x 5kg - 224850



Tilda  
Golden Sella Basmati  
10kg - 100701



Tilda  
Grand Sella Basmati  
5kg - 225217

# Rice - Fragrant



Pegasus  
Fragrant Rice  
6 x 2kg - 117761



Pegasus  
Fragrant Rice  
5 x 5kg - 228460



Pegasus  
Fragrant Rice  
1 x 10kg - 133350 / PM 229816



Pegasus  
Fragrant Rice  
1 x 20kg - 227974



Pegasus  
Thai Broken Rice  
5 x 5kg - 237733



Pegasus  
Thai Broken Rice  
1 x 10kg - 133360



Pegasus  
Thai Broken Rice  
1 x 20kg - 102142



Tropical Sun  
Fragrant Rice  
6 x 2kg - 178065



Tropical Sun  
Fragrant Rice  
4 x 5kg - 246028



Tropical Sun  
Fragrant Rice  
2 x 10kg - 246029



Village Pride  
Fragrant Rice  
4 x 5kg - 231357



Village Pride  
Fragrant Rice  
1 x 10kg - 228920



Village Pride  
Broken Fragrant Rice  
5kg - 246056



Village Pride  
Broken Fragrant Rice  
10kg - 246057



Village Pride  
Broken Fragrant Rice  
20kg - 246058



Dragon  
Fragrant Rice  
6 x 5kg - 224597 / 1 x 5kg - 150005



Dragon  
Fragrant Rice  
1 x 10kg - 150003



Dragon  
Fragrant Rice  
1 x 20kg - 112067



Tilda  
Fragrant Rice  
8 x 1kg - 110064



Tilda  
Fragrant Rice  
5kg - 110037

# Rice - Speciality



Tilda  
Fragrant Rice  
10kg - 110034



Tilda  
Fragrant Rice  
20kg - 247808



Royal Umbrella  
Thai Jasmine Rice  
6 x 5kg - 235253



Royal Umbrella  
Thai Jasmine Rice  
10kg - 230778



Royal Umbrella  
Thai Jasmine Rice  
20kg - 230779



Speciality Rice



Aani  
Idli Rice  
4 x 5kg - 238055 / 10kg - 247330



Aani  
Rose Matta (Boiled) Rice  
4 x 5kg - 238056 / 10kg - 247332



Aani  
Red Raw Rice  
4 x 5kg - 231583



Aani  
Sona Masoori Rice  
4 x 5kg - 236632 / 10kg - 247334



Aani  
Ponni Boiled Rice  
4 x 5kg - 234419 / 10kg - 247333



Africa's Finest  
Ofada Easy Cook Rice  
4 x 5kg - 238033



Africa's Finest  
Ofada Easy Cook Rice  
2 x 10kg - 244200



Africa's Finest  
Jollof Rice  
5kg - 246005



Africa's Finest  
Jollof Rice  
10kg - 246006



Tropical Sun  
Jollof Rice (microwaveable)  
8 x 250g - 245634



Tropical Sun  
Glutinous Rice  
6 x 2kg - 101029



Pegasus  
Glutinous Rice  
5 x 5kg - 240269

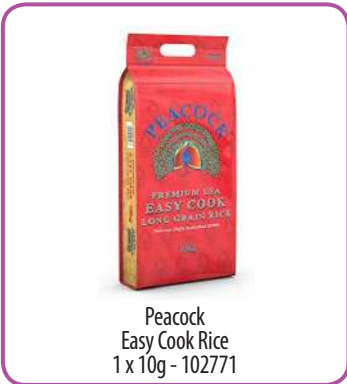
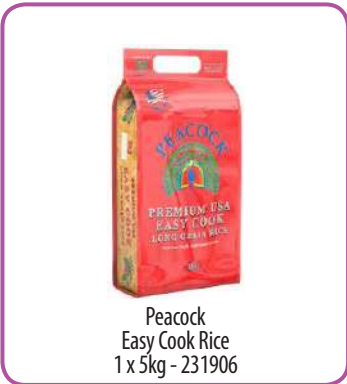


Tropical Sun  
Glutinous Rice  
6 x 2kg - 101029



Lal Qilla  
Diabetic Rice  
5kg - 246015

# Rice - Long Grain



# Rice - Easy Cook



Tropical Sun  
USA Easy Cook Rice  
20 x 500g - 165580



Tropical Sun  
USA Easy Cook Rice  
6 x 2kg - 611111



Tropical Sun  
USA Easy Cook Rice  
1 x 5kg - 178045



Tropical Sun  
USA Easy Cook Rice  
1 x 10kg - 178033



Tropical Sun  
USA Easy Cook Rice  
1 x 20kg - 100088



Tropical Sun  
USA Easy Cook Rice  
1 x 40kg - 110000



Tropical Sun  
Easy Cook Rice  
1 x 5kg - 239042



Village Pride  
Easy Cook Rice PM  
8 x 1kg - 245408 / 10 x 1kg PM - 245728



Village Pride  
Easy Cook Rice PM  
6 x 2kg - 236315 / 6 x 2kg PM - 244221



Village Pride  
Easy Cook Rice  
5kg - 150941 / 4 x 5kg - 245729



Village Pride  
Easy Cook Rice  
10kg - 235201 / 2 x 10kg - 245730



Village Pride  
Easy Cook Rice  
20kg - 227275



Tilda  
Easy Cook Rice  
10 x 500g - 110013 / 8 x 1kg - 110008



Tilda  
Easy Cook Rice  
4 x 2kg - 224849



Tilda  
Easy Cook Rice  
1 x 5kg - 110010 / 1 x 10kg - 110011



Tilda  
Easy Cook Rice  
1 x 20kg - 110012



Tolly Boy  
Easy Cook Rice  
6 x 2kg - 120042



Tolly Boy  
Easy Cook Rice  
1 x 5kg - 120008



Tolly Boy  
Easy Cook Rice  
1 x 10kg - 120009



Tolly Boy  
Easy Cook Rice  
1 x 20kg - 120030 / 40kg - 120012

# Rice - Basmati



Tropical Sun  
Premium Basmati Rice  
8 x 1kg - 246879



Tropical Sun  
Premium Basmati Rice  
6 x 2kg - 227517



Tropical Sun  
Premium Basmati Rice  
4 x 5kg - 227655



Tropical Sun  
Premium Basmati Rice  
2 x 10kg - 227653



Tropical Sun  
Premium Basmati Rice  
1 x 20kg - 228116



Tropical Sun  
Prince Of Rice  
1 x 5kg PM - 233915 / 4 x 5kg - 230560



Tropical Sun  
Prince Of Rice  
1 x 20kg - 123712



Tropical Sun  
Natural Brown Basmati Rice  
6 x 2kg - 229770



Tropical Sun  
Natural Brown Basmati Rice  
1 x 5kg - 231322 / 4 x 5kg - 241482



Tropical Sun  
Biryani Basmati Rice  
20 x 500g - 243515



Tropical Sun  
Basmati Rice  
20 x 500g 239578



Tropical Sun  
Broken Basmati Rice  
6 x 2kg - 234436



Aani  
Basmati Rice  
6 x 2kg - 239052 / 6 x 2kg PM - 244832



Aani  
Basmati Rice  
4 x 5kg - 231332



Aani  
Basmati Rice  
2 x 10kg - 237799



Aani  
Basmati Rice  
1 x 20kg - 101016



Aani  
Broken Basmati  
5kg - 247691



Aani  
Broken Basmati  
20kg - 247880



Aani  
Mega Basmati  
5kg -



Amaara  
XXL Basmati Rice  
4 x 5kg - 245139

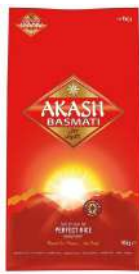
# Rice - Basmati



Akash  
Basmati Rice  
4 x 2kg - 110065



Akash  
Basmati Rice  
1 x 5kg - 129380



Akash  
Basmati Rice  
1 x 10kg - 100323 / 1 x 20kg - 100324



Tilda  
Basmati Rice  
8 x 500g - 234446 / 8 x 1kg - 110045



Tilda  
Basmati Rice  
4 x 2kg - 234447



Tilda  
Basmati Rice  
1 x 5kg - 110016



Tilda  
Basmati Rice  
1 x 10kg - 110017



Tilda  
Basmati Rice  
1 x 20kg - 111012



Tilda  
Broken Basmati Rice  
1 x 10kg - 225447



Tilda  
Broken Basmati Rice  
1 x 20kg - 110018



Tilda  
Brown Basmati Rice  
1 x 5kg - 110060



Tilda  
Brown Basmati Rice  
10 x 500g - 110046 / 8 x 1kg - 103394



Tilda  
Grand White Rice  
1 x 5kg - 227701 / 1 x 10kg - 227700



Tilda  
Grand White Rice  
1 x 20kg - 233811



Lal Qilla  
Classic Basmati Rice  
6 x 1kg - 245386



Lal Qilla  
Classic Basmati Rice  
5kg - 245387



Lal Qilla  
Classic Basmati Rice  
10kg - 246020



Laila  
Basmati Rice  
6 x 2kg - 226483



Laila  
Basmati Rice  
5kg - 104821

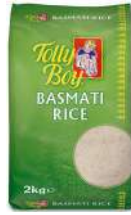


Laila  
Basmati Rice  
10kg - 104820

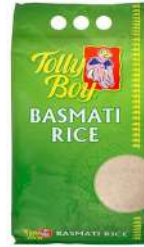




Salaam  
Basmati Rice  
5kg - 155636 / 10kg - 225437



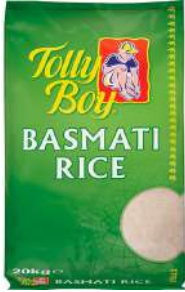
Tolly Boy  
Basmati Rice  
6 x 2kg - 225526



Tolly Boy  
Basmati Rice  
1 x 5kg - 234074



Tolly Boy  
Basmati Rice  
1 x 10kg - 120015



Tolly Boy  
Basmati Rice  
1 x 20kg - 120010



Trophy  
Basmati Rice  
5kg - 226471



Trophy  
Basmati Rice  
10kg - 176046



Trophy  
Basmati Rice  
20kg - 176044

Pasta



Bevelini  
Italian Bucatini Pasta  
5 x 500g - 245190 / 20 x 500g - 239480



Bevelini  
Italian Conchiglie Pasta  
5 x 500g - 245191 / 20 x 500g - 244545



Bevelini  
Italian Farfalle Pasta  
5 x 500g - 245192 / 20 x 500g - 239477



Bevelini  
Italian Fusilli Pasta  
5 x 500g - 245193 / 20 x 500g - 239478



Bevelini  
Italian Orzo Pasta  
5 x 500g - 245194 / 20 x 500g - 239462



Bevelini  
Italian Penne Pasta  
5 x 500g - 245195 / 20 x 500g - 239476



Bevelini  
Italian Spaghetti  
5 x 500g - 245196 / 20 x 500g - 239479



Golden Penny  
Macaroni Pasta (Nigeria)  
20 x 500g - 225156



Golden Penny  
Pasta Twist (Nigeria)  
20 x 500g - 244125



Golden Penny  
Spaghetti Pasta (Nigeria)  
20 x 500g - 234967



Golden Penny  
Spaghettini Pasta (Nigeria)  
20 x 500g - 232886

# Noodles



Indomie Noodles  
Ghana Chicken (Brown Box)  
40 x 70g - 222048



Indomie Noodles  
Nigerian Chicken (White Box)  
40 x 70g - 239473



Indomie Noodles  
Nigerian Chicken Super Pack  
40 x 120g - 222049



Indomie Noodles  
Nigerian Chicken Hungry Man Size  
24 x 180g - 229815



Indomie Noodles  
Nigerian Chicken Belle Full  
16 x 280g - 245599



Indomie Noodles  
Ghana Pepper Chicken  
40 x 70g - 225269



Indomie Noodles  
Nigerian Onion Chicken  
40 x 70g - 103723



Indomie Noodles  
Onion Chicken Super Pack  
40 x 120g - 246268



Indomie Noodles  
Onion Chicken Hungry Man  
24 x 180g - 245592



Indomie Noodles  
Nigerian Pepper Chicken Soup  
40 x 100g - 239168



Indomie Noodles  
Nigerian Jollof Chicken  
40 x 70g - 245307



Indomie Noodles  
Nigerian Crayfish  
40 x 70g - 244546



Indomie Noodles  
Nigerian Oriental Fried  
40 x 70g - 245144



Indomie Noodles  
Nigerian Beef  
40 x 70g - 244577



Golden Penny Noodles  
Nigerian Jollof Chicken  
40 x 70g - 246391



Golden Penny Noodles  
Nigerian Goat Meat Pepper Soup  
40 x 70g - 246392



Indomie Noodles  
Mi Goreng (Indonesia)  
40 x 85g - 100397



Indomie Noodles  
Rasa Kari Ayam (Indonesia)  
40 x 85g - 245784



Indomie Noodles  
Mi Goreng Stir Fry  
40 x 80g - 243396



Indomie Noodles  
Special Chicken  
40 x 75g - 243400

# Noodles



Koka Noodles  
Beef  
30 x 85g - 102541



Koka Noodles  
Chicken  
30 x 85g - 102542



Koka Noodles  
Crab  
30 x 85g - 102540



Koka Noodles  
Curry  
30 x 85g - 102543



Koka Noodles  
Lobster  
30 x 85g - 102549



Koka Noodles  
Masala  
30 x 85g - 102553



Koka Noodles  
Mushroom  
30 x 85g - 102544



Koka Noodles  
Prawn  
30 x 85g - 102545



Koka Noodles  
Stir Fried  
30 x 85g - 102548



Koka Noodles  
Tom Yum  
30 x 85g - 102547



Koka Noodles  
Tomato  
30 x 85g - 102546



Koka Noodles  
Vegetable  
30 x 85g - 102550



Maggi Noodles  
Masala  
20 x 70g - 100855



Maggi Noodles  
Chicken  
20 x 75g - 230696



Maggi Noodles  
Curry  
6 x 5 x 74g - 247687



Sun Yan Noodles  
Roasted Beef  
33 x 65g - 243890



Sun Yan Noodles  
Asian Chicken  
33 x 65g - 243879



Sun Yan Noodles  
Hot & Spicy  
33 x 65g - 243884



Samyang  
Hot Chicken Ramen  
8 x 5 x 140g - 233750



Samyang  
Hot Chicken Spicy Ramen  
8 x 5 x 140g - 245054

# Stock Cubes



Lam's  
Chowmein Noodles  
30 x 454g - 151084



Jade Bridge  
Instant Egg Noodles  
30 x 400g - 242363



Jade Bridge  
Instant Noodles  
30 x 400g - 242362



Aani  
Rice Vermicelli  
10 x 200g - 246156



Aani  
Brown Rice Vermicelli  
10 x 200g - 246157



Purvi  
Brown Rice Vermicelli  
10 x 200g - 226072



Purvi  
White Rice Vermicelli  
10 x 200g - 226073



Longkou  
Vermicelli  
250x100g - 243221 / 100x250g - 243222



Maggi  
Nigerian Cubes 25's  
60 x 25 x 4g - 380067



Maggi  
Nigerian Cubes 100's  
21 x 400g - 151100



Maggi  
Nigerian Chicken Cubes  
16 x 100's - 127873



Maggi  
Nigerian Chicken Cubes  
60 x 10g - 123826 / 24 x 60 x 10g - 228384



Maggi  
Nigerian Crayfish Cubes  
60x10g - 104621 / 24x60x10g - 228383



Onga  
Chicken Cubes  
24 x 55 x 4g - 233130



Onga  
Seasoning Cubes  
24 x 55 x 4g - 201009



Tropical Sun  
Chicken Cubes (Halal)  
12 x 8's - PM 229646



Tropical Sun  
Fish Cubes (Halal)  
12 x 8's - PM 229647



Tropical Sun  
Vegetable Cubes (Halal)  
12 x 8's - 230565 / PM 229649



Tropical Sun  
Meat Cubes (Halal)  
12 x 8's - PM 229648

# Stock Cubes – Powder



Tropical Sun  
Chicken Cubes (Halal)  
6 x 40's - 238332



Tropical Sun  
Crayfish Cubes (Halal)  
6 x 40's - 238333



Knorr  
Beef Cubes  
12 x 8's - 122006



Knorr  
Chicken Cubes  
12 x 8's - 122005



Knorr  
Fish Cubes  
12 x 8's - 132101



Knorr  
Lamb Cubes  
12 x 8's - 132102



Knorr  
Vegetable Cubes  
12 x 8's - 132103



Tropical Sun  
Fish Stock Powder  
6 x 1kg - 229105 / PM 243702



Tropical Sun  
Aroma Stock Powder  
6 x 1kg - 229101 / PM 243698



Tropical Sun  
Chicken Stock Powder  
6 x 1kg - 229103 / PM 243700



Tropical Sun  
Crayfish Stock Powder  
6 x 1kg - 229104 / PM 243701



Tropical Sun  
Lamb Stock Powder  
6 x 1kg - 229106 / PM 243703



Tropical Sun  
Beef Stock Powder  
6 x 1kg - 229102 / PM 243699



Tropical Sun  
Aroma Stock Powder  
6 x 200g - 226875 / PM 229943



Tropical Sun  
Chicken Stock Powder  
6 x 200g - 100773 / PM 229944



Knorr  
Chicken Powder  
1 x 900g - 226784 / 6 x 900g - 225123

## Follow in her food steps



# Seasonings - Dry & Liquid



Jumbo  
Aroma Stock Powder  
10 x 1kg - 104745



Jumbo  
Chicken Stock Powder  
10 x 1kg - 104744



Jumbo  
Crayfish Stock Powder  
10 x 1kg - 380022



Tropical Sun  
Aromatic  
6 x 90g - 233479



Tropical Sun  
Aromatic  
1 x 1.1kg - 234471 / 6 x 1.1kg / 234480



Knorr  
Aromat  
6 x 90g - 122044



Knorr  
Aromat  
6 x 1.1kg - 226044 / 1 x 1.1kg - 225121



Onga  
Chicken Seasoning  
250 x 10g - 229039



Onga  
Classic Seasoning  
250 x 10g - 122087



Onga  
Stew Seasoning  
50 x 60g - 104322



Maggi  
Chicken Seasoning Powder  
241393



Maggi  
Season-Up All Purpose  
6 x 200g - 225624



Maggi  
Season-Up Chicken  
6 x 200g - 225628



Maggi  
Liquid Seasoning  
6 x 960ml - 227029



Maggi  
Liquid Seasoning  
20 x 200ml - 227033



Maggi  
Original Seasoning  
12 x 100ml - 123816



Maggi  
Hot Seasoning  
12 x 100ml - 123817



Tropical Sun  
Allspice (Liquid Pimento)  
12 x 142ml - 226825



Knorr  
Liquid Seasoning  
12 x 130ml - 246885



Knorr  
Liquid Seasoning  
6 x 250ml - 236600

# Seasonings – Village Pride



Village Pride  
All Purpose Seasoning  
20 x 100g - 243249 - PM



Village Pride  
Chicken Seasoning  
20 x 100g - 243229 - PM



Village Pride  
Mixed Herbs  
20 x 100g - 243258 - PM



Village Pride  
Everyday Seasoning  
20 x 100g - 243251 - PM



Village Pride  
Hot Curry Powder  
20 x 100g - 243253 - PM



Village Pride  
Mild Curry Powder  
20 x 100g - 243255 - PM



Village Pride  
Curry Goat Seasoning  
20 x 100g - 243250 - PM



Village Pride  
Fish Seasoning  
20 x 100g - 243252 - PM



Village Pride  
Thyme  
20 x 100g - 243257 - PM



Village Pride  
Jerk Seasoning  
20 x 100g - 243254 - PM



Village Pride  
Peri Peri Seasoning  
20 x 100g - 243256 - PM



Tropical Sun  
Chip Seasoning  
6 x 130g - 242209



Tropical Sun  
Seasoned Salt  
6 x 200g - 242210



Tropical Sun  
Italian Salad Seasoning  
6 x 150g - 242106



Tropical Sun  
Whole Green Cardamom  
6 x 60g - 241623



Tropical Sun  
Whole Cloves  
6 x 60g - 232795



Tropical Sun  
Rub Rub Sweet Chilli  
6 x 110g - 228496



Tropical Sun  
Rub Rub for Meat  
6 x 100g - 228493



Tropical Sun  
Chip Seasoning  
6 x 130g - 242209



Tropical Sun  
Birds Eye Chillies  
6 x 40g - 240983

# Seasonings - Tropical Sun



Tropical Sun  
Adobo Seasoning  
12 x 100g - 227972



Tropical Sun  
All Purpose Seasoning  
12 x 100g - 101187



Tropical Sun  
Falafel Spice  
6 x 100g - 242094



Tropical Sun  
Arrowroot  
12 x 100g - 100626



Tropical Sun  
Baking Powder  
12 x 150g - 100629



Tropical Sun  
Basil  
12 x 30g - 239740



Tropical Sun  
Bay Leaves  
12 x 10g - 235699



Tropical Sun  
BBQ Seasoning  
12 x 100g - 100176



Tropical Sun  
Beef & Steak Seasoning  
12 x 80g - 235731



Tropical Sun  
Bicarbonate of Soda  
12 x 200g - 100628



Tropical Sun  
Chia Seeds  
6 x 100g - 241311



Tropical Sun  
Black Onion Seeds (Kalonji)  
12 x 90g - 238552



Tropical Sun  
Black Cardamoms Whole  
6 x 50g - 232792



Tropical Sun  
Blue Poppy Seeds  
12 x 100g - 239736



Tropical Sun  
Cajun Seasoning  
12 x 80g - 100126



Tropical Sun  
Caraway Whole  
6 x 100g - 240964



Tropical Sun  
Caribbean Salad Seasoning  
12 x 100g - 100123



Tropical Sun  
Cayenne Pepper  
12 x 100g - 226449



Tropical Sun  
Celery Salt  
12 x 100g - 228289



Tropical Sun  
Celery Seed  
12 x 100g - 237635



# Seasonings – Tropical Sun



Tropical Sun  
Chicken Seasoning  
12 x 100g - 100177



Tropical Sun  
Chilli & Lemon Seasoning  
12 x 100g - 238278



Tropical Sun  
Chilli Powder  
12 x 100g - 229018



Tropical Sun  
Chinese 5 Spice Seasoning  
12 x 100g - 230907



Tropical Sun  
Tagine Spice  
6 x 80g - 242093



Tropical Sun  
Chipotle Chilli Flakes  
6 x 50g - 241039



Tropical Sun  
Chow Mein Seasoning  
12 x 100g - 234944



Tropical Sun  
Cinnamon Sticks  
12 x 30g - 226445



Tropical Sun  
Cinnamon Sugar  
6 x 100g - 232210



Tropical Sun  
Citric Acid  
12 x 150g - 235453



Tropical Sun  
Coarse Black Pepper  
12 x 80g - 235692



Tropical Sun  
Cock Flavour Seasoning  
12 x 100g - 224918



Tropical Sun  
Cow Foot Seasoning  
12 x 100g - 235454



Tropical Sun  
Creole Seasoning  
12 x 100g - 232931



Tropical Sun  
Crushed Red Chillies  
12 x 50g - 226446



Tropical Sun  
Curry Goat Seasoning  
12 x 100g - 224922



Tropical Sun  
Cut Lemon Grass  
12 x 20g - 237634



Tropical Sun  
Dried Thyme  
12 x 40g - 100170



Tropical Sun  
Everyday Seasoning  
12 x 100g - 100175



Tropical Sun  
Fennel Seeds Whole  
6 x 100g - 240968

# Seasonings - Tropical Sun



Tropical Sun  
Fish Seasoning  
12 x 100g - 100178



Tropical Sun  
Five Peppercorn Mix  
12 x 90g - 235452



Tropical Sun  
Garam Masala  
12 x 80g - 239064



Tropical Sun  
Garlic Granules  
12 x 100g - 100131



Tropical Sun  
Garlic Powder  
12 x 100g - 226447



Tropical Sun  
Garlic Salt  
12 x 100g - 100125



Tropical Sun  
Ginger, Garlic & Pimento  
12 x 100g - 227180



Tropical Sun  
Green Cardamoms Whole  
6 x 50g - 232793



Tropical Sun  
Ground Black Pepper  
12 x 100g - 100180



Tropical Sun  
Ground Cinnamon  
12 x 80g - 230906



Tropical Sun  
Ground Cloves  
12 x 30g - 239734



Tropical Sun  
Ground Coriander  
12 x 70g - 235693



Tropical Sun  
Ground Cumin  
12 x 80g - 235695



Tropical Sun  
Ground Mixed Spice  
12 x 80g - 100186



Tropical Sun  
Ground Nutmeg  
12 x 100g - 100182



Tropical Sun  
Ground Pimento  
12 x 100g - 100184



Tropical Sun  
Ground Turmeric  
12 x 80g - 235697



Tropical Sun  
Ground White Pepper  
12 x 100g - 100181



Tropical Sun  
Harissa Spice  
12 x 100g - 230444



Tropical Sun  
Hot & Spicy Seasoning  
12 x 100g - 238279

# Seasonings – Tropical Sun



Tropical Sun  
Hot Curry Powder  
12 x 100g - 100173



Tropical Sun  
Mild Curry Powder  
12 x 100g - 100174



Tropical Sun  
Jamaican Curry Powder  
12 x 100g - 228430



Tropical Sun  
Jollof Seasoning  
12 x 100g - 231746



Tropical Sun  
Juniper Berries  
6 x 50g - 240974



Tropical Sun  
Lamb Seasoning  
12 x 100g - 226009



Tropical Sun  
Lemon Peppa  
12 x 100g - 100611



Tropical Sun  
Mace Ground  
6 x 90g - 240965



Tropical Sun  
Meat Seasoning  
12 x 100g - 100171



Tropical Sun  
Jerk Seasoning  
12 x 100g - 100179



Tropical Sun  
Mint  
12 x 30g - 239741



Tropical Sun  
Mixed Herbs  
12 x 30g - 100171



Tropical Sun  
MSG  
12 x 100g - 226448



Tropical Sun  
Mustard Powder  
6 x 80g - 240966



Tropical Sun  
Mustard Seeds (Brown)  
12 x 100g - 239735



Tropical Sun  
Mutton Seasoning  
12 x 100g - 228084



Tropical Sun  
Onion Powder  
12 x 100g - 228947



Tropical Sun  
Onion Salt  
12 x 100g - 230445



Tropical Sun  
Oregano  
12 x 30g - 100134



Tropical Sun  
Oxtail Seasoning  
12 x 100g - 224921

# Seasonings - Tropical Sun



Tropical Sun  
Paprika  
12 x 100g - 235698



Tropical Sun  
Parsley  
12 x 15g - 239738



Tropical Sun  
Pepperpot Seasoning  
12 x 100g - 100188



Tropical Sun  
Peri Peri Seasoning  
12 x 100g - 104863



Tropical Sun  
Pickling Spice  
6 x 90g - 240979



Tropical Sun  
Pilau Rice Seasoning  
12 x 100g - 239066



Tropical Sun  
Pink Peppercorns  
6 x 50g - 241625



Tropical Sun  
Pizza Seasoning  
12 x 70g - 232932



Tropical Sun  
Pork Seasoning  
12 x 100g - 100127



Tropical Sun  
Rosemary  
12 x 60g - 239739



Tropical Sun  
Sage  
12 x 25g - 239742



Tropical Sun  
Salt & Vinegar Seasoning  
12 x 100g - 230443



Tropical Sun  
Seafood Seasoning  
12 x 100g - 237636



Tropical Sun  
Season It  
12 x 100g - 228216



Tropical Sun  
Seasoning Salt  
12 x 100g - 100187



Tropical Sun  
Sesame Seeds  
12 x 100g - 239737



Tropical Sun  
Smoked Paprika  
12 x 100g - 104599



Tropical Sun  
Sriracha Seasoning  
12 x 100g - 239065



Tropical Sun  
Sumac Ground  
6 x 100g - 240981



Tropical Sun  
Tikka Masala  
12 x 90g - 239062

# Seasonings - Tropical Sun



Tropical Sun  
Tropical Seasoning  
12 x 100g - 100627



Tropical Sun  
Vanilla Pod  
6 x 3g - 237902



Tropical Sun  
Vegetable Seasoning  
12 x 100g - 100172



Tropical Sun  
Whole Black Pepper  
12 x 90g - 235691



Tropical Sun  
Whole Coriander  
12 x 50g - 235694



Tropical Sun  
Whole Cumin  
12 x 80g - 235696



Tropical Sun  
Whole Fenugreek  
12 x 100g - 239655



Tropical Sun  
Whole Nutmeg  
12 x 100g - 100183



Tropical Sun  
Whole Pimento  
12 x 70g - 100185



Tropical Sun  
Whole Star Anise  
12 x 30g - 237633



Tropical Sun  
Five Peppercorn Mix  
6 x 60g - 241630



Tropical Sun  
White Peppercorns  
6 x 100g - 241624



Tropical Sun  
Crushed Red Chillies  
6 x 60g - 241631



Tropical Sun  
Onion & Garlic Mix  
6 x 100g - 242104



Tropical Sun  
Lebanese 7 Spice  
6 x 100g - 242096



Tropical Sun  
Ground Ginger  
6 x 100g - 242092



Tropical Sun  
Fried Rice Seasoning  
12 x 90g - 244476



Tropical Sun  
Rubbed Parsley  
3 x 200g - 243017



Tropical Sun  
Oxtail Seasoning  
3 x 800g - 233400



Tropical Sun  
Peri Peri Seasoning  
3 x 700g - 103009

# Seasonings - Tropical Sun



Tropical Sun  
All Purpose Seasoning  
3 x 700g - 100166



Tropical Sun  
Smoked  
Bar-B-Que Seasoning  
3 x 600g - 100630



Tropical Sun  
Bicarbonate of Soda  
3 x 1kg - 235077



Tropical Sun  
Caribbean Curry - Hot  
3 x 500g - 100163



Tropical Sun  
Caribbean Curry - Mild  
3 x 500g - 100164



Tropical Sun  
Chicken Seasoning  
3 x 600g - 100167



Tropical Sun  
Complete Seasoning  
3 x 400g - 241533



Tropical Sun  
Onion Powder  
3 x 550g - 242103



Tropical Sun  
Onion Granules  
3 x 600g - 246084



Tropical Sun  
Curry Goat Seasoning  
3 x 500g - 233401



Tropical Sun  
Everyday Seasoning  
3 x 700g - 100165



Tropical Sun  
Fish Seasoning  
3 x 700g - 100168



Tropical Sun  
Garlic Granules  
3 x 650g - 100140



Tropical Sun  
Garlic Powder  
3 x 550g - 100631



Tropical Sun  
Ground Mixed Spice  
3 x 500g - 224890



Tropical Sun  
Jamaican Jerk Seasoning  
3 x 650g - 100169



Tropical Sun  
Jamaican Curry Powder  
3 x 500g - 228426



Tropical Sun  
Lamb Seasoning  
3 x 500g - 226010



Tropical Sun  
Mixed Herbs  
3 x 165g - 100162



Tropical Sun  
Meat Seasoning  
3 x 650g - 227324

# Seasonings



Tropical Sun  
Oregano  
3 x 150g - 245863



Tropical Sun  
Dried Thyme  
3 x 250g - 100161



Dunn's River  
All Purpose Seasoning  
12 x 100g - 222349 / 3 x 700g - 222226



Dunn's River  
BBQ Seasoning  
12 x 100g - 222041 / 3 x 600g - 222063



Dunn's River  
Chicken Seasoning  
12 x 100g - 222169 / 3 x 600g - 222052



Dunn's River  
Everyday Seasoning  
12 x 100g - 222233 / 3 x 700g - 222227



Dunn's River  
Fish Seasoning  
12 x 100g - 222362 / 3 x 700g - 222363



Dunn's River  
Jerk Seasoning  
12 x 100g - 222045



Dunn's River  
Ground Pimento  
12 x 100g - 222100



Dunn's River  
Hot Curry Powder  
12 x 100g - 222124 / 3 x 500g - 222264



Dunn's River  
Mild Curry Powder  
12 x 100g - 222125 / 3 x 500g - 222239



Dunn's River  
Ground Black Pepper  
12 x 100g - 222350



Africa's Finest  
Curry Powder  
12 x 30g - 242904



Africa's Finest  
Dried Thyme  
12 x 15g - 242903



Africa's Finest  
Jollof Seasoning  
12 x 100g - 102961



Africa's Finest  
Jollof Seasoning  
3 x 600g - 100633



Africa's Finest  
Efo Seasoning  
12 x 100g - 102963



Africa's Finest  
Obe Ata Seasoning  
12 x 100g - 102962



Africa's Finest  
Lagos Chilli Pepper  
12 x 100g - 104100



Africa's Finest  
Suya Pepper Mix  
12 x 100g - 225192

# Seasonings – Pegasus



Pegasus  
Ground Cinnamon  
12 x 25g - 100991



Pegasus  
Curry Powder  
12 x 25g - 100997



Pegasus  
Ground Black Pepper  
12 x 25g - 100988



Pegasus  
Whole Black Pepper  
12 x 25g - 100989



Pegasus  
Ground White Pepper  
12 x 25g - 100990



Pegasus  
Ground Garlic  
12 x 45g - 101013



Pegasus  
Ground Ginger  
12 x 25g - 100993



Pegasus  
Ground Nutmeg  
12 x 25g - 100995



Pegasus  
Ground Turmeric  
12 x 25g - 100996



Pegasus  
Whole Cloves  
12 x 20g - 100992



Pegasus  
Ground Mixed Spice  
12 x 25g - 100994



Pegasus  
Basil  
12 x 20g - 100999



Pegasus  
Mint  
12 x 15g - 100998



Pegasus  
Mixed Herbs  
12 x 15g - 102138



Pegasus  
Oregano  
12 x 15g - 102139



Pegasus  
Parsley  
12 x 15g - 101002



Pegasus  
Sage  
12 x 15g - 102158



Pegasus  
Thyme  
12 x 25g - 101006



Pegasus  
Baking Powder  
12 x 100g - 101007



Pegasus  
Bicarbonate of Soda  
12 x 100g - 101009





Aani  
Bay Leaves  
20 x 50g - 245660



Aani  
Black Pepper Coarse  
20 x 100g - 246400 / 20 x 300g - 245667



Aani  
Black Pepper Powder  
20 x 100g - 246401 / 20 x 300g - 245666



Aani  
Black Pepper Whole  
20 x 100g 246399 / 20 x 200g - 245655



Aani  
Chilli Powder  
20 x 100g - 246402 / 10 x 400g - 245668



Aani  
Chilli Powder  
3 x 5kg - 245973



Aani  
Chilli Powder Extra Hot  
20 x 100g 246403 / 10 x 400g - 245875



Aani  
Chilies Crushed  
15 x 100g - 246408 / 10 x 250g - 245665



Aani  
Chilies Crushed  
3 x 3kg - 245974



Aani  
Chillies Whole (Stemless)  
10 x 150g - 245657



Aani  
Ceylon Cinnamon Sticks  
12 x 50g PM - 239156



Aani  
Cloves Whole  
20 x 50g - 246405 / 20 x 200g - 245658



Aani  
Cumin Powder (Jeera)  
20 x 100g - 246409 / 10 x 400g - 245670



Aani  
Cumin Whole (Jeera)  
15 x 100g - 246410 / 10 x 400g - 245659



Aani  
Organic Curry Leaves  
10 x 30g - 232610



Aani  
Garlic Powder  
20 x 100g - 246412 / 10 x 400g - 245671



Aani  
Ginger Powder  
20 x 100g - 246413



Aani  
Poha Medium Rice Flakes  
15 x 300g - 245662



Aani  
Poha Thick Rice Flakes  
15 x 300g - 245663

# Seasonings - Aani



Aani  
Sago Seeds Medium (Tapioca)  
10 x 300g - 245884



Aani  
Sago Seeds Small (Tapioca)  
10 x 300g - 245971



Aani  
Tamarind Slab (with seeds)  
10 x 200g - 246040 / 50 x 200g - 245664



Aani  
Turmeric Powder (Haldi)  
20 x 100g - 246416 / 10 x 400g - 245672



Aani  
Turmeric Powder (Haldi)  
3 x 5kg - 245972



Aani  
Ajwain Seeds  
15 x 100g - 246394



Aani  
Amchur Powder  
20 x 100g - 246396



Aani  
Anardana Powder  
20 x 100g - 246395



Aani  
Garam Masala  
20 x 100g - 246411



Aani  
Tandoori Masala  
20 x 100g - 246412



Aani  
Black Mustard Seeds Small  
20 x 100g - 246398



Aani  
Cinnamon Powder (Cassia)  
20 x 100g - 246404



Aani  
Coriander Powder (Dhania)  
20 x 100g - 246406 / 10 x 400g - 245669



Aani  
Coriander Whole (Dhania)  
10 x 100g - 246407



Greenfields  
Basil  
8 x 50g - 239763



Greenfields  
Cayenne Pepper  
12 x 75g - 103540



Greenfields  
Chia Seeds  
12 x 100g - 234914



Greenfields  
Cinnamon Sticks  
12 x 5's - 103505



Greenfields  
Coriander Leaves  
8 x 35g - 239764



Greenfields  
Curry Leaves  
6 x 12g - 234656

# Seasonings - Greenfields



Greenfields  
Hibiscus Flower  
6 x 65g - 239767



Greenfields  
Kaffir Lime Leaves  
6 x 20g - 225279



Greenfields  
Hot Chilli Flakes  
12 x 75g - 239827



Greenfields  
Lemon Grass  
8 x 50g - 239918



Greenfields  
Mint  
8 x 50g - 239768



Greenfields  
Oregano  
8 x 50g - 239769



Greenfields  
Mixed Herbs  
8 x 50g - 239919



Greenfields  
Onion Powder  
12 x 75g - 239826



Greenfields  
Parsley  
8 x 40g - 239770



Greenfields  
Ras-El-Hanout  
12 x 75g - 103546



Greenfields  
Rosemary  
8 x 75g - 239824



Greenfields  
Sage Leaves  
8 x 50g - 239772



Greenfields  
Smoked Paprika  
12 x 75g - 234657



Greenfields  
Thyme  
8 x 75g - 239804



Aani  
Curry Powder Hot  
12 x 100g - 238039 / 6 x 425g - 238041



Aani  
Curry Powder Mild  
12 x 100g - 238035



Bolst's  
Curry Powder Hot  
12 x 100g - 112046 / 6 x 425g - 112045



Bolst's  
Curry Powder Mild  
12 x 100g - 112047 / 6 x 425g - 112045



Bolst's  
Curry Powder Hot  
6 x 400g - 112043



Bolst's  
Curry Powder Mild  
6 x 400g - 112042

# Seasonings - Rajah



Rajah  
All Purpose Seasoning 10 x 100g - 231712  
10 x 400g - 112088 / 6 x 1kg - 112100



Rajah  
BBQ Seasoning  
10 x 100g - 231714



Rajah  
Chicken Seasoning 10 x 100g - 231713  
10 x 400g - 112087 / 6 x 1kg - 112102



Rajah  
Fish Seasoning  
10 x 100g - 231692 / 10 x 400g - 112305



Rajah  
Beef Steak Seasoning  
10 x 100g - 231691



Rajah  
Chilli & Lemon Seasoning  
10 x 100g - 231716



Rajah  
Hot & Spicy Seasoning  
10 x 100g - 231694



Rajah  
Jerk Seasoning  
10 x 100g - 231715



Rajah  
Lamb Seasoning  
10 x 100g - 231718



Rajah  
Garlic & Coriander Seasoning  
10 x 100g - 231717



Rajah  
Coarse Black Pepper  
10 x 100g - 231693 / 9 x 400g - 231696



Rajah  
Ground Black Pepper  
10 x 100g - 231728 / 9 x 400g - 112114



Rajah  
Whole Black Pepper  
10 x 100g - 231724 / 9 x 400g - 112149



Rajah  
Ground White Pepper  
10 x 100g - 231729



Rajah  
Caribbean Hot Curry Powder  
10 x 100g - 231706



Rajah  
Caribbean Mild Curry Powder  
10 x 100g - 231695





Rajah Hot Madras  
Curry Powder 10x100g - 231707  
10 x 400g - 112111 / 6 x 1kg - 112383



Rajah Mild Madras  
Curry Powder 10 x 100g - 231708  
10 x 400g - 112160 / 6 x 1kg - 112384



Rajah  
Mixed Curry Powder  
10 x 400g - 112237 / 6 x 1kg - 121151

		<h2>FULL PRODUCT RANGE</h2>			
231712	All Purpose Seasoning	10 x 100g	231733	Fennel Seeds Whole (Saunf)	10 x 85g
112088	All Purpose Seasoning	10 x 400g	231692	Fish Seasoning	10 x 100g
112100	All Purpose Seasoning	6 x 1kg	112305	Fish Seasoning	10 x 400g
231720	Bay Leaves	10 x 10g	231698	Garam Masala	10 x 85g
231714	BBQ Seasoning	10 x 100g	112268	Garam Masala	10 x 400g
231691	Beef Steak Seasoning	10 x 10g	231717	Garlic & Coriander Seasoning	10 x 100g
104649	Black Mustard Seeds Whole	10 x 100g	231699	Garlic Powder	10 x 100g
242024	Black Mustard Seeds Whole	10 x 400g	112394	Garlic Powder	10 x 400g
231693	Black Pepper Coarse	10 x 100g	231700	Ginger Ground	10 x 85g
231696	Black Pepper Coarse	10 x 400g	120520	Ginger Ground	10 x 300g
231728	Black Pepper Ground	10 x 100g	231705	Haldi Ground (Turmeric)	10 x 100g
112114	Black Pepper Ground	10 x 400g	212068	Haldi Ground (Turmeric)	10 x 400g
231724	Black Pepper Whole	10 x 100g	112288	Haldi Ground (Turmeric)	6 x 1kg
231706	Caribbean Hot Curry Powder	10 x 100g	231694	Hot & Spicy Seasoning	10 x 100g
231695	Caribbean Mild Curry Powder	10 x 100g	231704	Jeera Ground (Cumin)	10 x 100g
112160	Caribbean Mild Curry Powder	10 x 400g	112102	Jeera Ground (Cumin)	10 x 400g
231721	Cassia Bark	10 x 100g	112182	Jeera Ground (Cumin)	6 x 1kg
231713	Chicken Seasoning	10 X 100g	231723	Jeera Whole (Cumin)	10 x 100g
112087	Chicken Seasoning	10 x 400g	231719	Jeera Whole (Cumin)	10 x 400g
112012	Chicken Seasoning	6 x 1kg	231715	Jerk Seasoning	10 x 100g
231716	Chilli & Lemon Seasoning	10 x 100g	231718	Lamb Seasoning	10 x 100g
231710	Chilli Powder Extra Hot	10 x 100g	231707	Madras Curry Powder Hot	10 x 100g
112607	Chilli Powder Extra Hot	10 x 400g	112111	Madras Curry Powder Hot	10 x 400g
112191	Chilli Powder Extra Hot	6 x 1kg	231708	Madras Curry Powder Mild	10 x 100g
231697	Chilli Powder	10 x 400g	112384	Madras Curry Powder Mild	6 x 1kg
112150	Chilli Powder	6 x 1kg	231730	Meat Tenderiser	10 x 100g
112168	Chilli Powder	10 x 100g	231732	Methi Whole (Fenugreek Seeds)	10 x 100g
231727	Cinnamon Powder	10 x 400g	112037	Mixed Curry Powder Extra Hot	10 x 400g
231725	Cloves Whole	6 x 1kg	125561	Mixed Curry Powder Extra Hot	6 x 1kg
112076	Crushed Red Chilli	10 x 200g	112237	Mixed Curry Powder Mild	10 x 400g
112111	Curry Powder Hot	10 x 400g	121151	Mixed Curry Powder Mild	6 x 1kg
112383	Curry Powder Hot	6 x 1kg	231709	Paprika Powder	10 x 100g
112160	Curry Powder Mild	10 x 400g	112109	Paprika Powder	10 x 400g
112384	Curry Powder Mild	6 x 1kg	112286	Paprika Powder	6 x 1kg
231711	Dhania Ground (Coriander)	10 x 100g	231726	Red Chilli Whole	10 x 40g
112193	Dhania Ground (Coriander)	10 x 400g	231690	Tandoori Masala	10 x 100g
112389	Dhania Ground (Coriander)	6 x 1kg	120650	Tandoori Masala	10 x 400g
231722	Dhania Whole (Coriander)	10 x 50g	231729	White Pepper Ground	10 x 100g

# Seasonings - Caribbean



Tropical Sun  
Jamaican Curry Powder  
20 x 100g - 228910 / 12 x 500g - 234420



Spanish Town  
Jamaican Curry Powder  
40 x 110g - 243447 / 20 x 450g - 243446



Betapac  
Curry Powder  
40 x 110g - 151240 / 20 x 450g - 151260



Golden Tropical  
Curry Powder  
20 x 110g - 239746 / 10 x 450g - 239747



Mr Brown's  
Fish & Meat Curry  
15 x 140g - 102872



Mr Brown's  
Curry Seasoning  
8 x 400g - 233678



Baron  
Curry Powder  
25 x 85g - 104946



Chief  
Curry Powder  
10 x 85g - 228103



Chief  
Curry Powder  
10 x 230g - 155925



Chief  
Duck & Goat Curry Powder  
10 x 85g - 101408



Chief  
Duck & Goat Curry Powder  
10 x 230g - 228063 / 5 x 500g - 244984



Chief  
Roasted Geera  
10 x 230g 225213



Chief  
Amchar Masala  
10 x 230g - 228939



Chief  
Instant Pholourie Mix  
10 x 300g - 227553



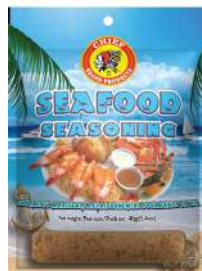
Chief  
All Purpose Seasoning  
12 x 40g - 238231



Chief  
Chow Mein Seasoning  
12 x 40g - 229886



Chief  
Jerk Seasoning  
12 x 40g - 238237



Chief  
Seafood Seasoning  
12 x 40g 227899



Chief  
Fish Seasoning  
12 x 40g - 238235



Chief  
Fried Rice Seasoning  
12 x 40g - 238239

# Seasonings



Chief  
Chicken Seasoning  
12 x 40g - 238233



Kala Brand by Chief  
Curry Powder  
10 x 85g - 244990



Kala Brand by Chief  
Curry Powder  
1.5kg - 120019



Tropical Sun  
Flavour Enhancer (MSG)  
20 x 100g - 226732 / 10 x 500g - 227040



AJI-NO-MOTO  
Umami Seasoning (MSG)  
12 x 1kg - 232941



Lotus  
Flavour Enhancer (MSG)  
10 x 100g - 231734 / 10 x 500g - 312087



Lion  
Dried Thyme (Nigeria)  
12 x 10g - 119109 - 144 x 10g - 119113



Lion  
Curry Powder (Nigeria)  
12 x 25g - 119112 / 144 x 25g - 119135



Ducros  
Curry Powder  
12 x 25g - 229916 / 144 x 25g - 236256



Ducros  
Dried Thyme  
12 x 25g - 103109 / 144 x 25g - 236257



Tropical Sun  
Linseed  
20 x 100g - 100071



Tropical Sun  
Pimento Seeds  
20 x 100g - 123715



Tropical Sun  
Whole Nutmeg  
10 x 80g - 127191



Tropical Sun  
Moringa Leaves  
10 x 20g - 238089



Tropical Sun  
Moringa Powder  
10 x 50g - 242297



Tropical Sun  
Moring Seeds  
10 x 50g - 234474



Tropical Sun  
Soursop Leaves  
10 x 20g - 238090



Tropical Sun  
Soursop Powder  
10 x 50g - 242298



Tropical Sun  
Cerasse Leaves  
10 x 20g - 234477



Tropical Sun  
Cinnamon Leaves  
10 x 20g - 242181

# Coatings



Tropical Sun  
Coat & Bake Chicken Mix  
6 x 300g - 229722



Tropical Sun  
Hot & Spicy Chicken Fry Mix  
6 x 300g - 229723



Tropical Sun  
Hot & Fiery Jerk Fry Mix  
6 x 300g - 229724



Tropical Sun  
Lemon & Pepper Chicken Fry Mix  
6 x 300g - 229725



Tropical Sun  
Original Chicken Fry Mix  
6 x 300g - 229726



Tropical Sun  
Peri Peri Chicken Fry Mix  
6 x 300g - 229727



Tex's  
Aunty Nell's Fish Seasoning  
12 x 300g - 222280



Tex's  
BBQ Seasoning  
12 x 300g - 222237



Tex's  
Coat & Bake Chicken Mix  
12 x 300g - 222236



Tex's  
Exotic Curry Seasoning  
12 x 300g - 222234



Tex's  
Family Chicken Seasoning  
12 x 300g - 222235



Tex's  
Hot & Spicy Chicken Coating  
12 x 300g - 100432



Tex's  
Hot & Spicy Chicken Coating  
6 x 700g - 100433



Tex's  
Jamaican Curry Powder  
12 x 250g - 222182



Tex's  
Jerk Seasoning  
12 x 300g - 100099



Tex's  
Kentucky Fried Chicken Coating  
12 x 300g - 222147



Tex's  
Kentucky Fried Chicken Coating  
6 x 700g - 222143



Tex's  
Tropical Seasoning  
12 x 300g - 222240



Shads  
Fish & Meat Seasoning  
12 x 300g - 102865



Shads  
Tasty Chicken Coating  
12 x 300g - 102870



# African - Pouno Iyan



Tropical Sun  
Pouno Iyan  
20 x 500g - 140064



Tropical Sun  
Pouno Iyan  
6 x 1.5kg - 140063



Tropical Sun  
Pouno Iyan  
3 x 5kg - 241613



Africa's Finest  
Pouno Iyan  
6 x 680g - 231010



Africa's Finest  
Pouno Iyan  
3 x 4kg - 242189



Africa's Finest  
Pouno Iyan  
1 x 4kg - 238870



Africa's Finest  
Pouno Iyan  
1 x 9kg - 155200



Lagos  
Pounded Yam  
4 x 2kg - 131055



Lagos  
Pounded Yam  
4kg - 243713



Eniola's  
Pouno Iyan  
10 x 1.5kg - 310040 / 4 x 4kg - 310007



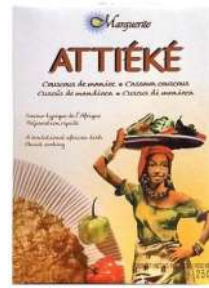
Olu Olu  
Pound'ol Iyan 10 x 1.2kg - 104700  
1 x 4kg - 104701 / 1 x 8kg - 104702



MP  
Pouno Iyan  
6 x 1.5kg - 155002 / 3 x 4kg - 155017



Ayoola  
Pouno Yam  
10 x 1.8kg - 246874 / 4 x 5kg - 246966



Marguerite  
Attiéké  
6 x 250g - 115004 / 6 x 500g - 105040



GraceCo Foods  
Yellow Ogi (Maize)  
12 x 500g - 100471



GraceCo Foods  
White Ogi (Maize)  
12 x 500g - 100472



Honeywell  
Semolina  
5 x 1.8kg - 104688 / 4.75kg - 104622



Honeywell  
Whole Wheat Meal  
5 x 1.8kg - 103419 / 1 x 4.75kg - 225374



Golden Penny  
Amazing Day Breakfast Cereal  
6 x 600g - 235964

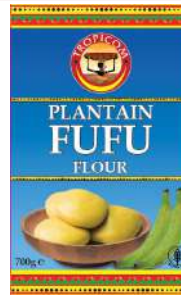
# African - Fufu



Africa's Finest  
Plantain Fufu  
6 x 680g - 239761



Africa's Finest  
Plantain Fufu  
4kg - 242912 / 3 x 4kg - 243697



Tropicom  
Plantain Fufu  
6 x 700g - 244138 / 24 x 700g - 244137



Tropicom  
Plantain Fufu  
4 x 3.5kg - 244975



Tropicom  
Plantain Fufu  
4kg - 244978



Ghana Best  
Plantain Fufu  
6 x 680g - 244046



Mama's Choice  
Plantain Fufu  
6 x 624g - 104425 / 24 x 624g - 102429



Mama's Choice  
Plantain Fufu  
10 x 1.5kg - 234980 / 4 x 4.08kg - 104800



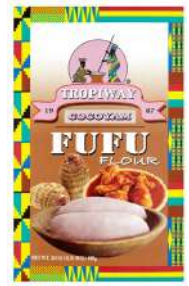
Tropiway  
Plantain Fufu  
6 x 681g - 115131 / 24 x 681g - 115130



Africa's Finest  
Cocoyam Fufu  
6 x 680g - 239789



Tropicom  
Cocoyam Fufu  
6 x 700g - 244139 / 24 x 700g - 244140



Tropiway  
Cocoyam Fufu  
6 x 681g - 115144 / 24 x 681g - 115143



Mama's Choice  
Cocoyam Fufu  
6 x 624g - 236941 / 24 x 624g - 102430



Sankofa  
Fufu  
4 x 2kg - 131053



LDVINE  
Oat Fufu  
10 x 1.5kg - 102256



AFP  
Fufu Potato Flakes  
1 x 5kg - 225248 / 1 x 10kg - 232835



Africa's Finest  
Fufu Flakes  
5kg - 247584 / 10kg - 244245



Tropical Sun  
Fufu Flakes  
6 x 1kg - 246162



Golden Penny  
Semovita  
10 x 1kg - 101368 / 5 x 2kg - 101369



Golden Penny  
Semovita  
5kg - 101656 / 10kg - 243135

# African – Flours / Gari



Tropical Sun  
Ijebu Gari  
3 x 5kg - 242072



Tropical Sun  
Yellow Gari  
3 x 5kg - 242073



Tropical Sun  
Farina  
1 x 5kg - 229887 - 3 x 5kg - 242074



Tropical Sun  
Gari White  
1 x 5kg - 103306 / 3 x 5kg - 240680



Tropical Sun  
Mashed Potato  
1 x 5kg - 229888 / 3 x 5kg - 242070



Tropical Sun  
Semolina Coarse  
1 x 5kg - 226546 / 3 x 5kg - 240679



Africa's Finest  
Farina  
1 x 4kg - 238871



Africa's Finest  
Mash Potato  
1 x 4kg - 238867



Africa's Finest  
Semolina Coarse  
1 x 4kg - 238868



Africa's Finest  
Gari  
1 x 4kg - 238869



Africa's Finest  
Ijebu Gari  
4kg - 247690



Africa's Finest  
Yellow Gari  
4kg -



Africa's Finest  
Gari  
6 x 2kg - 237374



Africa's Finest  
Gari  
6 x 1.5kg 242628



Africa's Finest  
Ijebu Gari  
5kg - 233530 / 10kg - 233529



Africa's Finest  
Yellow Gari  
5kg - 245441 / 10kg - 246193



Africa's Finest  
Cassava Flour  
6 x 1kg - 242627



Iwisa  
Maize Meal  
10 x 1kg - 101411



Iwisa  
Maize Meal  
10 x 2kg - 118716



Iwisa  
Maize Meal  
4 x 5kg - 226966

# African - Speciality



Iwisa  
Maize Meal  
1 x 10kg - 101410



Iwisa  
Samp  
10 x 1kg - 101619



Iwisa  
Maize Rice  
10 x 1kg - 233710



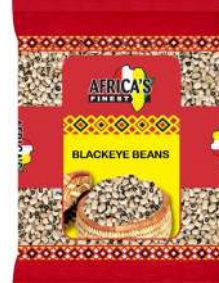
Iwisa  
Porridge Original  
10 x 1kg - 233708



Iwisa  
Porridge Vanilla  
10 x 1kg - 233709



Oxford  
Cabin Biscuits  
12 x 400g - 100798



Africa's Finest  
Blackeye Beans  
1 x 4kg - 244071



Africa's Finest  
Brown Beans  
1 x 4kg - 240256



Africa's Finest  
Honey Beans Oloyin  
1 x 4kg - 240257



Africa's Finest  
Peeled Beans  
1 x 4kg - 244072



Tropical Sun  
Peeled Beans  
1 x 5kg - 100952 / 3 x 5kg - 242069



Tropical Sun  
Blackeye Beans  
1 x 5kg - 101674 / 3 x 5kg - 240681



Tropical Sun  
Honey Beans (Oloyin)  
1 x 5kg - 101657 / 3 x 5kg - 242076



Tropical Sun  
Brown Beans  
1 x 5kg - 101118 / 3 x 5kg - 242077



Nestlé  
Golden Morn  
12 x 300g - 246143 / 6 x 900g - 246100



Ghana Best  
Banku Mix  
2 x 700g - 241814



Ghana Best  
Hausa Koko  
12 x 700g - 241813



Ghana Best  
Tom Brown  
12 x 700g - 241815



Africa's Finest  
Pure Zobo/Sobolo  
10 x 100g - 239438 / 50 x 100g - 239437



Tom Tom  
Strong Menthol  
24 x 168g - 155034

# African – Custard / Shito



Checkers  
Custard Powder Vanilla  
12 x 400g - 243814 / 4x 1kg - 247010



Checkers  
Custard Powder Vanilla  
3 x 2kg - 246101



Checkers  
Custard Powder Banana  
12 x 400g - 243813 / 4 x 1kg - 247048



Checkers  
Custard Powder Banana  
3 x 2kg - 246102



Custard  
Powder Milk 3-in-1  
6 x 400g - 247046 / 3 x 1kg - 247047



Custard  
Custard Powder Milk 3-in-1  
3 x 1.5kg - 246618



Checkers  
Corn Flour  
12 x 400g - 244973 / 4 x 1kg - 246992



Lady B  
Custard Powder  
24 x 500g - 103448



Lady B  
Custard Powder  
4 x 2kg - 224557

Shito



Africa's Finest  
Shito Hot  
12 x 160g - 104923



Africa's Finest  
Shito Hot  
6 x 330g - 229537



Africa's Finest  
Shito Mild  
12 x 160g - 229448



Africa's Finest  
Shito Mild  
6 x 330g - 229538



Ghana Best  
Shito Hot  
12 x 160g - 100965



Ghana Best  
Shito Hot  
6 x 250g - 238357



Ghana Best  
Shito Mild  
12 x 160g - 100966



Ghana Best  
Shito Mild  
6 x 250g - 238356



Africa's Finest  
Jollof Cooking Sauce  
6 x 350g - 228809

# African - Ingredients



Africa's Finest  
Achi  
10 x 80g - 227830



Africa's Finest  
Bitter Leaf  
10 x 25g - 227856



Africa's Finest  
Bonga (Shawa) Fillet  
10 x 100g - 227816



Africa's Finest  
Crayfish Ground  
10 x 40g - 227859 / 10 x 70g - 227858



Africa's Finest  
Crayfish Ground  
10 x 150g - 247189 / 5 x 300g - 247190



Africa's Finest  
Crayfish Whole  
10 x 40g - 227809 / 10 x 70g - 227801



Africa's Finest  
Crayfish Whole  
10 x 150g - 227814 / 5 x 300g - 247191



Africa's Finest  
Dried Catfish Fillet  
10 x 100g - 227799 / 10 x 200g - 227815



Africa's Finest  
Dried Catfish Fillet  
5 x 400g - 235546



Africa's Finest  
Dried Efrin (Scent Leaf)  
10 x 25g - 246591



Africa's Finest  
Dried Shrimp  
10 x 80g - 103886



Africa's Finest  
Dried Tilapia Fillet  
10 x 100g - 227808



Africa's Finest  
Ehuru Ground  
10 x 70g - 242649



Africa's Finest  
Ehuru Seeds  
10 x 50g - 242238



Africa's Finest  
Egusi Ground  
10 x 100g - 227807 / 10 x 400g - 227812



Africa's Finest  
Egusi Whole  
10 x 100g - 227803 / 10 x 200g - 227806



Africa's Finest  
Ground Okra  
10 x 100g - 227863



Africa's Finest  
Ground Smoke fish  
10 x 120g - 227828



Africa's Finest  
Herring Fillet  
10 x 100g - 227817



Africa's Finest  
Hot Pepper Ground  
10 x 70g - 227802

# African - Ingredients



Africa's Finest  
Hot Pepper Whole  
10 x 70g - 227797



Africa's Finest  
Iru Ground  
10 x 70g - 244831



Africa's Finest  
Iru Whole  
10 x 70g - 243815



Africa's Finest  
Ogbono Ground  
10 x 70g - 227865



Africa's Finest  
Ogbono Whole  
10 x 70g - 227805



Africa's Finest  
Pepper Soup Mix  
10 x 70g - 227834



Africa's Finest  
Prawns Ground  
10 x 40g - 235270 / 10 x 70g - 237113



Africa's Finest  
Prawns Whole Smoked  
10 x 40g - 227818 / 10 x 70g - 227819



Africa's Finest  
Smoked Barracuda Fillet  
10 x 100g - 103451



Africa's Finest  
Smoked Catfish Strips  
10 x 100g - 246588 / 10 x 200g - 246589



Africa's Finest  
Smoked Catfish Strips  
5 x 400g - 246590



Africa's Finest  
Stockfish Ground  
10 x 100g - 227825



Africa's Finest  
Stockfish Cod  
10 x 100g - 227824 / 10 x 250g - 227823



Africa's Finest  
Stockfish Fillet  
10 x 100g - 227826 / 10 x 200g - 246592



Africa's Finest  
Stockfish Tusk  
10 x 100g - 227800 / 10 x 250g - 227860



Africa's Finest  
Stockfish Tusk  
10 x 500g - 227861



Africa's Finest  
Suya Mixed Powder  
10 x 70g - 227829



Africa's Finest  
Ugu Leaves  
10 x 25g - 227831



Africa's Finest  
Uziza Leaves  
10 x 25g - 228930



African Sun  
Bitter Leaves  
10 x 25g - 104206

# African - Ingredients



African Sun  
Bonga Fillet (Shawa)  
10 x 100g - 225130



African Sun  
Crayfish Ground  
10 x 40g - 104184



African Sun  
Crayfish Whole  
10 x 40g - 380037



African Sun  
Crushed Chillies  
10 x 100g - 229820



African Sun  
Dried Anchovies  
10 x 80g - 104183



African Sun  
Dried Catfish Fillet  
10 x 100g - 103266



African Sun  
Dried Efrin (Scent Leaf)  
10 x 25g - 226760



African Sun  
Egusi Ground  
10 x 100g - 226762



African Sun  
Egusi Whole  
10 x 100g - 102480



African Sun  
Ground Peanut  
10 x 200g - 229822



African Sun  
Hot Pepper Ground  
10 x 80g - 177008



African Sun  
Hot Pepper Whole  
10 x 70g - 380065



African Sun  
Fish Powder  
10 x 100g - 229821



African Sun  
Nigerian Ginger Powder  
10 x 100g - 229818



African Sun  
Ogbono Ground  
10 x 70g - 380073



African Sun  
Ogbono Whole  
10 x 70g - 380072



African Sun  
Prawns Ground  
10 x 40g - 380023



African Sun  
Prawns Whole  
10 x 40g - 380068



African Sun  
Stockfish Head  
10 x 400g - 229826



African Sun  
Stockfish Cod  
10 x 100g - 226759



# African - Palm Nut Soup



African Sun  
Stockfish Fillet  
10 x 250g - 229825



African Sun  
Stockfish Steak  
10 x 250g - 229827



African Sun  
Stockfish Trimmings  
10 x 100g - 227862 / 10 x 250g - 229824



African Sun  
Stockfish Tusk  
10 x 100g - 226758



African Sun  
Suya Mixed Powder  
10 x 70g - 101167



African Sun  
Ugu Leaves  
10 x 25g - 100639



African Sun  
Utazi Leaf  
10 x 25g - 100395



African Sun  
Uziza Leaf  
10 x 25g - 100396

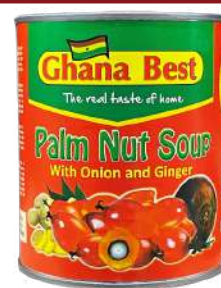
**Palm Nut  
Soup**



Ghana Best  
Palm Nut Soup  
12 x 400g - 901705 / 24 x 400g - 103303



Ghana Best  
Palm Nut Soup  
6 x 800g - 404005 / 12 x 800g - 103313



Ghana Best  
Palm Nut Soup Onion & Ginger  
12 x 800g - 237372



Ghana Best  
Abemudro  
12 x 400g - 245977 / 12 x 800g - 103307



Ghana Best  
Garden Eggs (Aubergine)  
12 x 800g - 900045



Ghana Best  
Kontomire (Cocoyam/Taro Leaves)  
12 x 800g - 229864



Ghana Best  
Abekonto  
6 x 800g - 246911



Africa's Finest  
Banga Soup Base  
12 x 800g - 231292



Africa's Finest  
Palm Nut Soup  
12 x 800g - 150440



Africa's Finest  
Pea Aubergine  
12 x 800g - 237373

# African - Palm Nut Soup



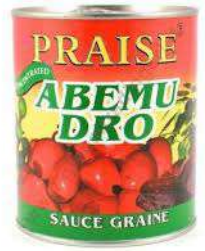
Praise  
Palm Nut Cream  
12 x 400g - 231327



Praise  
Palm Nut Cream  
12 x 800g - 103391



Praise  
Palm Nut Cream Ginger & Onion  
12 x 800g - 237859



Praise  
Abemudro  
6 x 800g - 901708 / 12 x 800g - 122115



Nkulenu's  
Palm Soup Base  
12 x 400g - 229937



Nkulenu's  
Palm Soup Base  
12 x 780g - 229936



Nkulenu's  
Prekese & Abedru Palm Soup  
12 x 780g - 237310



Trofai  
Palm Nut Concentrate  
6 x 400g - 150434 / 24 x 400g - 150435



Trofai  
Palm Nut Concentrate  
6 x 800g - 150306



Ghana Fresh  
Palm Nut Cream  
12 x 400g - 150436



Ghana Fresh  
Palm Nut Cream  
12 x 800g - 232366



La Vivrière  
Araw  
20 x 350g - 225798



La Vivrière  
Thiacy  
20 x 400g - 225608



La Vivrière  
Thiére Lalo  
20 x 400g - 228985



La Vivrière  
Soungouf  
20 x 400g - 167074



Ferrero  
Cous Cous  
12 x 500g - 200029



Ferrero  
Cous Cous  
10 x 1kg - 118211



Fay Foods  
Buns Mix  
12 x 600g - 239448



Fay Foods  
Puff Puff Mix  
12 x 650g - 239446



# Snacks - Chips



Tropical Sun  
Plantain Chips Salted  
6 x 450g - 245571



Tropical Sun  
Plantain Chips Sweet  
6 x 450g - 245570



Tropical Sun  
Plantain Chips Lemon  
6 x 450g 245572



Tropical Sun  
Plantain Chips Spicy Lemon  
6 x 450g - 245573



Tropical Sun  
Plantain Chips Sweet Chilli  
6 x 450g - 245574



Tropical Sun  
Ripe Plantain Chips Chilli  
6 x 450g - PM 246485



Tropical Sun  
Plantain Chips Salted  
12 x 70g - 239441



Tropical Sun  
Plantain Chips Sweet  
12 x 70g 239442



Tropical Sun  
Plantain Chips Chilli  
12 x 70g - 238043



Village Pride  
Plantain Chips Salted  
24 x 75g - 225910



Village Pride  
Plantain Chips Sweet  
24 x 75g - 225909



Village Pride  
Plantain Chips Chilli  
24 x 75g - 225912



Village Pride  
Cassava Chips Salted  
6 x 350g - PM 248218



Tropical Sun  
Cassava Chips Salted  
12 x 80g - 231424



Tropical Sun  
Cassava Chips Unsalted  
12 x 80g - 233808



Tropical Sun  
Cassava Chips BBQ  
12 x 80g - 231297



Tropical Sun  
Cassava Chips Chilli & Lime  
12 x 80g - 130010



Tropical Sun  
Cassava Chips Carolina Reaper  
12 x 80g - 246315



Rancrisp  
Cassava Chips Hot & Spicy  
24 x 100g - 245393

# Snacks - Caribbean



Olu Olu  
Plantain Chips Green  
24 x 60g - 101189



Olu Olu  
Plantain Chips Sweet  
24 x 60g - 126009



Olu Olu  
Plantain Chips Chilli  
24 x 60g - 101195



Exotic  
Plantain Chips Natural  
30 x 75g - 100326



Exotic  
Plantain Chips Chilli  
30 x 75g - 100327



Exotic  
Plantain Chips Salted  
30 x 75g - 100331



St Mary's  
Banana Chips  
24 x 30g - 226353



St Mary's  
Banana Chips  
24 x 71g - 165001



St Mary's  
Banana Chips Family  
30 x 142g - 234448



St Mary's  
Banana Chips Extra Crunchy  
100 x 30g - 227452



St Mary's  
Banana Chips Fire  
12 x 42g - 241699



Sunshine Snacks  
Cheezies Original  
8 x 12 x 45g - 103913



Sunshine Snacks  
Cheezies Original  
8 x 225g - 103916



Sunshine Snacks  
Cheezies Jalapeno  
8 x 12 x 45g - 225638



Sunshine Snacks  
Zoomers  
48 x 30g - 224329



Sunshine Snacks  
Caramel Crunch Popcorn  
30 x 110g - 103905



Sunshine Snacks  
Cheese Puffs Spicy  
48 x 30g - 231029



Sunshine Snacks  
Cheese Puffs  
48 x 30g - 236406



Sunshine Snacks  
Cheese Puffs  
10 x 215g - 104065



Big Foot  
Original  
96 x 25g - 236538

# Snacks - Caribbean



Excelsior  
Water Crackers (Blue)  
16 x 150g - 226749



Excelsior  
Water Crackers (Red)  
6 x 300g - 226750



Excelsior  
Water Crackers Cinnamon  
24 x 143g - 222090



Excelsior  
Cheese Krunchies  
24 x 36 x 50g - 222292



Butterkist  
Paco Butter  
36 x 50g - 227463



Butterkist  
Paco Festival  
36 x 50g - 506011



Butterkist  
Sandwich Strawberry  
36 x 55g - 506072



Butterkist  
Sandwich Vanilla  
36 x 55g - 50607



Wibisco  
Shirley Biscuits  
12 x 100g - 222089



Wibisco  
Shirley Biscuits Coconut  
12 x 100g - 165005



Ovaltine  
Biscuits (Jamaica)  
60 x 38g - 112402



Ovaltine  
Biscuits (Jamaica)  
8 x 150g - 235217 / 24 x 150g - 112405



SkyFlakes  
Snack Pack  
20 x 10 x 25g - 101226



SkyFlakes  
Crackers  
6 x 800g - 101230



My Flakes  
Crackers  
8 x 850g - 237537



Maliban  
Lemon Puff Biscuits  
15 x 200g - 230121



Maliban  
Gem Biscuits  
30 x 200g - 230120



Parle-G  
Biscuits  
24 x 79.9g - 230411 / 144 x 79.9g - 230332



Parle-G  
Krackjack Biscuits  
12 x 60g - 230429 / 48 x 60g - 230334



Parle-G  
Monaco Biscuits  
25 x 63g - 230430 / 50 x 63g - 230333

# Snacks - Chin Chin



Africa's Finest  
Chin Chin  
12 x 80g - 230483



Africa's Finest  
Chin Chin  
12 x 250g - 235709 / 6 x 500g - 234454



Africa's Finest  
Chin Chin  
4 x 950g - 236956



Africa's Finest  
Chin Chin Coconut  
12 x 80g - 230727



Africa's Finest  
Chin Chin Coconut  
12 x 250g - 235710 / 6 x 500g - 234455



Africa's Finest  
Chin Chin Coconut  
4 x 950g - 236957



Africa's Finest  
Chin Chin Peanut  
12 x 250g - 235711



Africa's Finest  
Chin Chin Peanut  
6 x 500g - 234456



African Sun  
Chin Chin Original  
20 x 80g - 225582



African Sun  
Chin Chin Original  
12 x 250g - 247174 / 6 x 500g - 247175



African Sun  
Chin Chin Original  
4 x 950g - 247176



African Sun  
Chin Chin Coconut  
20 x 80g - 225524



African Sun  
Chin Chin Coconut  
12 x 250g - 247171 / 6 x 500g - 247172



African Sun  
Chin Chin Coconut  
4 x 950g - 247173



African Sun  
Chin Chin Peanut  
12 x 250g - 247177



African Sun  
Chin Chin Peanut  
6 x 500g - 247178



Tropicom  
Chin Chin  
6 x 450g - 238070 / 4 x 900g - 238068



Tabitha's  
Chin Chin  
18 x 140g - 103404



Tabitha's  
Chin Chin  
18 x 200g - 100680 / 6 x 800g - 102452



# Caribbean - Buns / Cheese / Rum Cakes / Spreads



Honeybun  
Jamaican Spiced Bun  
5 x 795g - 229252 / 1 x 795g - 227066



Honeybun  
Jamaican Penny Fruit Bun  
16 x 128g - 229253



Buccaneer  
Jamaican Rum Cake Original  
10 x 58g - 227635



Buccaneer  
Jamaican Rum Cake Fruit  
10 x 74g - 230276



Buccaneer  
Jamaican Rum Cake Coconut  
10 x 58g - 230474



Tropical Sun  
Processed Cheese  
12 x 300g - 228110 / 24 x 300g - 227950



Tropical Sun  
Processed Cheese  
12 x 170g - 150080 / 48 x 170g - 150095



Tropical Sun  
Processed Cheese (Jumbo)  
6 x 340g - 229913 / 24 x 340g - 229762



Kraft  
Processed Cheese  
6 x 190g - 231786



Tortuga  
Rum Cake Original  
1 x 454g - 236449 / 20 x 454g - 236312



Tortuga  
Mini Rum Cake Original 3-pack  
3 x 112g - 239305



Tortuga  
Rum Cake Banana  
1 x 454g - 238047 / 20 x 454g - 237998



Tortuga  
Rum Cake Fruit  
20 x 625g - 100606



Tortuga  
Rum Cake Chocolate  
1 x 454g - 238048 / 20 x 454g - 237999



Tortuga  
Rum Cake Cinnamon & Raisin  
1 x 454g - 100614 / 20 x 454g - 100604



Golden Ray  
Margarine  
12 x 227g - 246594 / 36 x 227g - 232226



Chiffon  
Soft Margarine (Jamaica)  
12 x 227g - 104534



Goldseal  
Margarine (Jamaica)  
12 x 227g - 155045 / 36 x 227g - 162042



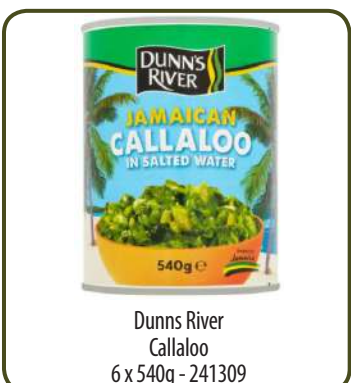
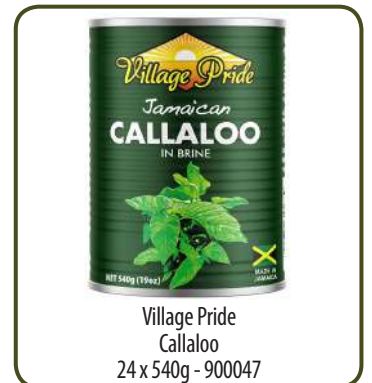


# JAMAICAN CLASSICS

Hand picked and preserved with just a dash of salt for maximum freshness and flavour.



# Ackee & Callaloo - Made in Jamaica





Tropical Sun  
Cock Soup 12 x 50g - 227822  
144 x 50g - 228159



Tropical Sun  
Chicken Noodle Soup 12 x 60g - 227820  
144 x 60g - 228158



Tropical Sun  
Fish Tea Soup 12 x 45g - 227821  
144 x 45g - 228160



Tropical Sun  
Pumpkin Soup 12 x 50g - 227586  
144 x 50g - 227895



Tropical Sun  
Caribbean Vegetable 12x45g-227811  
144 x 45g - 227810



Grace  
Pumpkin Soup 12 x 50g - 152096  
144 x 50g - 152095



Grace  
Cock Soup 12 x 50g - 222174  
144 x 50g - 222170



Grace  
Chicken Noodle Soup 12 x 50g - 152071  
144 x 50g - 152070



Spicy Hill Farms  
Scotch Bonnet Pepper  
24 x 25g - 101680



Spicy Hill Farms  
Ram Goat Soup  
12 x 60g - 101123 / 96 x 50g - 232277



Spicy Hill Farms  
Ram it Up Curry Goat Booster  
24 x 20g - 102370 / 96 x 20g - 226895



Home Choice  
Pumpkin Soup  
10 x 10 x 45g - 247229



Home Choice  
Ram Goat Soup  
10 x 10 x 45g - 247228



Home Choice  
Ram Goat Curry Booster  
10 x 50 x 15g - 247237



Knorr  
Spring Vegetable Soup  
9 x 48g - 227386



Knorr  
Chicken Noodle Soup  
12 x 51g - 122011

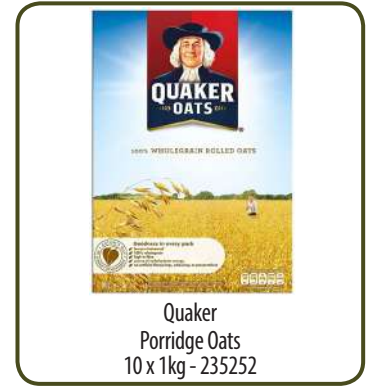
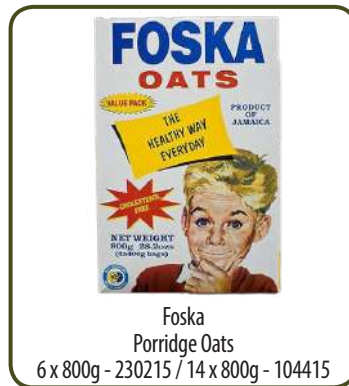


Knorr  
Minestrone Soup  
9 x 62g - 227388



Knorr  
Thick Vegetable Soup  
9 x 75g - 227387

# Hot Cereals



# Confectionary



Colombina Jumbo Candy Balls  
Cherry & Blue Raspberry  
1 x 120's - 100193 / 16 x 120's - 129938



Colombina Jumbo Candy Balls  
Jumbo Mint Balls  
1 x 120's - 129936 / 16 x 120's - 129937



Colombina Jumbo Candy Balls  
Jumbo Spearmint Balls  
1 x 120's - 100190 / 16 x 120's - 100852



Colombina  
Ginger Hard Candy  
1 x 2.27kg - 237915 / 8 x 2.27kg - 227554



Colombina  
Soft Mint Puffs  
1 x 170g - 234304 / 12 x 170g - 224745



Colombina  
Starlight Mints 5lb  
1 x 2.27kg - 229042 / 8 x 2.27kg - 229041



Bon Bon Bum  
Assorted Lollipops  
1 x 24's - 237315 / 15 x 24's - 237312



Bon Bon Bum  
Assorted Lollipops (Surtido)  
1 x 100's - 231522



Bon Bon Bum  
Berry Explosion  
1 x 100's - 246009 / 6 x 100's - 233071



Bon Bon Bum  
Strawberry Lollipops  
1 x 24's - 233069 / 15 x 24's - 233072



Bon Bon Bum  
Mango Lollipops  
1 x 24's - 237460 / 15 x 24's - 233073



KC Candy  
Ginger Mints  
12 x 90g - 229351



KC  
Candy Dinner Mints  
12 x 90g - 229350



KC  
Candy Clear Mints  
12 x 90g - 224777



KC  
Candy Choco Fill Mints  
12 x 90g - 122037



KC  
Candy Fruit Chews  
12 x 90g - 233427



KC  
Candy Fun Mix  
12 x 90g - 224773



Honeycomb  
Tamarind Balls  
60 x 75g - 151151

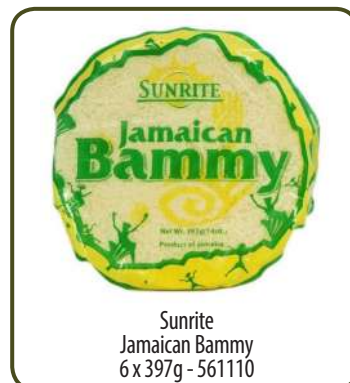


Tropical Sun  
Busta Sweets  
1 x 200's - 227460



Island Choice  
Busta Sweets  
12 x 10 pieces - 234559

# Mauby - Cassareep



# Caribbean - Speciality



Tropical Sun  
Natural Sorrel 6 x 10 x 50g - 246800 /  
5 x 10 x 100g - 227084



Tropical Sun  
Natural Sorrel Jumbo  
12 x 250g - 103799



Village Pride  
Natural Sorrel  
10 x 100g - 234292 / 50 x 100g - 234293



Tropical Sun  
Isinglass  
10 x 10g - 150120



Village Pride  
Raw Irish Moss  
10 x 80g - 244130



Jamaican Pride  
Irish Moss  
10 x 100g - 241846



Tropical Sun  
Macaroni & Cheese  
12 x 206g - 228484 / 24 x 206g - 227233



Shavuot  
Moringa Powder  
12 x 40g - 230785



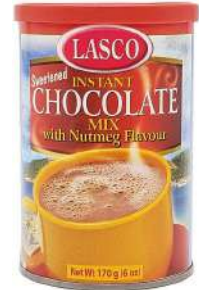
Shavuot  
Scotch Bonnet Pepper Powder  
6 x 35g - 140109



Betapac  
Jamaican Curry Powder  
40 x 110g - 151240 / 20 x 450g - 151260



Spanish Town  
Jamaican Curry Powder  
40 x 110g - 243447 / 20 x 450g - 243446



Lasco  
Instant Chocolate with Nutmeg  
48 x 170g - 226802



Home Choice  
Ginger Extract  
6 x 454ml - 232874 / 24 x 454ml - 229470



Home Choice  
Turmeric Ginger Extract  
6 x 454ml - 243418 / 24 x 454ml - 243417



Home Choice  
Lime Ginger Mix  
24 x 454ml - 247232



Home Choice  
Sorrel Extract  
6 x 454ml - 247335 / 24 x 454ml - 247231



Home Choice  
Jamaican Ginger Beer  
24 x 500ml - 247230



Home Choice  
Pepper Shrimps  
20 x 12g - 238280 / 10 x 20 x 12g - 238317



Home Choice  
Sweet & Spicy Pepper Sauce  
24 x 150ml - 247234



Home Choice  
Scotch Bonnet Pepper Sauce  
24 x 150ml - 247235

# General Grocery



Pegasus Plain Flour  
12 x 500g - PM 247069



Pegasus Self-Raising Flour  
12 x 500g - PM 247070



Pegasus Plain Flour  
10 x 1kg - 245189 PM



Pegasus Self-Raising Flour  
10 x 1kg - 245207 PM



Pegasus Baking Powder  
12 x 100g - 101007



Pegasus Bicarbonate of Soda  
12 x 100g - 101009.



Pegasus Cornflour  
12 x 250g - 244446



Pegasus Cornflour  
6 x 500g - 241633



Pegasus Cornflour  
4 x 3kg - 232359



Brown & Polson Cornflour  
12 x 250g - 122021



Brown & Polson Cornflour  
10 x 500g - 122034



McDougalls Plain Flour  
12 x 500g - 115405 / 10 x 1.1kg - 237010



McDougalls Self Raising Flour  
12 x 500g - 115402 / 10 x 1.1kg - 237011



McDougalls Yeast  
10 x 56g - 182008



Allinson's Yeast  
10 x 125g - 120045



Borwick's Bicarbonate of Soda  
12 x 100g - 231430



Borwick's Baking Powder  
12 x 100g - 231431



Heinz Baked Beans  
24 x 415g - 121577



Tropical Sun Baked Beans  
12 x 400g - PM 246305



Tropical Sun Corn Starch  
6 x 800g - PM 246596





Aani  
Mango Pulp Alphonso Slices  
6 x 850g - 232132



Aani  
Mango Pulp Kesari  
6 x 850g - 232130



Aani  
Wet Tamarind  
6 x 400g - 236618



Aani  
Wet Tamarind with Seeds  
6 x 400g - 242325



Aani  
Ceylon Cinnamon Sticks  
12 x 50g PM - 239156



Vamino  
Soy Milk  
24 x 300ml - 235521



SaVia  
Korean Ginseng with Root  
10 x 120g - 107102



Aani  
Rose Syrup  
12 x 725ml - 243588



Aani  
Rose Water  
12 x 300ml - 247654 / 24 x 300ml - 246453



Aani  
Rose Water  
6 x 800ml - 247653 / 12 x 800ml - 246452



Tropical Sun  
Rose Water  
12 x 190ml - 230913



Tropical Sun  
Kewra Water  
12 x 190ml - 230912



Khanum  
Butter Ghee  
12 x 500g - 112263 / 12 x 1kg - 112261



Khanum  
Butter Ghee  
6 x 2kg - 112262



Plough  
Butter Ghee  
6 x 500g - 151235



Tamarind Farm  
Sweet Tamarind Fresh  
16 x 400g - 237544



Tropical Sun  
Desiccated Coconut Fine  
6 x 1kg - 232934



Tropical Sun  
Desiccated Coconut Medium  
6 x 1kg - 232933



Tropical Sun  
Pearl Barley  
20 x 500g - 162068

# Asian – Grocery



Tropical Sun  
Ground Rice  
6 x 1.5kg - 140059 / 20 x 500g - 162032



Tropical Sun  
Rice Flour  
6 x 1.5kg - 155172 / 3 x 5kg - 242078



Tropical Sun  
Red Lentils  
6 x 2kg - 140058 / 1 x 5kg - 234857



Tropical Sun  
Whole Juwar (Sorghum)  
10 x 500g - 241322



Patak's  
Biryani Paste  
6 x 283g - 114321



Patak's  
Sweet Mango Chutney  
6 x 340g - 104542



Patak's  
Curry Paste Mild  
6 x 283g - 114318



Patak's  
Chilli Pickle  
6 x 283g - 114308



Patak's  
Raita  
6 x 170g - 242565



Patak's  
Garlic Pickle  
6 x 300g - 114306



Patak's  
Kashmiri Masala Paste  
6 x 295g - 114322



Patak's  
Lime Pickle Hot  
6 x 283g - 114311



Patak's  
Lime Pickle Mild  
6 x 283g - 114341



Patak's  
Madras Curry Paste  
6 x 283g - 114340



Patak's  
Mango Pickle Hot  
6 x 283g - 114303



Patak's  
Mango Pickle Mild  
6 x 283g - 114305



Patak's  
Mixed Pickle  
6 x 283g - 114315



Patak's  
Tandoori Paste  
6 x 312g - 114310



Patak's  
Tikka Marinade Paste  
6 x 300g - 114342



Patak's  
Tikka Masala Paste  
6 x 283g - 114388

# Mediterranean – Bevelini



Bevelini  
Brown Lentils  
6 x 500g - 235601



Bevelini  
Butter Beans  
6 x 500g - 235600



Bevelini  
Chick Peas  
6 x 500g - 235605



Bevelini  
Blackeye Beans  
6 x 500g - 235603



Bevelini  
Cous Cous  
6 x 500g - 235607



Bevelini  
Yellow Split Peas  
6 x 500g - 235608



Bevelini  
Pickled Garlic  
12 x 235g - 238292



Bevelini  
Cornichons  
12 x 340g - 241841



Bevelini  
Gardiniera Mixed Vegetables  
6 x 480g - 242369



Bevelini  
All Star Pepper Mix  
6 x 315g - 235563



Bevelini  
Green Peppers  
6 x 440g - 235556



Bevelini  
Green Jalapenos Sliced  
6 x 480g - 235555



Bevelini  
Red & Green Jalapenos Sliced  
6 x 480g - 235557



Bevelini  
Roasted Red Peppers  
6 x 465g - 235554



Bevelini  
Tahini  
6 x 300g - 235583



Bevelini  
Roasted Aubergine Spread  
6 x 200g - 246324



Bevelini  
Roasted Red Pepper Tomato Spread  
6 x 200g - 246325



Bevelini  
Garlic Spread  
6 x 200g - 246326



Bevelini  
Sweet Gherkin Relish  
6 x 200g - 246327



Bevelini  
Sweet Sliced Gherkins  
6 x 705g - 246070

# Mediterranean – Bevelini



Bevelini  
Pitted Black Olives  
12 x 340g - 242923



Bevelini  
Pitted Green Olives  
12 x 340g - 242926



Bevelini  
Green Olives with Peppers  
12 x 340g - 242927



Bevelini  
Green Olives with Garlic  
6 x 365g - 235621



Bevelini  
Green Olives with Jalapenos  
6 x 360g - 242373



Bevelini  
Green & Red Hot Chillies  
6 x 280g - 235558



Bevelini  
Hot & Sweet Jalapenos  
6 x 400g - 242372



Bevelini  
Sundried Tomatoes with Balsamic Vinegar  
6 x 310g - 242371



Bevelini  
Sundried Tomatoes with Herbs  
6 x 310g - 242370



Bevelini  
Balsamic Vinegar  
6 x 250ml - 238103



Bevelini  
Kolymvari Extra Virgin Olive Oil  
6 x 500ml - 235586



Bevelini  
Extra Virgin Olive Oil  
6 x 750ml - 235585



Bevelini  
Extra Virgin Olive Oil  
4 x 5L - 235584



Bevelini  
Lemon Juice Squeezy  
12 x 200ml - 244065



Bevelini  
Lemon Dressing  
12 x 350ml - 235587



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lime Juice Squeezy  
12 x 200ml - 244066



Bevelini  
Lime Juice  
4 x 4L - 242976



Bevelini  
Oregano  
10 x 30g - 235610



Bevelini  
Black Pepper Coarse  
10 x 100g - 236313

# South American – Goya



*¡Si es GOYA ...tiene que ser bueno!*



Goya  
Cornmeal White Masarepa  
10 x 1kg - 247096



Goya  
Cornmeal White Masarepa  
4 x 2kg - 247098



Goya  
Cornmeal Yellow Masarepa  
10 x 1kg - 247095



Goya  
Cornmeal Sweet Masarepa  
14 x 500g - 247097



Goya  
Adobo with Pepper  
6 x 225g - 247411



Goya  
Adobo without Pepper  
6 x 225g - 247412



Goya  
Perfect Seasoning  
6 x 156g - 247422



Goya  
Perfect Seasoning  
6 x 312g - 247421



Goya  
Red Kidney Beans  
12 x 425g - 247081



Goya  
Small Red Beans  
12 x 439g - 247082



Goya  
Small Red Beans in Sauce  
12 x 425g - 247077



Goya  
Antioquia Red Beans in Sauce  
12 x 425g - 247080



Goya  
Black Beans  
12 x 439g - 247084



Goya  
Black Beans in Sauce  
12 x 425g - 247079



Goya  
Black Beans Caraotas in Sauce  
12 x 425g - 247078

*If it's GOYA ...it has to be good!*

**Masarepa**  
NEW!

GLUTEN FREE

NO OMG

# South American – Goya



Goya  
Green Pigeon Peas  
24 x 425g - 247074



Goya  
Green Pigeon Peas  
12 x 825g - 247075



Goya  
Green Pigeon Peas with Coconut  
12 x 425g - 247076



Goya  
Pinto Beans  
12 x 439g - 247083



Goya  
Black Beans  
15 x 500g - 247085



Goya  
Blackeye Beans  
15 x 500g - 247093



Goya  
Bola Roja Beans  
6 x 500g - 247413



Goya  
Central American Red Silk Beans  
6 x 500g - 247414



Goya  
Dry Fava Beans  
12 x 500g - 247415



Goya  
Green Peas  
18 x 500g - 247415



Goya  
Green Split Peas  
18 x 500g - 247087



Goya  
Red Cargamanto Beans  
6 x 500g - 247419



Goya  
Small Red Beans  
6 x 500g - 247420



Goya  
Brown Cane Sugar Panela  
12 x 454g - 247417



Goya  
Brown Sugar Cane Panela 2-pack  
12 x 454g - 247416



Goya  
Unrefined Cane Sugar  
6 x 400g - 247418



# South American – Goya



Goya  
Sazón with Saffron  
6 x 40g - 247424



Goya  
Sazón with Coriander & Annatto  
6 x 40g - 247423



Goya  
Soda Manzana (Apple)  
6 x 2L - 247950



Goya  
Soda Oro Andino  
6 x 2L - 247948



Goya  
Soda Tropical  
6 x 2L - 247949



Goya  
Papaya Chunks in Syrup (Ancel)  
6 x 963g - 247933



Goya  
Hot Sauce Chipotle Pepper  
6 x 226ml - 247943



Goya  
Hot Sauce Jalapeno  
6 x 226ml - 247945



Goya  
Mountain Dried Corn  
6 x 500g - 247917



Goya  
White Hominy Corn  
6 x 500g - 247921



Goya  
Golden Hominy Corn  
6 x 500g - 247923



Goya  
Giant White Corn (Mote)  
6 x 500g - 247919



Goya  
Purple Corn Flour  
6 x 400g - 247929



Goya  
EV Olive Oil Unico Premium  
6 x 500ml - 247925



Goya  
Guava Jam  
6 x 420g - 247935



Goya  
Mango Jam  
6 x 420g - 247935



Goya  
Passion Fruit Jam  
6 x 420g - 247939



Goya  
Guava Paste  
2.2kg (100 x 22g) - 247947



Goya  
Guava Paste  
12 x 595g - 247094

# American



Indian Head  
White Cornmeal  
8 x 2.27kg - 151000



Indian Head  
Yellow Cornmeal  
15 x 907g - 300230



Maseca  
Instant Corn Masa Flour  
10 x 1.8kg - 103993



Argo  
Corn Starch 16oz  
6 x 454g - 234969 / 12 x 454g - 236319



Tropical Sun  
Corn Starch  
6 x 800g - PM 246596



Kraft  
Mac & Cheese  
12 x 206g - 103191 / 35 x 206g - 103696



Tropical Sun  
Mac & Cheese  
6 x 206g - 246596 / 24 x 206g - 227233



Cream of Wheat  
Original Hot Cereal  
6 x 340g - 234400 / 12 x 340g - 230597



Cream of Wheat  
Original Hot Cereal  
6 x 794g - 129024



Old Bay  
Seasoning USA  
8 x 170g - 233543



Old Bay  
Seasoning USA  
6 x 280g - 239588



Maizena  
Corn Starch  
6 x 400g - 231015



Arm & Hammer  
Baking Soda  
12 x 227g - 241786



Kool Aid  
Strawberry Tub  
12 x 538g - 900004



Kool Aid  
Cherry Tub  
12 x 538g - 104153



Kool Aid  
Tropical Tub  
12 x 538g - 109907



Kool Aid  
Grape Sachet  
48s - 120001



Kool Aid  
Sharkleberry  
48s - 228125



Kool Aid  
Black Cherry  
48s - 228126



# Organic – Vegan



Tropical Sun  
Organic Apple Cider Vinegar  
6 x 473ml - 104636



Tropical Sun  
Organic Apple Cider Vinegar  
6 x 946ml - 104663



Bragg  
Apple Cider Vinegar  
12x473ml - 103928 / 12x946ml - 224487



Tropical Sun  
Organic Coconut Milk  
6 x 400ml - 150129



Tropical Sun  
Organic Coconut Flour  
12 x 500g - 235534



Aani  
Organic Curry Leaves  
10 x 30g - 232610



Tropical Sun  
Organic Agave Syrup  
6 x 370g - 238911



Tropical Sun  
Organic Honey  
6 x 340g - 232514



Tropical Sun  
Organic Honey Squeezy  
6 x 340g - 239029



Rose Hall  
Pure Noni Juice  
6 x 1L - 244098



KTC  
Organic Virgin Coconut Oil  
6 x 250ml - 234988



Tropical Sun  
Yellow Jackfruit in Syrup  
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun  
Young Green Jackfruit in Brine  
6 x 560g - 233876 / 24 x 560g - 235035



Tropical Sun  
Young Green Jackfruit in Water  
12 x 400g - 238096



Tropical Sun  
BBQ Jackfruit  
12 x 400g - 243908



Tropical Sun  
Tex Mex Jackfruit  
12 x 400g - 243909



Tropical Sun  
Yellow Jackfruit in Syrup  
6 x 565g - 230886 / 24 x 565g - 230885



Tropical Sun  
Banana Blossom  
12 x 400g - 238097



Tropical Sun  
Condensed Coconut Milk (Dairy Free)  
6 x 320ml - 236758



Tropical Sun  
Evaporated Coconut Milk (Dairy Free)  
6 x 400ml - 238295

# Chilled – Saltfish

# CAPTAIN COOK



Captain Cook  
Skinless Boneless Saltfish  
10 x 250g - 238100



Captain Cook  
Skinless Boneless Saltfish  
8x250g - 238224 (HB)



Captain Cook  
Skinless Boneless Saltfish  
12 x 400g - 239329



Captain Cook  
Salted Cod  
10 x 250g-238461



Captain Cook  
Salted Cod  
8 x 250g-238225 (HB)



Captain Cook  
Salted Cod Fillets Jumbo  
6 x 350g - 238397



Captain Cook  
Whole Smoked Mackerel  
1 x 6kg - 237225



Captain Cook  
Whole Smoked Herring  
1 x 6kg - 237226



Captain Cook  
Loose Herring (Box)  
1 x 6kg - 237227



Blue Ocean  
Skinless Boneless Saltfish  
10 x 275g - 210080



Stockfish  
Heads Bale  
30kg - 211880



Stockfish  
Cod Bale  
45kg - 118720



Stockfish  
Tusk Bale  
45kg - 211870



Mystry  
Dried Panga Catfish  
18 x 400g - 150150



Ham  
Triple Smoked Shoulder (Seasonal)  
Per kg - 303030



Ham  
Triple Smoked Knuckle (Seasonal)  
Per kg - 238229



Ghana Best  
Corn Dough  
10 x 1kg - 101365 / 5 x 2kg - 100968



Ghana Best  
Cassava Dough  
10 x 1kg - 237192 / 5 x 2kg - 100967



Exotic Foods  
Corn Dough  
4 x 2kg - 246025



Tropical Sun  
Jamaican Jerk Seasoning  
4 x 4.2kg - 930002



Tropical Sun  
Jamaican Jerk Seasoning  
22.5kg - 225575



Tropical Sun  
Red Kidney Beans  
6 x 2.5kg - 230636



Tropical Sun  
Chick Peas  
6 x 2.5kg - 101075



Tropical Sun  
Green Jackfruit in Brine  
6 x 3.05kg - 237416



Tropical Sun  
Coconut Milk  
6 x 2.9L - 230858



Tropical Sun  
Coconut Milk Natural  
6 x 1L - 232499



Royal Sun  
Chopped Tomatoes  
6 x 2.5kg - 414006



Royal Sun  
Peeled Plum Tomatoes  
6 x 2.5kg - 151380



Pegasus  
Tomato Paste  
4 x 4.5kg - 245984



Royal Sun  
Tomato Ketchup  
2 x 4kg - 230527



Royal Sun  
Distilled Vinegar  
4 x 5L - 230550



Royal Sun  
Malt Vinegar  
4 x 5L - 230551



Pegasus  
Distilled Vinegar  
4 x 5L - 246780



Tropical Sun  
Golden Breadcrumbs  
3kg - 229345



Tropical Sun  
Natural Breadcrumbs  
3kg - 229346



Pegasus  
Cooking Salt  
25kg - 246792



Pegasus  
Cooking Salt  
12.5kg - 101375



Bevelini  
Tahini  
5kg - 237944 / 2 x 5kg - 242001



Tropical Sun  
Pure Natural Honey  
4.5kg - 241183

# Catering



Bevelini  
Lemon Juice  
4 x 4L - 235588



Bevelini  
Lemon Dressing  
4 x 4L - 246418



Bevelini  
Lime Juice  
4 x 4L - 242976



Pegasus  
Macaroni  
3 x 3kg - 243834



Pegasus  
Penne Pasta  
3 x 3kg - 244829



Pegasus  
Spaghetti  
4 x 3kg - 246610



Pegasus  
Fusilli Pasta  
2 x 3kg - 244830



Aani  
Turmeric Powder (Haldi)  
3 x 5kg - 245972



Aani  
Chilli Powder  
3 x 5kg - 245973



Aani  
Chilli Powder Extra Hot  
3 x 5kg - 246819



Aani  
Crushed Chillis  
3 x 5kg - 245974



Tropical Sun  
Golden Sella Rice  
20kg - 230701



Tropical Sun  
Premium Basmati Rice  
20kg - 228116



Aani  
Basmati Rice  
20kg - 101016



Tropical Sun  
Easy Cook Rice  
20kg - 100088



Village Pride  
Easy Cook Rice  
20kg - 227275



Pegasus  
Fragrant Rice  
20kg - 227974



Tropical Sun  
Condensed Milk Catering  
6 x 1kg - 231409



Tropical Sun  
Thai Sweet Chilli Sauce  
6 x 1L - 245471



Tropical Sun  
Jerk BBQ Sauce  
6 x 1kg - 225336

# Catering – Bulk Flours



Africa's Finest  
White Gari  
20kg - 150009



Tropical Sun  
White Gari (Grade 1)  
25kg - 150012



Africa's Finest  
Yellow Gari  
20kg - 150045



Africa's Finest  
Ijebu Gari  
20kg - 123881



Tropical Sun  
Yellow Gari  
25kg - 155132



Tropical Sun  
Rice Flour  
25kg - 162060



Tropical Sun  
Ground Rice  
25kg - 131101



Tropical Sun  
Pounded Iyan  
25kg - 225585



Tropical Sun  
Bean Flour  
20kg - 161624



Tropical Sun  
Farina  
25kg - 150108



Tropical Sun  
Mashed Potato  
25kg - 150109



Africa's Finest  
Cassava Flour  
20kg - 151140



Africa's Finest  
Yam Flour (Elubo)  
20kg - 102622



Pegasus  
Granulated Sugar  
25kg - 247986



Pegasus  
Plain Flour  
25kg - 225520



Pegasus  
Self Raising Flour  
25kg - 239321



Tropical Sun  
Semolina Coarse  
16kg - 227838



Tropical Sun  
Semolina Coarse  
25kg - 162004



Tropical Sun  
Semolina Fine  
25kg - 162005



# Catering



Crabeye Beans  
25kg - 136044



Brown Beans  
20kg - 140051



Tropical Sun  
Peeled Beans  
20kg - 161625



Honey Beans (Oloyin)  
20kg - 140049



White Hominy Corn  
25kg - 150089



Yellow Hominy Corn  
25kg - 103901



Red Kidney Beans  
25kg - 140081



Blackeye Beans  
25kg - 140043



Tate & Lyle  
Granulated Sugar  
25kg - 123011



Tropical Sun  
Demerara Sugar  
25kg - 123019



Tropical Sun  
Vegetable Oil  
10L - 102268



Tropical Sun  
Vegetable Oil  
20L 229486



Tropical Sun  
Vegetable Oil PET  
20L - 102201



Tropical Sun  
Sunflower Oil  
2 x 10L - 238058



Tropical Sun  
Rapeseed Oil  
20L - 235414



KTC  
Vegetable Oil  
20L - 118621



Tropical Sun  
Palm Oil  
4 x 4.5L - 103317



Tropical Sun  
Zomi Oil  
4 x 4.5L - 103319



AFM  
Restaurant Charcoal  
12kg - 238044



Big K  
Lumpwood Charcoal  
5kg - 103626

# Non-Foods



Benjamins  
Bay Rum Pimento  
12x250ml - 224475 / 24x250ml - 800055



Benjamins  
Bay Rum Menthol  
12x250ml - 500012 / 24x250ml - 500011



Benjamins  
Bay Rum  
12x250ml - 800004 / 24x250ml - 800003



Benjamins  
Rubbing Alcohol  
12x250ml - 500022 / 24x250ml - 500021



Benjamins  
Rubbing Alcohol  
6x500ml - 500028 / 24x500ml - 500029



Benjamins  
Rubbing Alcohol Wintergreen  
12x250ml - 224474 / 6 x 500ml - 224479



Benjamins  
Florida Water 12 x 60ml - 500017  
12x120ml - 500042 / 12x240ml - 226639



Benjamins  
Kananga Water 12 x 60ml - 500013  
12x120ml - 500048 / 12x240ml - 239190



Benjamins  
Honey Time  
6 x 140ml - 800030



Benjamins  
Mineral Oil  
12 x 120ml - 103338



Benjamins  
Olive Oil  
12x60ml - 500058 / 12x120ml - 104537



Benjamins  
Healing Oil  
12x60ml - 500025 / 36x60ml - 500024



Benjamins  
Castor Oil  
12 x 120ml - 229414



Benjamins  
Eucalyptus Oil  
12 x 30ml - 500010



Benjamins  
Rose Water  
12 x 120ml - 227456



Benjamins  
Rose Water with Almond  
12 x 120ml - 500057



Tropical Sun  
Eucalyptus Oil  
12 x 30ml - 231148



Tropical Sun  
Peppermint Oil  
12 x 28ml - 231146



Samaritan  
Olive Oil  
12 x 92ml - 102757



Samaritan  
Olive Oil  
12 x 185ml - 102756

# Non-Foods



Ferrol Compound

6 x 200ml - 242260 / 24 x 200ml - 233080



Ferrol Compound

6 x 500ml - 179003 / 12 x 500ml - 179002



Ferrol Multivitamin

6 x 200ml - 179000 / 24 x 200ml - 179001



Nutrophos Nerve Tonic

6 x 200ml - 179021 / 6 x 500ml - 179032



Rogers Beef & Iron Wine

6 x 200ml - 179010 / 24 x 200ml - 179009



Codol Compound

6 x 500ml - 179015 / 12 x 500ml - 179016



Euthymol Toothpaste

12 x 75ml - 236446



Limacol Original

6x250ml - 179027 / 24x250ml - 179028



Limacol Original

6 x 500ml - 179011 / 12 x 500ml - 179006



Limacol Menthol

6 x 250ml - 179018 / 24 x 250ml - 179008



Limacol Menthol

6 x 500ml - 179018 / 12 x 500ml - 179019



Alcolado Glacial

12x125ml - 226685 / 24x125ml - 102290



Alcolado Glacial

6 x 500ml - 226684 / 12 x 500ml - 102289



Hemani Avocado Oil

6 x 30ml - 246700



Hemani Aniseed Oil

6 x 30ml - 241498



Hemani Black Pepper Oil

6 x 30ml - 246209



Hemani Blackseed Oil

6 x 60ml - 236324 / 6 x 125ml - 241501



Hemani Blackseed & Flaxseed Oil

6 x 125ml



Hemani Cinnamon Oil

6 x 30ml - 246212



# Essential Oils – Hemani



Hemani  
Garlic Oil  
6 x 30ml - 246214



Hemani  
Sweet Almond Oil  
6 x 30ml - 236182



Hemani  
Onion Oil  
6 x 30ml - 246218



Hemani  
Argan Oil  
6 x 30ml - 237759



Hemani  
Tea Tree Oil  
6 x 30ml - 236033



Hemani  
Eucalyptus Oil  
6 x 30ml - 236028



Hemani  
Camphor Oil  
6 x 30ml - 236029



Hemani  
Cardamom Oil  
6 x 30ml - 236030



Hemani  
Mint Oil  
6 x 30ml - 236179



Hemani  
Rose Oil  
6 x 30ml - 241510



Hemani  
Turmeric Oil  
6 x 30ml - 237760



Hemani  
Fenugreek Oil  
6 x 30ml - 236027



Hemani  
Ginger Oil  
6 x 30ml - 236180



Hemani  
Castor Oil  
6 x 30ml - 236025



Hemani  
Jasmine Oil  
6 x 30ml - 241506



Hemani  
Neem Oil  
6 x 30ml - 237758



Hemani  
Saffron Oil  
6 x 30ml - 236034



Niharti  
Black Seed Oil  
6 x 50ml - 236238 / 6 x 100ml - 236239



Shavuot  
Jamaican Black Castor Oil  
6 x 118ml - 181112



Niharti  
Castor Oil  
6 x 100ml - 242914 / 6 x 250ml - 105042

# Soap – Incense



Blue Power  
Carbolic Soap  
12x125g - 221109 / 72x125g - 221108



Blue Power  
Castile Cocoa Butter  
12 x 110g - 215185



Blue Power  
Castile Olive Oil  
12 x 110g - 215182



Blue Power  
Castile Coconut Cream  
12x110g - 234218



Dudu Osan  
Black Soap  
6 x 150g - 400417 / 48 x 150g - 400416



Triple Crown  
Laundry Blue Soap  
1 x 48's - 237439 / 18 x 48's - 237726



Crusader  
Medicated Soap  
6 x 80g - 228830



Dettol  
Original Soap  
24 x 65g - 239130



Top Op  
Henna Black  
12 x 100g - 151035



Top Op  
Henna Cone  
12 x 40g - 111710



Top Op  
Henna Red  
12 x 100g - 151034



Stamford  
Violet Incense  
6 x 20 sticks - 102378



Stamford  
Aloe Vera Incense  
6 x 20 sticks - 102381



Stamford  
Frankincense & Myrrh Incense  
6 x 20 sticks - 102384



Stamford  
Sandalwood Incense  
6 x 20 sticks - 102380



Stamford  
Cinnamon Incense  
6 x 20 sticks - 102394



Stamford  
Amber Incense  
6 x 20 sticks - 233366



Stamford  
Black Magic Incense  
6 x 20 sticks - 233369



Stamford  
Cannabis Incense  
6 x 20 sticks - 102383



Hem  
7 African Powers Incense  
6 x 20 sticks - 237024



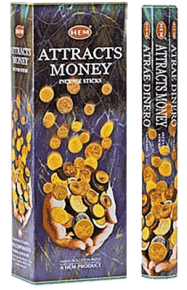
Hem  
Against Jealousy Incense  
6 x 20 sticks - 237025



Hem  
Divine Healing Incense  
6 x 20 sticks - 237021



Hem  
Black Opium Incense  
6 x 20 sticks - 237031



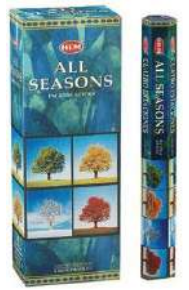
Hem  
Attracts Money Incense  
6 x 20 sticks - 237029



Hem  
7 Chakras Incense  
6 x 20 sticks - 243163



Hem  
African Musk Incense  
6 x 20 sticks - 243167



Hem  
All Seasons Incense  
6 x 20 sticks - 243169



Hem  
Aloe Vera Incense  
6 x 20 sticks - 243171



Hem  
Amber Rose Incense  
6 x 20 sticks - 243173



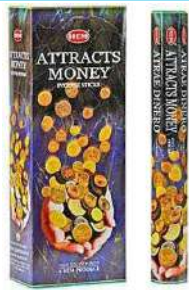
Hem  
Amber Sandal Incense  
6 x 20 sticks - 243175



Hem  
Anti Stress Incense  
6 x 20 sticks - 237027



Hem  
Aphrodisia Incense  
6 x 20 sticks - 243179



Hem  
Attracts Money Incense  
6 x 20 sticks - 237029



Hem  
Black Love Incense  
6 x 20 sticks - 237030



Hem  
Cannabis Incense  
6 x 20 sticks - 237033



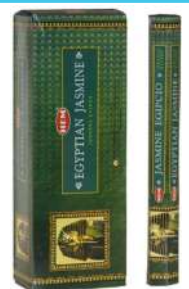
Hem  
Cherry Vanilla Incense  
6 x 20 sticks - 243181



Hem  
Come to Me Incense  
6 x 20 sticks - 243183



Hem  
Divine Power Incense  
6 x 20 sticks - 243185



Hem  
Egyptian Jasmine Incense  
6 x 20 sticks - 243187

# Dutch Pots – Merchandise



Tropical Sun  
Dutch Pot Small  
4 x 20cm - 239281



Tropical Sun  
Dutch Pot Medium  
4 x 24cm - 239282



Tropical Sun  
Dutch Pot Large  
4 x 28cm - 239283



Tropical Sun  
Dutch Pot Extra Large  
4 x 32cm - 239284



Tropical Sun  
Dutch Pot King Size  
4 x 36cm - 239285



Tropical Sun  
Dutch Pot Super King  
2 x 40cm - 239286



Jamaica Sun  
Dutch Pot Medium  
4 x 24cm - 244039



Jamaica Sun  
Dutch Pot Large  
4 x 30cm - 244038



Merchandise



Tropical Sun  
Beanie Hat  
(Please enquire)



Tropical Sun  
Fleece Vest  
(Various sizes – please enquire)



Tropical Sun  
Fleece Jacket  
(Various sizes – please enquire)



Tropical Sun  
Carrier Bag  
100's - 225949 / 10 x 100's - 225948



Tropical Sun  
Bag for Life  
50's - 241663



PERFECT FOR  
SHARING (OR NOT!)



THE IDEAL  
MOVIE SNACK

SALTY  
OR  
SWEET



*Plantain Perfection*



+ two  
more  
flavours!

**TropicalSunFoods.com**